

**Resident, Family, Friend and Responsible Party** **Newsletter – Aug. ‘20**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Coronavirus (COVID-19) Pandemic Update**



In June, the province relaxed visiting rules by introducing the concept of “Supervised Outdoor Visits”. In July, the province amended the Outdoor Visits rules, and introduced the first phase of the re-introduction of Indoor Visits, which took effective July 22nd.

Here’s what you need to know about these two (2) options for visiting (which is subject to provincial change):

1. Outdoor Visits
   1. Do not require visitors to be COVID-tested (this was changed by the province effective July 15, 2020);
   2. Do not require a visit appointment, but visitors are asked to call ahead (ext. 6216) on the day of a visit to alert Lodge staff of visit time, and to confine visits between the hours on 9:30am and 4:30pm daily;
   3. Visitors are required to pass active health screening at every visit, including having their temperature checked upon arrival and departure;
   4. A maximum of two (2) visitors can visit a resident at any one time;
   5. Visits must be conducted in the designated outdoor area near the entrance. Given the finite number of “visiting stations” available, visitors are asked to adhere to a one-hour visit maximum, and no more than one visit per day;
   6. Visitors must bring a face cover/mask, and wear it at all times (covering both mouth and nose); and
   7. Visitors and residents must remain 6 feet (2 metres) apart at all times during a visit.
2. Indoor Visits
   1. Visitors must attest at each visit that they have tested negative for COVID-19 within the previous two (2) weeks of the visit;
   2. Indoor visits require a pre-booked appointment (by calling ext. 6216), and will be conducted in the Rose Room on the main floor;
   3. Indoor visit appointments may be booked Monday to Friday, the first appointment at 9:30am, the last appointment at 4:30pm. Given the finite number of “visiting stations” available, visitors are asked to adhere to a one-hour visit maximum, and no more than one visit per day;
   4. Visitors are required to pass active health screening at every visit, including having their temperature checked upon arrival and departure;
   5. Visitors must wear a surgical/procedural mask supplied by The Lodge, and wear it at all times (covering both mouth and nose);
   6. A maximum of two (2) visitors can visit a resident at any one time; and
   7. Visitors and residents must remain 6 feet (2 metres) apart at all times during a visit.
3. **Recreation Calendar / Important Events**

[](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjAnOaf_7fcAhVk34MKHS7OBmEQjRx6BAgBEAU&url=http://www.allthingsclipart.com/august.clipart.htm&psig=AOvVaw11L21VpeiMmcL4iSibvnS_&ust=1532530519728080)

Please be advised that large group entertainment programming in the Rose Room has been temporarily suspended during the pandemic. The Recreation staff continue to work with the residents in smaller group programs in the five (5) resident homes areas, and to conduct 1:1 visits with individual residents as applicable. A formal Recreation Calendar will not been produced for the month of August.

Residents are now enjoying outdoor courtyard time.

The Recreation staff have been facilitating many “virtual visits” (an alternative to Indoor or Outdoor Visits noted above) between residents and family members via “FaceTime” and the use of Apple iPads. This has received very favourable reviews among residents and families. If you are interested in virtual visits, please contact Marcy Welch (519-245-2520, ext. 6226, or via email at: [mwelch@middlesex.ca](mailto:mwelch@middlesex.ca)). Note that virtual visits will require an iPhone/Apple product on the family/friend end of a virtual visit, or for Android device users, the downloading of the “Google Duo” app.

1. **Labelling of Residents’ Clothing**

[](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjKj_KFirjcAhVF6YMKHeqFB1kQjRx6BAgBEAU&url=https://www.cefacemimi.ro/4-trucuri-ca-sa-ti-prepari-singura-balsamul-de-rufe/&psig=AOvVaw1qGxdQlTo5PeZ10Q9s-lu7&ust=1532533382976933)

This is a reminder that new clothing needs to be labelled with the resident’s name before residents begin to wear it (this also includes items such as shoes and personal blankets/throws). Please use the Clothing Bin at the main entrance to deposit clothing requiring labelling after inventorying the clothing items on the form provided at the bin (instructions are provided at the clothing bin).

Recently, the following items circumvented our clothing bin (if you believe anything belongs to you, please contact John Fournier, Environmental Services Manager, at 519-245-2520, ext. 6244, or via email at: [jfournier@middlesex.ca](mailto:jfournier@middlesex.ca)):

|  | **Clothing Item Description** | **Applicable Resident Home Area** |
| --- | --- | --- |
| 1 | Bra (2 shades of light purple, lace, cotton satin, size Large) | Sydenham Meadows |
| 2 | Shirt (light blue, size Small) | Bear Creek |
| 3 | Sweater (light purple, size Large, Brand = Lily Morgan) | Parkview Place |
| 4 | Cardigan (burgundy, Brand = Tradition) | Parkview Place |
| 5 | Shirt (pink, cotton/polyester, size XL, Brand = Karen Scott) | Arbour Glen |
| 6 | Shirt (grey, size Large, Brand = George) | Arbour Glen |
| 7 | Men’s Shorts (bathing suit type, blue with white flowers) | Hickory Woods |
| 8 | T-shirt (pink, cotton, size Small, Brand = Joe Fresh) | Hickory Woods |
| 9 | Sweater (blue and grey, size Petite Small, Brand = Laura) | Hickory Woods |
| 10 | Pants (purple-lavender, polyester) | Unidentifiable |
| 11 | Bed (top) Sheet (yellow, Size Double?) | Unidentifiable |
| 12 | Sweater (zipper, light baby blue, cotton, size Small, Brand = Non Fiction Canadian Classic) | Unidentifiable |

1. **In Conclusion ….**

[](https://www.google.ca/imgres?imgurl=http://cdn.grid.fotosearch.com/CSP/CSP994/k16311669.jpg&imgrefurl=http://www.fotosearch.com/clip-art/book-end.html&docid=VKKKK_-pYepByM&tbnid=jE0epHvfJrbOgM:&w=180&h=180&ved=0ahUKEwigwsO5_IvLAhWjnYMKHScKCjgQxiAIAg&iact=c&ictx=1)

Please let me know if you would like to see certain issues addressed in future newsletter editions (contact me at 519-245-2520, ext. 6222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

Please share a copy of this newsletter with other family members and friends, or direct them to our [web page](http://www.middlesex.ca/departments/long-term-care): http://www.middlesex.ca/departments/long-term-care

Electronic back copies of our newsletter can be found on our web page. Hard copies are compiled in binders at both our Reception desk and the staff lounge, and are available for your review.

You can find additional copies of this newsletter edition at our Public Information Board near Reception.

**Brent Kerwin,**

Administrator

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