

**Resident, Family, Friend and Responsible Party** **Newsletter – May ‘18**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Annual Quality Improvement Plan – Apr. 1, 2018 to Mar. 31, 2019**

[](http://www.clipartpanda.com/clipart_images/your-guide-will-design-a-tour-26336536)

Every year, provincial long term homes, hospitals and community care access centres (CCACs) are required to develop and submit an Annual Quality Improvement Plan to Health Quality Ontario (HQO), the provincial body mandated to lead Quality care and service delivery across the provincial health care system.

From a list of quality improvement “priorities” identified by HQO, we have selected two (2) quality improvement initiatives for this year (Apr. 1, 2018 to Mar. 31, 2019), after reviewing comparative provincial data on long term care homes (from “CIHI” - the Canadian Institute for Health Information) and discussion at our Quality Improvement Committee (comprising staff, managers and resident/family representatives).

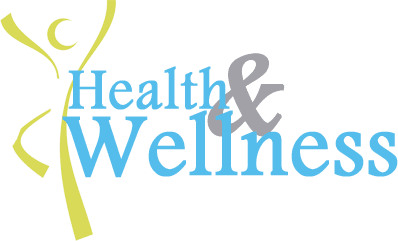
Our 2 focus areas for this year’s Quality Improvement Plan are:

1. Falls Prevention (our Falls rate is better than the provincial long term care home average, but we want to continue our efforts to minimize resident falls); and
2. Minimizing worsening “pressure injuries”, also known also “bed sores” (we have been making recent improvement in this area, and are close to the provincial average with respect to this measure).

Our Quality Improvement Plan (approved by Middlesex County Council) will be posted on HQO’s public reporting website in the coming weeks (<https://qipnavigator.hqontario.ca/Resources/PostedQIPs.aspx>), and is now posted internally on our bulletin board near Reception.

Please contact me if you have any questions about our Quality Improvement Plan, or/and our on-going Quality Improvement efforts (519-245-2520, ext. 6222, or [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

1. **Second Annual Health and Wellness Fair**

[](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjJqKyOj9baAhUKw4MKHRWBD8QQjRx6BAgAEAU&url=https://www.vniles.com/707/Health-Wellness&psig=AOvVaw1rUeAz0LJIJ2ydJWWZerSj&ust=1524769420959516)

The Lodge is holding its second annual Health and Wellness Fair on Tuesday, May 8th between 1pm and 3pm in the Rose Room.

A multitude of health service providers will have exhibits set up in the Rose Room, and will be on hand to provide information on various health and wellness topics.

The afternoon also features two (2) speaker topics – “Depression” (Canadian Mental Health Association), and “Mindfulness and Meditation (Self-care Practice)”.

Admission is free and no pre-registration is required.

Everyone is welcome, and our Ladies’ Auxiliary is sponsoring complimentary Healthy Yogurt Parfaits.

If you have any questions or feedback on our Health and Wellness Fair, please contact Lena Hodgins at The Lodge (519-245-2520, ext. 6247, or [lhodgins@middlesex.ca](mailto:lhodgins@middlesex.ca)).

1. [](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAMQjRxqFQoTCMrB__3ehcgCFZO2gAodK0IAOQ&url=http://www.seton.com/universal-graphic-signs-and-labels-caution-m7459.html&psig=AFQjCNFRAfvITa8WGSYYhsvdB-jXywxqwQ&ust=1442842951544088)

**3. Recreation Calendar - May**

[](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwj16LTgycLTAhXD7YMKHbYGDZUQjRwIBw&url=http://www.mycutegraphics.com/graphics/may-images.html&psig=AFQjCNFHbWr1xhBXD-SUKrD9QyOSByYvTQ&ust=1493311698365804)Please do not forget to pick up and check out our monthly Recreation calendar (available in each Resident Home Area, and also posted on our County web page) for events that you may find of interest and would like to attend.

