

**Resident, Family, Friend and Responsible Party** **Newsletter – Jan. ‘20**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Specialized Foot Care**

[](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjo0sWk5MLTAhXq6YMKHTA2BLIQjRwIBw&url=http://www.clipartkid.com/feet-cliparts/&psig=AFQjCNG1JMHEVQOYhhQjZefdu14g6R-7SA&ust=1493318829221203)

Please be advised that the cost of specialized foot care services is going from $29 per visit to $30 per visit, effective January 1, 2020.

At Strathmere Lodge, approximately 25% of residents require “specialized foot care service” delivered by health care practitioners with specialized foot care training. Typically, a significant number of long term care home residents require specialized foot care.

Specialized foot care is applicable to those who need on-going assessment of their feet related to circulation, swelling and the potential for ulcer development, and those who require treatment for such things as ingrown toenails and fungal and thick nails.

We discuss the need for specialized foot care with applicable residents/families.

Specialized foot care is not a provincially insured service. It is provided at The Lodge by a contracted (external) Registered Practical Nurse (RPN) with specialized training.

Specialized foot care is typically required every six (6) to eight (8) weeks.

For more information on foot care, please contact Crystal Brooks, Director of Resident Care (519-245-2520, ext. 6228, or [cbrooks@middlesex.ca](mailto:cbrooks@middlesex.ca))

1. **Recreation Calendar / Important Events**



Please pick up and check out our monthly Recreation calendar (given to every individual resident, in addition to being available in each Resident Home Area, and on our [web page](https://www.middlesex.ca/departments/long-term-care/recreation) at: https://www.middlesex.ca/departments/long-term-care/recreation) for events that you may find of interest and would like to attend.

Our upcoming events for January (in the Rose Room, unless otherwise indicated):

1. Saturday, Jan. 11th, 1:30pm - Leaving Tracks entertains
2. Monday, Jan. 13th, 2:00pm - All Saints Ice Cream Social
3. Saturday, Jan. 18th, 1:30pm – Franky Baby performs
4. Tuesday, Jan. 21st, 6:30pm – Music with John, Gerry & Company
5. Monday, Jan. 27th, 2:00pm – Alicia Veens entertains
6. Wednesday, Jan. 29th, 2:00pm – Robbie Burns Day with The Finlays
7. Friday, Jan. 31st, 2:00pm – Happy Hour with Gary McGill
8. **Next Family Council Meeting**

[](https://www.google.ca/imgres?imgurl=http://www.cadbayuc.org/wp-content/uploads/2013/10/Parent-Leadership-Clip-Art-Image-e1340741593900.jpg&imgrefurl=http://www.cadbayuc.org/family-events/&docid=h3W0i_kbVR6e-M&tbnid=9CrLZBWCM3AYvM:&w=640&h=490&ved=0ahUKEwjD683U-4vLAhXKyIMKHRKtAjIQxiAIAg&iact=c&ictx=1)

This group of involved and caring friends and family members meets on a regular basis to share information and discuss common issues. The next meeting is scheduled for Monday, January 13, 2020, at 1:30pm in the (second floor) Conference Room.

All family and friends of residents of Strathmere Lodge are welcome to attend. No pre-registration is necessary.

For more information, please contact Marcy Welch (519-245-2520, ext. 6226, or [mwelch@middlesex.ca](mailto:mwelch@middlesex.ca)).

Minutes of the most recent meeting are posted on the family information board in the Rose Room (near the Chapel), and previous minutes are available for review at our Reception desk.

1. **Labelling of Residents’ Clothing / Christmas Gifts**

[](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjKj_KFirjcAhVF6YMKHeqFB1kQjRx6BAgBEAU&url=https://www.cefacemimi.ro/4-trucuri-ca-sa-ti-prepari-singura-balsamul-de-rufe/&psig=AOvVaw1qGxdQlTo5PeZ10Q9s-lu7&ust=1532533382976933)

This is a reminder that new clothing needs to be labelled with the resident’s name before residents begin to wear it. Please use the Clothing Bin at the main entrance to deposit clothing requiring labelling (instructions are provided at the Clothing Bin).

Recently, the following clothing items circumvented our clothing bin (if you believe anything belongs to you, please contact John Fournier, Environmental Services Manager, at 519-245-2520, ext. 6244, or via email at [jfournier@middlesex.ca](mailto:jfournier@middlesex.ca)):

|  | **Clothing Item Description** | **Applicable Resident Home Area** |
| --- | --- | --- |
| 1 | Blouse (buttons, peach/pink colour, size 20W) | Sydenham Meadows |
| 2 | T-shirt (brown, with graphic of Banff, Alberta gondola, size Medium) | Parkview Place |
| 3 | Vest (gray, Brand = Allison Daley) | Hickory Woods |

1. **In Conclusion ….**

[](https://www.google.ca/imgres?imgurl=http://cdn.grid.fotosearch.com/CSP/CSP994/k16311669.jpg&imgrefurl=http://www.fotosearch.com/clip-art/book-end.html&docid=VKKKK_-pYepByM&tbnid=jE0epHvfJrbOgM:&w=180&h=180&ved=0ahUKEwigwsO5_IvLAhWjnYMKHScKCjgQxiAIAg&iact=c&ictx=1)

Please let me know if you would like to see certain issues addressed in future newsletter editions (contact me at 519-245-2520, ext. 6222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

Please share a copy of this newsletter with other family members and friends, or direct them to our [web page](http://www.middlesex.ca/departments/long-term-care): http://www.middlesex.ca/departments/long-term-care

Electronic back copies of our newsletter can be found on our web page. Hard copies are compiled in binders at both our Reception desk and the staff lounge, and are available for your review.

You can find additional copies of this newsletter edition on our Public Information Board in the main lobby (near the Chapel).

**Brent Kerwin,**

Administrator

Distribution: Responsible Parties, Auxiliary, Information Board, Resident Home Areas (5), Website, County Council, Staff, Other Stakeholderst