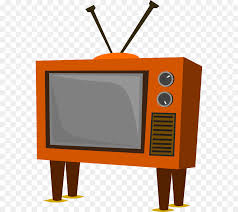


**Resident, Family, Friend and Responsible Party** **Newsletter – Mar. ‘19**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Resident TV Service**

[](https://www.google.ca/imgres?imgurl=https://banner2.kisspng.com/20180314/iyw/kisspng-television-free-content-free-to-air-drawing-clip-a-1950s-tv-cliparts-5aa91b4ded49e4.033499381521032013972.jpg&imgrefurl=https://www.kisspng.com/png-television-free-content-free-to-air-drawing-clip-a-545595/&docid=K8VHrTJWklbNaM&tbnid=CkRc865r1H4toM:&vet=1&w=900&h=800&bih=934&biw=1920&ved=2ahUKEwjJjv7FhtDgAhWFY98KHb9CAe8QxiAoAnoECAEQFg&iact=c&ictx=1)

In February, our resident TV service technology was upgraded by our TV service provider, Stubbs Communications. This enabled the addition of an all-news channel (CTV News) to the channel line-up

With the upgrade and addition of one channel, the monthly TV service price will increase nominally from $39.47 to $39.99 (plus HST).

Please contact Augustine Caines, Office Manager (519-245-2520, ext. 6246, or [acaines@middlesex.ca](mailto:acaines@middlesex.ca)), to subscribe to the TV service, or with any questions about the TV service package.

1. **Recreation Calendar / Important Events**

[](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjs_oL8htDgAhVRdt8KHfMnAXoQjRx6BAgBEAU&url=https://fabrika-antey.ru/explore/march%20clip%20art/&psig=AOvVaw3g1L4W8_fK1_ZOrMyrY_sW&ust=1550949419886411)Please pick up and check out our monthly Recreation calendar (given to every individual resident, in addition to being available in each Resident Home Area, and on our [web page](https://www.middlesex.ca/departments/long-term-care/recreation) at: https://www.middlesex.ca/departments/long-term-care/recreation) for events that you may find of interest and would like to attend.

Our upcoming events for March (in the Rose Room, unless otherwise indicated):

1. Wednesday, Mar. 6th, 2:00pm – Uptown Dixieland Jazz Band entertains
2. Friday, Mar. 8th, 2:00pm – Music with The Finlays
3. Monday, Mar. 11th, 2:00pm – Bernie Gilmore entertains
4. Tuesday, Mar. 12th, 6:45pm – Annual Fireman’s Bingo
5. Friday, Mar. 15th, 2:00pm – St. Patrick’s Day Party with The Goldies
6. Wednesday, Mar. 20th, 2:00pm – Music with Randy Grey
7. Saturday, Mar. 23rd, 1:30pm – Leaving Tracks entertains
8. Monday, March 25th, 2:00pm - Music with Dan Skeltcher
9. Friday, March 29th, 2:00pm - Happy Hour with Gary McGill
10. Saturday, March 30th, 1:45pm - Dance Factor Dance Recital
11. **Telephone Calls During Resident Meal Times**

[](https://www.google.ca/imgres?imgurl=http://davidyorkhomehealthcare.com/wp-content/uploads/2017/04/MyPlate-for-Older-Adults.jpg&imgrefurl=http://davidyorkhomehealthcare.com/how-myplate-for-older-adults-is-helping-improve-senior-care/&docid=7-9Dsl_pb3idzM&tbnid=CIy52HtHx-YM9M:&vet=1&w=1145&h=916&bih=934&biw=1920&ved=2ahUKEwio77D_ptDgAhXI3YMKHaLVCboQxiAoBnoECAEQGg&iact=c&ictx=1)

Meal time (breakfast, lunch and supper) is the “highlight of the day” for many residents. As such, our comprehensive provincial long term care homes legislation requires us to provide meal service in an efficient and effective manner.

In order for us to focus on residents’ needs during meal times, including administering medications ordered with meals, we are encouraging family and friends to place their non-urgent phone calls to the resident home areas outside of the following core meal times:

1. 8:15am to 9:00am;
2. Noon to 12:45pm; and
3. 5:00pm to 5:45pm.