Our upcoming Special Events for May (in the Rose Room):

1. Tuesday, May 1st at 2:00pm - Mocha Shrine Concert Band performs
2. Wednesday, May 2nd at 2:00pm - Uptown Dixieland Jazz Band entertains
3. Friday, May 11th at 2:00pm – Mothers & Others Tea with Randy Grey
4. Saturday, May 12th at 1:30pm – Franky Baby entertains
5. Tuesday, May 15th at 6:30pm – Fireman’s Bingo
6. Wednesday, May 16th at 2:00pm - Wayne & Rich perform
7. Friday, May 25th at 2:00pm - Happy Hour with Jentleman Jim

**4. Family Council**

[](https://www.google.ca/imgres?imgurl=http://www.cadbayuc.org/wp-content/uploads/2013/10/Parent-Leadership-Clip-Art-Image-e1340741593900.jpg&imgrefurl=http://www.cadbayuc.org/family-events/&docid=h3W0i_kbVR6e-M&tbnid=9CrLZBWCM3AYvM:&w=640&h=490&ved=0ahUKEwjD683U-4vLAhXKyIMKHRKtAjIQxiAIAg&iact=c&ictx=1)

This group of involved and caring friends and family members meets on a regular basis to share information and discuss common issues. The next meeting is scheduled for Monday, May 7, 2018, at 6:30pm in the Chapel. The guest speaker will be Jill Zavitz from Denning’s Funeral Home.

All family and friends of residents of Strathmere Lodge are welcome to attend. No pre-registration is necessary.

For more information, please contact Marcy Welch (519-245-2520, ext. 6226, or [mwelch@middlesex.ca](mailto:mwelch@middlesex.ca))

Minutes of the most recent meeting are posted on the family information board in the Rose Room (near the Chapel), and previous minutes are available for review at our Reception desk.

**5. New Telephone System – Reminder**

[](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiYgIOmmu7YAhULXKwKHXU8B2gQjRwIBw&url=https://thecliparts.com/the-best-free-clipart-34862/&psig=AOvVaw2c__XbFqp77hB7Y0mM1VAs&ust=1516801027622928)This is a reminder that our telephone system technology was replaced in January.

Callers seeking to connect with one of our five resident homes areas can enter the applicable phone extension number as follows (rather than await a “live operator”):

1. Hickory Woods – ext. 6600
2. Sydenham Meadows – ext. 6500
3. Bear Creek – ext. 6400
4. Parkview Place – ext. 6700
5. Arbour Glen – ext. 6800

After normal business hours (Monday – Friday, 8:00am to 4:30pm), the Registered Nurse (RN) is the Charge Person for the facility. For urgent matters, you can contact the Charge RN at ext. 6600.

**6. New Clothing - Reminder**

[](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjkipGS6-7YAhXIz4MKHVKRBa4QjRwIBw&url=https://www.stockunlimited.com/similar/1251992.html&psig=AOvVaw30yJKzjgYezaQRpVp_73qg&ust=1516822729497740)

This is a reminder that new clothing needs to be labelled with the resident’s name before residents begin to wear it.

One of the ways clothing will go missing is if a resident wears new clothing before it gets labelled. In this case, if new clothing gets into our laundry system without a resident name on it, it becomes difficult, if not impossible, to trace it back to its rightful owner.

**7. In Conclusion ….**

[](https://www.google.ca/imgres?imgurl=http://cdn.grid.fotosearch.com/CSP/CSP994/k16311669.jpg&imgrefurl=http://www.fotosearch.com/clip-art/book-end.html&docid=VKKKK_-pYepByM&tbnid=jE0epHvfJrbOgM:&w=180&h=180&ved=0ahUKEwigwsO5_IvLAhWjnYMKHScKCjgQxiAIAg&iact=c&ictx=1)

Please let me know if you would like to see certain issues addressed in future newsletter editions (contact me at 519-245-2520, ext. 6222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

Please share a copy of this newsletter with other family members and friends, or direct them to our web page: <http://www.middlesex.ca/departments/long-term-care>

Electronic back copies of our newsletter can be found on our County web page. Hard copies are compiled in binders at both our Reception desk and the staff lounge, and are available for your review.

You can find additional copies of this newsletter edition on our Public Information Board in the main lobby (near the Chapel).

**Brent Kerwin,**

Administrator

Distribution: Responsible Parties, Auxiliary, Information Board, Resident Home Areas (5), County Website, County Council, Staff, Other Stakeholders