

**Resident, Family, Friend and Responsible Party** **Newsletter – Nov. ‘17**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Evacuation Plan Drill (“Code Green”)**

Recently, we conducted an evacuation drill, in keeping with our provincial long term care homes legislation requiring us to “conduct a planned evacuation at least once every three years” (reference: Ontario Regulation 79/10, s. 230 (7) (c)).

The purpose of the drill was to test our evacuation plan. Specifically, to test our ability to efficiently and effectively evacuate residents from their resident home area to the Rose Room (main floor), which serves as our “Holding Area” (as per our evacuation plan) in a real evacuation situation.

As part of the drill, we also tested our emergency staff call-in list (to determine how quickly staff could report to the Lodge if there was a real evacuation emergency), and we tested the London-Middlesex Emergency Shelter Agreement among area long term care homes (by calling other homes to determine if they could accept resident transfers if we had a real evacuation need).

As part of the Ministry of Health and Long Term Care home inspection process, Ministry Inspectors may ask us to produce evidence that we conduct evacuation drills as required.

In addition to our evacuation plan, the Lodge has a series of emergency response plans (including fire plan, missing resident plan and bomb threat plan).

1. [](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAMQjRxqFQoTCMrB__3ehcgCFZO2gAodK0IAOQ&url=http://www.seton.com/universal-graphic-signs-and-labels-caution-m7459.html&psig=AFQjCNFRAfvITa8WGSYYhsvdB-jXywxqwQ&ust=1442842951544088)

**2. Recreation Calendar**

[](https://www.google.ca/imgres?imgurl=https://img.clipartxtras.com/532630ccd4aaaac6e6d9cda2cc2b22da_200-best-images-about-november-on-pinterest-peanuts-november-clipart_720-720.jpeg&imgrefurl=https://clipartxtras.com/categories/view/06cb238687761a31af1a3f26efaec6f5c7e969a1/peanuts-november-clipart.html&docid=loUL98Vxpgn_CM&tbnid=XPNtyXwkY7QvqM:&vet=1&w=720&h=720&bih=878&biw=1280&ved=0ahUKEwi-wIPIiIfXAhXl34MKHduAAsMQMwjKAihIMEg&iact=c&ictx=1)Please do not forget to pick up and check out our monthly Recreation calendar (available in each Resident Home Area, and also posted on our website) for events that you may find of interest and would like to attend.

Our upcoming Special Events for November (in the Rose Room):

1. Saturday, November 4th at 1:30pm – Joel Horvath entertains
2. Monday, November 6th at 6:30pm – Smile Theatre is in the house
3. Tuesday, November 7th at 2:00pm – The Mocha Shrine Band performs
4. Friday, November 10th at 3:00pm – Annual Remembrance Day Service
5. Wednesday, November 15th at 2:00pm – Apple Pie Social (with Jim Patterson on the piano)
6. Friday, November 17th at 2:00pm – Jentleman Jim entertains
7. Saturday, November 18th at 1:30pm – Music with John Berkmortel
8. Sunday, November 19th at 1:30pm – PURC Girls Choir performs
9. Friday, November 24th at 2:00pm – Happy Hour with Franky Baby

And looking ahead to December, note that our Ladies’ Auxiliary Annual Christmas Bazaar will be held on Saturday, December 2nd from 9:30am to 1:00pm in the Rose Room.

**3. Security Camera System**

[](https://www.google.ca/imgres?imgurl=http://media.istockphoto.com/vectors/security-camera-icon-cartoon-style-vector-id847803464?k%3D6%26m%3D847803464%26s%3D612x612%26w%3D0%26h%3DgbJpy_wlHtk80Mln8a1gh7EiUVzLYkyHG_RFWcJ_-wk%3D&imgrefurl=http://www.istockphoto.com/illustrations/cartoon-of-the-camera-surveillance-signs&docid=rYSArAgYVYhxuM&tbnid=BQGH8rXcK7AdnM:&vet=1&w=612&h=612&bih=878&biw=1280&ved=0ahUKEwjPorrip4fXAhXky4MKHX6gAcw4ZBAzCAUoAzAD&iact=c&ictx=1)

Please be advised that the Lodge will be phasing-in the implementation of a security camera system, starting in our secure resident home area (Bear Creek).

Security cameras will be in common areas only, not in resident rooms or tub rooms. Specifically, security cameras will be in the following areas:

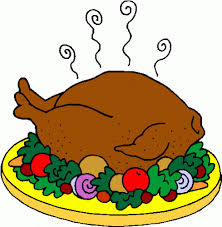
1. Resident home area corridors;
2. Resident dining room / sunroom areas;
3. Rose Room area (main floor);
4. Hair Salon area (second floor); and
5. Entrances/exits – main and rear.

The purpose of the security camera system is to protect the safety of residents, families and staff, and to promote a safe and secure environment.

The security camera system video footage will be used retrospectively to efficiently and effectively address such matters as incidents reportable to the Ministry of Health and Long Term Care (or other authorized body).

Please let me know if you have any questions about the security camera system ([bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca), or 519-245-2520, ext. 222).