Please contact me if you have any questions or concerns on this matter (Brent Kerwin, 519-245-2520, ext. 6222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

1. **Residents Who Smoke**

[](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=&url=https://www.istockphoto.com/illustrations/cigarette-pack&psig=AOvVaw0TblGUMM6O2II1wJtugbvu&ust=1548184229253335)The Lodge has a handful of residents who smoke, which we care plan for in accordance with our Long Term Care Homes legislation.

So as to adhere to smoking care plans arrived at with individual residents and their family members, we are asking that you do not provide residents with smoking materials (lighter, cigarettes), or facilitate additional cigarette access, where a resident that you are not affiliated with may approach you for such.

For the health and safety of all residents, we want to ensure that we are able to accurately monitor cigarette consumption, and that we know who is in possession of what quantity of smoking materials.

1. **Next Family Council Meeting**

[](https://www.google.ca/imgres?imgurl=http://www.cadbayuc.org/wp-content/uploads/2013/10/Parent-Leadership-Clip-Art-Image-e1340741593900.jpg&imgrefurl=http://www.cadbayuc.org/family-events/&docid=h3W0i_kbVR6e-M&tbnid=9CrLZBWCM3AYvM:&w=640&h=490&ved=0ahUKEwjD683U-4vLAhXKyIMKHRKtAjIQxiAIAg&iact=c&ictx=1)

This group of involved and caring friends and family members meets on a regular basis to share information and discuss common issues. The next meeting is scheduled for Monday, March 4, 2019, at 6:30pm in the (second floor) Conference Room (note evening start time). Crystal Brooks, Director of Resident Care, will speak on the topic of Palliative Care.

All family and friends of residents of Strathmere Lodge are welcome to attend. No pre-registration is necessary.

For more information, please contact Marcy Welch (519-245-2520, ext. 6226, or [mwelch@middlesex.ca](mailto:mwelch@middlesex.ca)).

Minutes of the most recent Family Council meeting are posted on the family information board in the Rose Room (near the Chapel), and previous minutes are available for review at our Reception desk.

1. **Labelling of Residents’ Personal Items**

[](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjKj_KFirjcAhVF6YMKHeqFB1kQjRx6BAgBEAU&url=https://www.cefacemimi.ro/4-trucuri-ca-sa-ti-prepari-singura-balsamul-de-rufe/&psig=AOvVaw1qGxdQlTo5PeZ10Q9s-lu7&ust=1532533382976933)

This is a reminder that new clothing needs to be labelled with the resident’s name before residents begin to wear it.

One of the ways clothing will go missing is if a resident wears new clothing before it gets labelled. In this case, if new clothing gets into our laundry system without a resident name on it, it becomes difficult, if not impossible, to trace it back to its rightful owner.

It is also a good idea to label other personal effects brought in to The Lodge (e.g., photographs, books/magazines, watering cans), as there are occasions where personal effects find their way outside of a resident’s room, whereupon it becomes difficult to trace such items back to their rightful owner without an associated name.

1. **In Conclusion ….**

[](https://www.google.ca/imgres?imgurl=http://cdn.grid.fotosearch.com/CSP/CSP994/k16311669.jpg&imgrefurl=http://www.fotosearch.com/clip-art/book-end.html&docid=VKKKK_-pYepByM&tbnid=jE0epHvfJrbOgM:&w=180&h=180&ved=0ahUKEwigwsO5_IvLAhWjnYMKHScKCjgQxiAIAg&iact=c&ictx=1)

Please let me know if you would like to see certain issues addressed in future newsletter editions (contact me at 519-245-2520, ext. 6222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

Please share a copy of this newsletter with other family members and friends, or direct them to our [web page](http://www.middlesex.ca/departments/long-term-care): http://www.middlesex.ca/departments/long-term-care

Electronic back copies of our newsletter can be found on our web page. Hard copies are compiled in binders at both our Reception desk and the staff lounge, and are available for your review.

You can find additional copies of this newsletter edition on our Public Information Board in the main lobby (near the Chapel).

**Brent Kerwin,**

Administrator

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