



Helping children,  
parents & caregivers  
connect, learn and grow  
- together!

## Description:

Make a “What is it?  
Book” for some Lift the  
Flap FUN!

## Materials:

- Paper Lunch Bags-4-5
- Scissors
- Glue
- Markers
- Stapler
- Tape

**Time:** 15 minutes



Middlesex EarlyON



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## What is it? Book!

### Instructions

1. Line up 4-5 lunch bags with ends all the same. Cut 2-2 1/2 inches off the open end of the bags.
2. Assist your child in stapling the open end of the bags together, to make a book.
3. Tape back of staples to ensure safety for child.
4. Let child choose from food flyers or magazines, things that are familiar to them. Eg. Food, animals, etc. Assist in cutting out if needed; or draw a picture.
5. Show them how to glue under the flap so only a “hint” of picture shows.
6. Encourage child to decorate the book.



## **How does this experience support child development?**

- ◆ Book can be customized to any learning skill currently needed.  
Eg. Shapes, colours, animals
- ◆ Opportunity to learn the skill of guessing
- ◆ Opportunity to practice drawing skills, improve vocabulary.
- ◆ Sense of accomplishment to make your own book.

## **How can I extend the learning for my child?**

- ◆ Use the theme of the book: Food– to buy it at the grocery store  
Animals– look for them on a car ride  
Shapes-find them in your house
- ◆ Play “I Spy” on a car ride, and look for things from your book.
- ◆ Combine to skills to learn-let’s find all red food  
-can you look for animals that have 4 or 2 legs

**Check out the video on the  
Middlesex EarlyON YouTube Channel!**

<https://youtu.be/ZWltcVWaCyl>