**4. Annual Family Christmas Meal – Wednesday, December 6th**

[](https://www.google.ca/imgres?imgurl=http://images.clipartpanda.com/turkey-clipart-niBEKoxiA.gif&imgrefurl=http://www.clipartpanda.com/categories/turkey-dinner-clipart&docid=LfgKlXQF9eanjM&tbnid=S7dnF_BclHBJjM:&vet=10ahUKEwjpieL30LbWAhUJwYMKHfP-AXkQMwguKAAwAA..i&w=489&h=500&bih=836&biw=1219&q=clipart%20of%20turkey&ved=0ahUKEwjpieL30LbWAhUJwYMKHfP-AXkQMwguKAAwAA&iact=mrc&uact=8)

With Thanksgiving over, it is time to start thinking about the Christmas season.

On Wednesday, December 6th, the Lodge will be hosting our Annual Family Christmas Meal. There are two meal times to choose from – 12:30pm or 5:15pm.

The menu consists of: tomato juice; mixed greens salad; roast turkey with stuffing and cranberry sauce; mashed potatoes with gravy; buttered turnip and Prince Edward Island mixed vegetables; fresh dinner rolls with butter; pumpkin pie or fruit; and tea or coffee.

Please see the enclosed flyer with this month’s mailing for additional information about our Family Christmas Meal. Space is limited; please contact Reception by Friday, December 1st in order to reserve your spot.

**5. Resident/Family Room Bookings for Family Gatherings**

[](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjiiJvFiofXAhVm6IMKHQ3bBL0QjRwIBw&url=http://boydownthelane.com/tag/healing/&psig=AOvVaw2KYqifbWdTSxE82fSLf5jg&ust=1508859690306287)

Residents/families are welcome to reserve our Family Dining Room (main floor) or our Conference Room (2nd floor) for family get-togethers, such as birthday celebrations.

To be equitable, room bookings are limited such that a room cannot be reserved over both lunch and supper on the same day.

To reserve a meeting room, or to ask questions about reserving a room, please see/contact Reception.

**6. Family Council**

[](https://www.google.ca/imgres?imgurl=http://www.cadbayuc.org/wp-content/uploads/2013/10/Parent-Leadership-Clip-Art-Image-e1340741593900.jpg&imgrefurl=http://www.cadbayuc.org/family-events/&docid=h3W0i_kbVR6e-M&tbnid=9CrLZBWCM3AYvM:&w=640&h=490&ved=0ahUKEwjD683U-4vLAhXKyIMKHRKtAjIQxiAIAg&iact=c&ictx=1)

This group of involved and caring friends and family members meets on a regular basis to share information and discuss common issues. The next meeting is scheduled for Monday, November 6, 2017, at 6:30pm in the Conference Room upstairs (note the evening start time for this meeting). Crystal Brooks, Director of Resident Care, will be in attendance.

All family and friends of residents of Strathmere Lodge are welcome to attend. No pre-registration is necessary.

Please contact Marcy Welch (ext. 226, or at [mwelch@middlesex.ca](mailto:mwelch@middlesex.ca)) for more information.

Minutes of the most recent meeting are posted on the family information board in the Rose Room (near the Chapel), and previous minutes are available for review at our Reception desk.

**7. Voltaren Rub**

[](https://www.google.ca/imgres?imgurl=https://d3r2zleywq7959.cloudfront.net/media/catalog/product/cache/1/image/9df78eab33525d08d6e5fb8d27136e95/7/2/725331_xlarge.jpg&imgrefurl=https://www.priceline.com.au/voltaren-emulgel-100-g&docid=qS_QkHTXeYJ16M&tbnid=IEVJoG1lYPhleM:&vet=1&w=1000&h=1000&bih=878&biw=1280&ved=0ahUKEwiO3t_IuIfXAhVi6YMKHcnxD_cQxiAIFigB&iact=c&ictx=1)

Further to mention of prescription medications in our September newsletter, please be reminded that Voltaren (a nonsteroidal anti-inflammatory drug) requires a prescription for use in provincial long term care homes, and it cannot be kept in resident rooms (versus in our medication carts) unless it is kept in a locked box.

The above is as per provincial long term care homes legislation, and not a Lodge-specific rule.

Please contact Crystal Brooks, Director of Resident Care (ext. 228), with any related questions about medication.

**8. In Conclusion ….**

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Please let me know if you would like to see certain issues addressed in future newsletter editions (contact me at 519-245-2520, ext. 222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

Please share a copy of this newsletter with other family members and friends, or direct them to our website: <http://www.middlesex.ca/departments/long-term-care>

Electronic back copies of our newsletter can be found on our website. Hard copies are compiled in binders at both our Reception desk and the staff lounge, and are available for your review.

You can find additional copies of this newsletter edition on our Public Information Board in the main lobby (near the Chapel).

**Brent Kerwin,**

Administrator

Distribution: Responsible Parties, Auxiliary, Information Board, Resident Home Areas (5), Website, County Council, Staff, Other Stakeholders