

**Resident, Family, Friend and Responsible Party** **Newsletter – Oct. ‘20**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Coronavirus (COVID-19) Pandemic Update**

Since last month’s newsletter, the province has relaxed restrictions to enable residents to leave the premises … to visit family, to attend an external appointment, or for other personal reasons.

There are two (2) options when it comes to residents leaving the premises. If residents leave, but return on the same day, they are not required to self-isolate in their room for a 14-day quarantine period.

However, for residents who do wish to leave the premises for one (1) or more nights, the 14-day quarantine period noted above applies.

1. **Recreation Calendar / Important Events**

Please be advised that large group entertainment programming in the Rose Room has been temporarily suspended during the pandemic. The Recreation staff continue to work with the residents in smaller group programs in the five (5) resident homes areas, and to conduct 1:1 visits with individual residents as applicable. A formal Recreation Calendar will not been produced for the month of October.

The Recreation staff have been facilitating “virtual visits” between residents and family members via “FaceTime” and the use of Apple iPads. This has received very favourable reviews among residents and families. If you are interested in virtual visits, please contact Marcy Welch (519-245-2520, ext. 6226, or via email at: [mwelch@middlesex.ca](mailto:mwelch@middlesex.ca)). Note that virtual visits will require an iPhone/Apple product on the family/friend end of a virtual visit, or for Android device users, the downloading of the “Google Duo” app.

1. **Labelling of Residents’ Clothing**

[](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjKj_KFirjcAhVF6YMKHeqFB1kQjRx6BAgBEAU&url=https://www.cefacemimi.ro/4-trucuri-ca-sa-ti-prepari-singura-balsamul-de-rufe/&psig=AOvVaw1qGxdQlTo5PeZ10Q9s-lu7&ust=1532533382976933)

This is a reminder that new clothing needs to be labelled with the resident’s name before residents begin to wear it (this also includes items such as shoes and personal blankets/throws). Please use the Clothing Bin at the main entrance to deposit clothing requiring labelling after inventorying the clothing items on the form provided at the bin (instructions are provided at the clothing bin).

Recently, the following items circumvented our clothing bin (if you believe anything belongs to you, please contact John Fournier, Environmental Services Manager, at 519-245-2520, ext. 6244, or via email at: [jfournier@middlesex.ca](mailto:jfournier@middlesex.ca)):

|  | **Clothing Item Description** | **Applicable Resident Home Area** |
| --- | --- | --- |
| 1 | Jacket, (Grey with black, size 6 Petites, Brand = Laura) | Hickory Woods |
| 2 | Shirt (Grey with brown, size XL) | Sydenham Meadows |
| 3 | Shirt (Blue, cotton, V-neck with “jewels” around neck) | Sydenham Meadows |

1. **In Conclusion ….**

[](https://www.google.ca/imgres?imgurl=http://cdn.grid.fotosearch.com/CSP/CSP994/k16311669.jpg&imgrefurl=http://www.fotosearch.com/clip-art/book-end.html&docid=VKKKK_-pYepByM&tbnid=jE0epHvfJrbOgM:&w=180&h=180&ved=0ahUKEwigwsO5_IvLAhWjnYMKHScKCjgQxiAIAg&iact=c&ictx=1)

Please let me know if you would like to see certain issues addressed in future newsletter editions (contact me at 519-245-2520, ext. 6222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

Please share a copy of this newsletter with other family members and friends, or direct them to our [web page](http://www.middlesex.ca/departments/long-term-care): http://www.middlesex.ca/departments/long-term-care

Electronic back copies of our newsletter can be found on our web page. Hard copies are compiled in binders at both our Reception desk and the staff lounge, and are available for your review.

You can find additional copies of this newsletter edition at our Public Information Board near Reception.

**Brent Kerwin,**

Administrator

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