

**Resident, Family, Friend and Responsible Party** **Newsletter – June ‘18**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Upcoming Improvements**

[](https://www.google.ca/imgres?imgurl=http://dalvanindustries.com/images/of.png&imgrefurl=http://dalvanindustries.com/&docid=hCH-r9UmnGsywM&tbnid=l0rxINmJSeX3BM:&vet=1&w=3512&h=2400&bih=934&biw=1920&ved=0ahUKEwiu7IT-tpzbAhWsxYMKHXS_CboQMwiPAigoMCg&iact=c&ictx=1)

Annually, “capital” monies are set aside, on approval of Middlesex County Council, in order to make major building improvements and replace major equipment items.

We receive no specific provincial funding targeted to accomplish the above.

Our approved capital improvements for 2018 include:

1. Resident home area flooring replacement (Year 1 of a multi-year plan);
2. Conversion to “LED” (energy-saving) lighting (Year 3 of a multi-year plan);
3. “Hi-lo” (height adjustable, electric) beds (for Falls Prevention); and
4. Security camera system, including common areas of our resident home areas (Year 2 of a 2-year plan).
5. **Grant Monies from The Royal Canadian Legion**

[](https://www.google.ca/url?sa=i&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjW1bn9v5zbAhWJn4MKHflkD-YQjRx6BAgBEAU&url=https://www.theifp.ca/community-story/5367724-acton-legion-to-host-fall-fair-breakfast/&psig=AOvVaw1qMZuTaCiOWr76EFubv1sX&ust=1527187785590279)

In addition to the above, The Lodge is fortunate to receive donation monies from time to time, which go to resident care-related initiatives.

Recently, local representatives of the Royal Canadian Legion, Ontario Provincial Command Branches and Ladies’ Auxiliaries Charitable Foundation were on site to present The Lodge with a cheque for $7,400.

These generous grant monies will be used to purchase additional hi-lo beds, including pressure relief mattresses (aimed at optimizing resident skin health).

**3. Recreation Calendar - June**

[](https://www.google.ca/url?sa=i&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwiL2ab9wJzbAhWT0YMKHStQCSMQjRx6BAgBEAU&url=http://cliparting.com/free-june-clipart-34610/&psig=AOvVaw2RWXFdjOHk6OkcuDVGB-7x&ust=1527188053760532)Please do not forget to pick up and check out our monthly Recreation calendar (available in each Resident Home Area, and also posted on our Middlesex County web page) for events that you may find of interest and would like to attend.

Our upcoming Special Events for June (in the Rose Room, unless otherwise identified):

1. Wednesday, June 6th at 2:00pm – Rhubarb Pie Social (entertainment by Jim Patterson)
2. Friday, June 15th at 2:00pm – Fathers & Others Social (Tony Nother entertains)
3. Saturday, June 16th at 1:30pm – Joel Horvath entertains
4. Tuesday, June 19th at 2:00pm – “Smile Theatre” performs
5. Friday, June 22nd at 2:00pm – Wedding Memories Display (all residents/families and staff are asked to share their wedding day memorabilia – photos, dresses, invitations, centerpieces, decorations)
6. Saturday, June 23rd at 2:00pm – Annual Garden Party (outdoors, weather permitting) with strawberry shortcake served by The Ladies Auxiliary (bring your lawn chair and be entertained by The Goldies)
7. Tuesday, June 26th at 6:45pm – Strawberry Social with The Appin Busy Bees
8. Friday, June 29th at 2:00pm – Canada Day Happy Hour with Frankly Baby

For more information, please contact Marcy Welch (519-245-2520, ext. 6226, or [mwelch@middlesex.ca](mailto:mwelch@middlesex.ca))

**4. Specialized Foot Care**

[](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjo0sWk5MLTAhXq6YMKHTA2BLIQjRwIBw&url=http://www.clipartkid.com/feet-cliparts/&psig=AFQjCNG1JMHEVQOYhhQjZefdu14g6R-7SA&ust=1493318829221203)At Strathmere Lodge, approximately 25% of residents require “specialized foot care service” delivered by health care practitioners with specialized foot care training. Typically, a significant number of long term care home residents require specialized foot care.

