

**Resident, Family, Friend and Responsible Party** **Newsletter – Sept. ‘16**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Guest Speaker at Strathmere Lodge – All Are Welcome**

[](https://www.google.ca/imgres?imgurl=https://s-media-cache-ak0.pinimg.com/236x/8e/4e/25/8e4e257a4d23b8e805e87226a1ac3308.jpg&imgrefurl=https://www.pinterest.com/pin/259308891015807163/&docid=YtY9JMouT6_bcM&tbnid=jMlGoeg7hUKmEM:&w=236&h=279&bih=855&biw=1280&ved=0ahUKEwitrIjWyq3PAhVC7IMKHWBXDKoQxiAIAg&iact=c&ictx=1)

On behalf of Strathmere Lodge Palliative Care Committee members … residents, families and those in the community are cordially invited to hear Reverend Dr. Christine O’Reilly speak on “Grieving and Bereavement”.

Reverend Dr. O’Reilly will be speaking in the Strathmere Lodge Rose Room on Wednesday, October 26, 2016, from 7:00pm to 8:00pm.

Reverend Dr. O’Reilly is the co-author of the book “Where Twenty or Thirty Are Gathered”.

1. **Adjustable Dining Room Tables – Improvement for Residents**

[](http://www.tablesmodulaires.com/wp-content/uploads/2016/05/TDC4-ACTION.jpg)Through the generous financial donations that we receive, we have purchased several adjustable dining room tables for our residents.

These tables are for residents with loss of autonomy and reduced mobility, including residents who need staff assistance to feed.

Four (4) residents can be seated at each of these tables such that each resident has an individualized tabletop height. These tables are designed to work ergonomically with the many different sized wheelchairs available.

1. **New Physicians at Strathmere Lodge – Name Correction**

[](https://www.google.ca/imgres?imgurl=http://www.clipartkid.com/images/403/displaying-16-images-for-professional-woman-clipart-wjvFoU-clipart.jpg&imgrefurl=http://www.clipartkid.com/female-doctor-cliparts/&docid=2OxupG9n1tEO_M&tbnid=xqM05uFYG00JUM:&w=1009&h=1300&bih=855&biw=1280&ved=0ahUKEwi0rZ2VqN_OAhUClR4KHcnrCo8QxiAIAg&iact=c&ictx=1)The two (2) new physicians replacing Dr. Paul Ferner effective September 1st are Drs. Julie Copeland and Jennifer Parr.

Dr. Parr will return to full-time practice in September 2017. In the interim, Dr. Lauren Kopechanski will be filling in.

1. [](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAMQjRxqFQoTCMrB__3ehcgCFZO2gAodK0IAOQ&url=http://www.seton.com/universal-graphic-signs-and-labels-caution-m7459.html&psig=AFQjCNFRAfvITa8WGSYYhsvdB-jXywxqwQ&ust=1442842951544088)

**4. Recreation Calendar**

[](https://www.google.ca/imgres?imgurl=http://i4.photobucket.com/albums/y108/M-Hen/PumpkinFace1.jpg&imgrefurl=http://www.craftsayings.com/forum/viewtopic.php?p%3D17365&docid=zDiW15pA4IYhKM&tbnid=nzuF3Dz9eJ5fhM:&w=290&h=309&ved=0CAIQxiBqFQoTCMKJsJyj1sgCFQI-PgodyIMEhA&iact=c&ictx=1)

Please pick up and check out our monthly Recreation calendar (available in each Resident Home Area, and also posted on our website) for events that you may find of interest and would like to attend.

Our upcoming Special Events for October:

1. Saturday, October 8th at 1:30pm (in the Rose Room) – Randy Gray entertains
2. Wednesday, October 12th at 9:00am – 3:00pm (in the Rose Room) – Geri Fashions Clothing Sale (all are welcome; includes “adaptive clothing” - clothing designed for people with physical disabilities, or for those who may otherwise experience difficulty getting dressed)
3. Tuesday, October 18th at 6:30pm (in the Rose Room) – Entertainment by Joel Horvath
4. Wednesday, October 19th at 2:00pm (in the Rose Room) – Ladies’ Auxiliary Apple Pie Social
5. Friday, October 28th at 2:00pm (in the Rose Room) – Octoberfest Happy Hour with “2nd Childhood”
6. Monday, October 31st at 2:00pm (in the Rose Room) – Halloween with The Goldies (don’t forget your costume!!)

For Halloween (October 31st) … All “Trick or Treaters” are welcome at Strathmere Lodge. Residents will be at the front entrance from 6:00pm to 7:30pm to hand out treats.

**5. Keeping Money in Resident Rooms - Reminder**

[](https://www.google.ca/imgres?imgurl=http://www.clipartkid.com/images/220/spending-money-clipart-clipart-panda-free-clipart-images-qdWahU-clipart.jpg&imgrefurl=http://www.clipartkid.com/stack-of-money-cliparts/&docid=N4bvGHW597lbnM&tbnid=PB1SiPHu31BBKM:&w=350&h=259&bih=855&biw=1280&ved=0ahUKEwizxrfvrt_OAhXFGh4KHQWsAGYQxiAIAg&iact=c&ictx=1)This is a reminder to residents and families to minimize the amount of money kept in resident rooms.

Residents and families are encouraged to use “trust accounts” with the Lodge. Money can be accessed or deposited at Reception, at the main entrance.

For more information on trust accounts, please contact Reception (519-245-2520).

**6. In Conclusion ….**

[](https://www.google.ca/imgres?imgurl=http://cdn.grid.fotosearch.com/CSP/CSP994/k16311669.jpg&imgrefurl=http://www.fotosearch.com/clip-art/book-end.html&docid=VKKKK_-pYepByM&tbnid=jE0epHvfJrbOgM:&w=180&h=180&ved=0ahUKEwigwsO5_IvLAhWjnYMKHScKCjgQxiAIAg&iact=c&ictx=1)

Please let me know if you would like to see certain issues addressed in future newsletter editions (contact me at 519-245-2520, ext. 222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

Please share a copy of this newsletter with other family members and friends, or direct them to our website: <http://www.middlesex.ca/departments/long-term-care>

Electronic back copies of our newsletter can be found on our website. Hard copies are compiled in binders at both our Reception desk and the staff lounge, and are available for your review.

You can find additional copies of this newsletter edition on our Public Information Board in the main lobby (near the Chapel).

**Brent Kerwin,**

Administrator

Distribution: Responsible Parties, Auxiliary, Information Board, Resident Home Areas (5), Website, County Council, Staff, Other Stakeholderst