

**Resident, Family, Friend and Responsible Party** **Newsletter – Feb. ‘20**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Strathmere Lodge Ladies’ Auxiliary**

The Lodge is blessed to have a long-serving and dedicated Ladies’ Auxiliary that works tirelessly to bring additional comforts to the residents through volunteer work and fundraising efforts.

In 2019, Auxiliary members logged almost 7,000 hours of volunteer work, sponsoring and assisting with various resident activities (including teas, socials and dinners), holding bazaars/yard sales, and operating the Tuck Shop and Ice Cream Parlour on the main floor.

Through its fundraising efforts and Memorial Donation Board, the Auxiliary has donated tens of thousands of dollars to resident-focused initiatives, helping to supplement resident equipment and resident entertainment programming, and making The Lodge “more like home” for the 160 residents who live at The Lodge.

1. **Recreation Calendar / Important Events**



Please pick up and check out our monthly Recreation calendar (given to every individual resident, in addition to being available in each Resident Home Area, and on our [web page](https://www.middlesex.ca/departments/long-term-care/recreation) at: https://www.middlesex.ca/departments/long-term-care/recreation) for events that you may find of interest and would like to attend.

Our upcoming events for February (in the Rose Room, unless otherwise indicated):

1. Saturday, Feb. 1st, 1:30pm – Joel Horvath entertains
2. Monday, Feb. 3rd, 2:00pm – Music with Bob McLean
3. Wednesday, Feb. 5th, 2:00pm – Wayne & Rich entertain
4. Friday, Feb. 14th, 2:00pm – Ladies’ Auxiliary Valentine’s Day Tea
5. Saturday, Feb. 15th, 1:30pm – Music with Randy Grey
6. Friday, Feb. 28th, 2:00pm – Happy Hour with Jentleman Jim
7. Saturday, Feb. 29th, 1:30pm – Dance Factor’s Dance Recital (the Rose Room will fill up fast, so come early for the best seats)

And, a big “Thank You!” goes out to the All Saints Church Catholic Women’s League for hosting our January birthday party on January 3, 2020.

1. **Bird Seed**

Because we have had a recent insect infestation (now resolved) due to the storage of bird seed, and because bird seed attracts field mice into the building (when seed falls from bird feeders near the building), we are asking residents/families to refrain from storing/using bird seed.

Appreciating that some are bird watchers, we will be seeking some advice from related “external expertise” in order to explore what other means may exist to attract bird life to Lodge grounds.

1. **Next Family Council Meeting**



This group of involved and caring friends and family members meets on a regular basis to share information and discuss common issues. The next meeting is scheduled for Monday, March 2, 2020 at 1:00pm in the Chapel.

We will have a guest speaker for this meeting, who is Mr. David Small, Mental Health Educator (Canadian Mental Health Association Middlesex).

All family and friends of residents of Strathmere Lodge are welcome to attend. No pre-registration is necessary.

For more information, please contact Marcy Welch (519-245-2520, ext. 6226, or mwelch@middlesex.ca).

Minutes of the most recent Family Council meeting are posted on the family information board in the Rose Room (near the Chapel), and previous minutes are available for review at our Reception desk.

1. **Labelling of Residents’ Clothing**



This is a reminder that new clothing needs to be labelled with the resident’s name before residents begin to wear it (this also includes items such as shoes and personal blankets/throws). Please use the Clothing Bin at the main entrance to deposit clothing requiring labelling (instructions are provided at the Clothing Bin).

Recently, the following items circumvented our clothing bin (if you believe anything belongs to you, please contact John Fournier, Environmental Services Manager, at 519-245-2520, ext. 6244, or via email at jfournier@middlesex.ca):

|  | **Clothing Item Description** | **Applicable Resident Home Area** |
| --- | --- | --- |
| 1 | New Top (red with feathers print, size M, Brand = Northern Reflections) | Unidentifiable |
| 2 | Pajama (red with black deer head, size M, Brand = Mountain Ridge) | Sydenham Meadows |
| 3 | T-shirt (black, with words “Jingle All The Way”, size M, Brand = Holiday Time) | Arbour Glen |
| 4 | Sweater (red, size L) | Arbour Glen |
| 5 | Jeans (blue, size 24W Petite) | Sydenham Meadows |
| 6 | Men’s Dress Shirt (blue, size M) | Parkview Place |
| 7 | Sweater (burgundy, size M, Brand = Columbia) | Hickory Woods |
| 8 | Pajama Top/Nightie (black with lace) | Bear Creek |
| 9 | Pajama Bottoms (red, green, yellow and black, size M, cotton material) | Arbour Glen |
| 10 | Men’s shirt (plaid with white, red, black and grey, size L, cotton material) | Hickory Woods |
| 11 | Pajama Top (blue/grey, size L) | Hickory Woods |
| 12 | Turtle Neck Shirt (white with snowflakes, size L) | Arbour Glen |

1. **In Conclusion ….**



Please let me know if you would like to see certain issues addressed in future newsletter editions (contact me at 519-245-2520, ext. 6222, or via email at: bkerwin@middlesex.ca).

Please share a copy of this newsletter with other family members and friends, or direct them to our [web page](http://www.middlesex.ca/departments/long-term-care): http://www.middlesex.ca/departments/long-term-care

Electronic back copies of our newsletter can be found on our web page. Hard copies are compiled in binders at both our Reception desk and the staff lounge, and are available for your review.

You can find additional copies of this newsletter edition on our Public Information Board in the main lobby (near the Chapel).

**Brent Kerwin,**

Administrator

Distribution: Responsible Parties, Auxiliary, Information Board, Resident Home Areas (5), Website, County Council, Staff, Other Stakeholderst