Specialized foot care is applicable to those who need on-going assessment of their feet related to circulation, swelling and the potential for ulcer development, and those who require treatment for such things as ingrown toenails and fungal and thick nails.

We discuss the need for specialized foot care with applicable residents/families.

Specialized foot care is not a provincially insured service. It is provided at The Lodge by a contracted (external) registered practical nurse (RPN) with specialized training.

Please note that the cost of specialized foot care will increase to $29 per visit effective June 2018.

Specialized foot care is typically required every six (6) to eight (8) weeks.

For more information on foot care, please contact Crystal Brooks (519-245-2520, ext. 6228, or [cbrooks@middlesex.ca](mailto:cbrooks@middlesex.ca))

**5. Family Council**

[](https://www.google.ca/imgres?imgurl=http://www.cadbayuc.org/wp-content/uploads/2013/10/Parent-Leadership-Clip-Art-Image-e1340741593900.jpg&imgrefurl=http://www.cadbayuc.org/family-events/&docid=h3W0i_kbVR6e-M&tbnid=9CrLZBWCM3AYvM:&w=640&h=490&ved=0ahUKEwjD683U-4vLAhXKyIMKHRKtAjIQxiAIAg&iact=c&ictx=1)This group of involved and caring friends and family members meets on a regular basis to share information and discuss common issues. The next meeting is scheduled for Monday, June 11, 2018, at 1:30pm in the (second floor) Conference Room.

All family and friends of residents of Strathmere Lodge are welcome to attend. No pre-registration is necessary.

For more information, please contact Marcy Welch (519-245-2520, ext. 6226, or [mwelch@middlesex.ca](mailto:mwelch@middlesex.ca))

Minutes of the most recent meeting are posted on the family information board in the Rose Room (near the Chapel), and previous minutes are available for review at our Reception desk.

**6. New Clothing - Reminder**

[](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjkipGS6-7YAhXIz4MKHVKRBa4QjRwIBw&url=https://www.stockunlimited.com/similar/1251992.html&psig=AOvVaw30yJKzjgYezaQRpVp_73qg&ust=1516822729497740)

This is a reminder that new clothing needs to be labelled with the resident’s name before residents begin to wear it.

One of the ways clothing will go missing is if a resident wears new clothing before it gets labelled. In this case, if new clothing gets into our laundry system without a resident name on it, it becomes difficult, if not impossible, to trace it back to its rightful owner.

**7. In Conclusion ….**

[](https://www.google.ca/imgres?imgurl=http://cdn.grid.fotosearch.com/CSP/CSP994/k16311669.jpg&imgrefurl=http://www.fotosearch.com/clip-art/book-end.html&docid=VKKKK_-pYepByM&tbnid=jE0epHvfJrbOgM:&w=180&h=180&ved=0ahUKEwigwsO5_IvLAhWjnYMKHScKCjgQxiAIAg&iact=c&ictx=1)

Please let me know if you would like to see certain issues addressed in future newsletter editions (contact me at 519-245-2520, ext. 6222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

Please share a copy of this newsletter with other family members and friends, or direct them to our web page: <http://www.middlesex.ca/departments/long-term-care>

Electronic back copies of our newsletter can be found on our Middlesex County web page. Hard copies are compiled in binders at both our Reception desk and the staff lounge, and are available for your review.

You can find additional copies of this newsletter edition on our Public Information Board in the main lobby (near the Chapel).

**Brent Kerwin,**

Administrator

Distribution: Responsible Parties, Auxiliary, Information Board, Resident Home Areas (5), Middlesex County Website, Middlesex County Council, Staff, Other Stakeholders