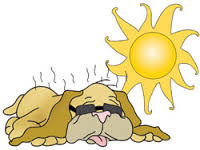


**Resident, Family, Friend and Responsible Party** **Newsletter – July ‘16**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Building Temperatures - Reminder**

[](https://www.google.ca/imgres?imgurl=http%3A%2F%2Fclipartix.com%2Fwp-content%2Fuploads%2F2016%2F04%2FAugust-clipart-images-clipartcow.jpg&imgrefurl=http%3A%2F%2Fclipartix.com%2Faugust-clip-art-image-10710%2F&docid=4IL4Tq9ScrnEJM&tbnid=HDgkmsAw5z8erM%3A&w=250&h=188&bih=855&biw=1280&ved=0ahUKEwj96MTynZTOAhUn4oMKHaKUAwsQxiAIAg&iact=c&ictx=1)

As we experience very warm summer temperatures, a reminder regarding building temperatures …

As individuals (i.e., residents, visitors and staff) each have a different tolerance level for heat and cold, it becomes very difficult, if not impossible, to satisfy everyone’s individual preference for building temperatures throughout the Home, despite Strathmere Lodge having a modern HVAC (heating, ventilation and air conditioning) system. This is especially true as one moves from one internal building location to other internal building locations (e.g., from a resident room, to the dining room, to the Rose Room).

Comfort levels with building temperatures can also be impacted by one’s level of physical activity (e.g., walking versus sitting), or by how many people occupy an area/room.

Our air conditioning system works on a “negative air pressure” basis, meaning that resident rooms are cooled by the air conditioning in the corridors that is drawn into individual resident rooms. As such, individual resident room temperature during the summer cooling system can be moderated by opening/closing resident room doors.

It may be necessary to dress in layers (e.g., wear a sweater), and to add/remove layers as building temperature comfort levels change, especially when changing physical locations within the building.

For more information about our HVAC system, please contact John Fournier, Environmental Services Manager (519-245-2520, ext. 244, or via email at [jfournier@middlesex.ca](mailto:jfournier@middlesex.ca)).

1. **Photographs on Bear Creek Resident Home Area**

[](https://www.google.ca/imgres?imgurl=http%3A%2F%2Fpng.clipart.me%2Fpreviews%2F18f%2Fphotographer-vector-character-20818.png&imgrefurl=http%3A%2F%2Fclipart.me%2Ffree-vector%2Fphotographer&docid=chbmrNA-qBntnM&tbnid=sMtv-XC-fT3TsM%3A&w=455&h=393&bih=855&biw=1280&ved=0ahUKEwiD1fjqoJTOAhVRpIMKHY4cAS8QxiAIAg&iact=c&ictx=1)To our family members of our Bear Creek resident home area …

Photographs that you may have brought in to adorn your loved one’s room can sometimes go astray due to the nature of the Bear Creek resident home area.

We have a collection of unlabelled photographs that we cannot trace back to the applicable individual resident. If you are missing any photographs, you can inquire with the Bear Creek Charge Nurse (the untraceable photographs are being maintained in the Bear Creek Therapy Room).

1. [](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAMQjRxqFQoTCMrB__3ehcgCFZO2gAodK0IAOQ&url=http://www.seton.com/universal-graphic-signs-and-labels-caution-m7459.html&psig=AFQjCNFRAfvITa8WGSYYhsvdB-jXywxqwQ&ust=1442842951544088)

**3. Recreation Calendar**

[](https://www.google.ca/imgres?imgurl=http%3A%2F%2Fclipartsign.com%2Fupload%2F2016%2F01%2F11%2Fbumble-bee-busy-bee-clipart-clipart.jpeg&imgrefurl=http%3A%2F%2Fwww.cusd305.org%2FLovingtonGradeSchool%2Fstaff_websites%2Fmrs__rosenbaum%2Fsquilt_listening__new_%2F&docid=AuArfLsizIxfMM&tbnid=Gfx5b7XcmFhMFM%3A&w=324&h=324&bih=855&biw=1280&ved=0ahUKEwjv-9LHnpTOAhVIwYMKHZDfDmkQxiAIAygB&iact=c&ictx=1)Please pick up and check out our monthly Recreation calendar (available in each Resident Home Area, and also posted on our website) for events that you may find of interest and would like to attend.

Our upcoming Special Events for August:

1. Tuesday, August 2nd at 2:00pm (in the Rose Room) – Joel Horvath entertains
2. Friday, August 5th at 2:00pm (in the Rose Room) – Monthly Birthday Party
3. Thursday, August 11th at 12:00pm – Resident BBQ (for 2nd floor residents)
4. Friday, August 12th at 2:00pm (in the Rose Room) – Randy Grey entertains
5. Wednesday, August 17th at 2:00pm (in the Rose Room) – “2nd Childhood” entertains (Wally and Elaine)
6. Thursday, August 18th at 12:00pm - BBQ for Bear Creek residents
7. Wednesday, August 24th at 2:00pm (in the Rose Room) – Sample Taste Testing for Residents (by Maple Leaf Foods)
8. Thursday, August 25th at 12:00pm - BBQ for residents on Sydenham Meadows and Hickory Woods
9. Friday, August 26th at 2:00pm (in the Rose Room) – Happy Hour with Franky Baby

**4. Annual Room Rate Reduction Process – Reminder**

[](https://www.google.ca/imgres?imgurl=http://tse1.mm.bing.net/th?id%3DOIP.M5ce617ca4e5b033547c50e521b4ae53cH0&imgrefurl=http://www.clipartkid.com/clip-art-reminder-notice-cliparts/&docid=mpv9DZKTMUHFRM&tbnid=BO_Z2LJ-9-yZpM:&w=480&h=338&bih=855&biw=1280&ved=0ahUKEwiUytuO_b7NAhWFQSYKHbA0DwUQxiAIAg&iact=c&ictx=1)To those of you in a basic room accommodation who have received your annual rate reduction notice, this is a reminder to submit a copy of the required “Notice of Assessment (NOA)” if you have not already done so.

Room rates for long term care homes are established by the Ministry of Health and Long Term Care (MoHLTC), and are typically adjusted by the MoHLTC annually effective July 1st. Without the required NOA, full room rates will apply retroactive to July 1st.

**5. In Conclusion ….**

[](https://www.google.ca/imgres?imgurl=http://cdn.grid.fotosearch.com/CSP/CSP994/k16311669.jpg&imgrefurl=http://www.fotosearch.com/clip-art/book-end.html&docid=VKKKK_-pYepByM&tbnid=jE0epHvfJrbOgM:&w=180&h=180&ved=0ahUKEwigwsO5_IvLAhWjnYMKHScKCjgQxiAIAg&iact=c&ictx=1)

Please let me know if you would like to see certain issues addressed in future newsletter editions (contact me at 519-245-2520, ext. 222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

Please share a copy of this newsletter with other family members and friends, or direct them to our website: <http://www.middlesex.ca/departments/long-term-care>

Electronic back copies of our newsletter can be found on our website. Hard copies are compiled in binders at both our Reception desk and the staff lounge, and are available for your review.

You can find additional copies of this newsletter edition on our Public Information Board in the main lobby (near the Chapel).

**Brent Kerwin,**

Administrator

Distribution: Responsible Parties, Auxiliary, Information Board, Resident Home Areas (5), Website, County Council, Staff, Other Stakeholderst