

**Resident, Family, Friend and Responsible Party** **Newsletter – July ‘20**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Coronavirus (COVID-19) Pandemic Update**



While visitor entry to long term care homes is still restricted by the province, the province did relax visiting rules somewhat in June by introducing the concept of “Supervised Outdoor Visits”.

Visits between family members and residents can occur outdoors on Lodge property under the following strict health and safety protocols (designed by the province to protect long term care home residents):

1. Visits must be scheduled by contacting The Lodge at 519-245-2520, ext. 6266 or 6248 (drop in visits will not be permitted);
2. Visitors must produce lab test result documentation at every visit that confirms they have tested negative for COVID-19 within the previous two (2) weeks of a visit (i.e., for repeat visitors, this means being tested for COVID-19 every 2 weeks);
3. Visitors will be required to pass active health screening on every visit, including having their temperature checked upon arrival and departure;
4. Only one (1) visitor can visit a resident at each visit, and visits are limited to one 30-minute visit per resident, per week;
5. Visitors must bring a face cover/mask, and wear it at all times (covering both mouth and nose);
6. Visitors and residents must remain 6 feet (2 metres) apart at all times during a visit;
7. Visits must be conducted in the designated outdoor area near the entrance; and
8. Anything brought to a visit must first be given to the Health Screener upon arrival.

As options to “Supervised Outdoor Visits”, “Window Visits” are still permissible, as are “Virtual Visits” (see #2 below).

1. **Recreation Calendar / Important Events**



Please be advised that large group entertainment programming in the Rose Room has been temporarily suspended during the pandemic. The Recreation staff continue to work with the residents in smaller group programs in the five (5) resident homes areas, and to conduct 1:1 visits with individual residents as applicable. A formal Recreation Calendar will not been produced for the month of July.

Residents are now enjoying some outdoor courtyard time.

The Recreation staff have been facilitating many “virtual visits” between residents and family members via “FaceTime” and the use of Apple iPads. This has received very favourable reviews among residents and families. If you are interested in virtual visits, please contact Marcy Welch (519-245-2520, ext. 6226, or via email at: [mwelch@middlesex.ca](mailto:mwelch@middlesex.ca)). Note that virtual visits will require an iPhone/Apple product on the family/friend end of a virtual visit, or for Android device users, the downloading of the “Google Duo” app.

1. **Telephone Calls During Resident Meal Times (Reminder)**

[](https://www.google.ca/imgres?imgurl=http://davidyorkhomehealthcare.com/wp-content/uploads/2017/04/MyPlate-for-Older-Adults.jpg&imgrefurl=http://davidyorkhomehealthcare.com/how-myplate-for-older-adults-is-helping-improve-senior-care/&docid=7-9Dsl_pb3idzM&tbnid=CIy52HtHx-YM9M:&vet=1&w=1145&h=916&bih=934&biw=1920&ved=2ahUKEwio77D_ptDgAhXI3YMKHaLVCboQxiAoBnoECAEQGg&iact=c&ictx=1)

Meal time (breakfast, lunch and supper) is the “highlight of the day” for many residents. As such, our comprehensive provincial long term care homes legislation requires us to provide meal service in an efficient and effective manner.

In order for us to focus on residents’ needs during meal times, including administering medications ordered with meals, we encourage family and friends to place their non-urgent phone calls to the resident home areas outside of the following core meal times:

1. 8:15am to 9:00am;
2. Noon to 12:45pm; and
3. 5:00pm to 5:45pm.

Please contact me if you have any questions or concerns on this matter (Brent Kerwin, 519-245-2520, ext. 6222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

1. **Labelling of Residents’ Clothing**

[](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjKj_KFirjcAhVF6YMKHeqFB1kQjRx6BAgBEAU&url=https://www.cefacemimi.ro/4-trucuri-ca-sa-ti-prepari-singura-balsamul-de-rufe/&psig=AOvVaw1qGxdQlTo5PeZ10Q9s-lu7&ust=1532533382976933)

This is a reminder that new clothing needs to be labelled with the resident’s name before residents begin to wear it (this also includes items such as shoes and personal blankets/throws). Please use the Clothing Bin at the main entrance to deposit clothing requiring labelling (instructions are provided at the Clothing Bin).

Recently, the following items circumvented our clothing bin (if you believe anything belongs to you, please contact John Fournier, Environmental Services Manager, at 519-245-2520, ext. 6244, or via email at: [jfournier@middlesex.ca](mailto:jfournier@middlesex.ca)):

|  | **Clothing Item Description** | **Applicable Resident Home Area** |
| --- | --- | --- |
| 1 | Cardigan (black and cream coloured, wool, Brand = Ardene) | Syndenham Meadows |
| 2 | Capri Pants (black, size 2X, Brand = Joe Fresh) | Syndenham Meadows |
| 3 | Woman’s Pants (beige, Brand = Alia) | Syndenham Meadows |
| 4 | Woman’s Pants (black, size M) | Syndenham Meadows |
| 5 | Throw Blanket (multi-coloured Christmas theme with cats and dogs) | Syndenham Meadows |
| 6 | Socks (sparkly coloured with cream coloured band) | Bear Creek |
| 7 | Hat (beige with green under rim, Brand = Tilley) | Bear Creek |
| 8 | Capri Pants (black and white polka dots, polyester, size = universal fit, Brand = In Every Story…) | Arbour Glen |
| 9 | Top (pink with white stitching on right side, size Small, Brand = PGA Tour) | Arbour Glen |
| 10 | Sweater (fuchsia) | Arbour Glen |
| 11 | Sweater with zipper (grey, size Medium, Brand = Old Navy) | Arbour Glen |
| 12 | Two (2) pairs of slippers (black, 1 size is Medium, 1 size is Large) | Parkview Place |
| 13 | Blouse (animal print - black, white, grey and beige, Brand = Alia) | Parkview Place |
| 14 | Socks (white, wool, long) | Parkview Place |
| 15 | Cardigan (grey, acrylic, size Large, Brand = Arnold Palmer) | Unidentifiable |

1. **In Conclusion ….**

[](https://www.google.ca/imgres?imgurl=http://cdn.grid.fotosearch.com/CSP/CSP994/k16311669.jpg&imgrefurl=http://www.fotosearch.com/clip-art/book-end.html&docid=VKKKK_-pYepByM&tbnid=jE0epHvfJrbOgM:&w=180&h=180&ved=0ahUKEwigwsO5_IvLAhWjnYMKHScKCjgQxiAIAg&iact=c&ictx=1)

Please let me know if you would like to see certain issues addressed in future newsletter editions (contact me at 519-245-2520, ext. 6222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

Please share a copy of this newsletter with other family members and friends, or direct them to our [web page](http://www.middlesex.ca/departments/long-term-care): http://www.middlesex.ca/departments/long-term-care

Electronic back copies of our newsletter can be found on our web page. Hard copies are compiled in binders at both our Reception desk and the staff lounge, and are available for your review.

You can find additional copies of this newsletter edition at our Public Information Board near Reception.

**Brent Kerwin,**

Administrator

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