**Middlesex EarlyON Child and Family Centres** 

# Drop-in Program Schedule

# **Effective October 1, 2019**

Call or email for most up-to-date schedule information.

Ontario	V
•••••	

#### Monday Tuesday Wednesday Thursday Friday Location Strathrov West Middlesex Memorial Centre Play & Learn Play & Learn EarlyON 334 Metcalfe St. W. 9:00 a.m. -11:30 a.m. 9:00 a.m. -11:30 a.m. 2<sup>nd</sup> floor Middlesex-London Health Unit Baby Time Kenwick Mall 1:30 p.m. -3:30 p.m. 51 Front St. E. North Meadows P.S. Play & Learn 9:00 a.m. - 10:30 a.m. 82 Middlesex Dr. \*through the school year **Glencoe Library** Play & Learn Glencoe **EarlyON** 9:00 a.m. -11:30 a.m. 123 McKellar St. Parkhill Parkhill Library Play & Learn EarlyON 229B Main Street 9:00 a.m. -11:30 a.m. **Ilderton Library & EarlyON** Play & Learn Play & Learn Ilderton Baby Time Multiple Birth **EarlvON** 40 Heritage Drive 9:00 a.m. - 11:30 a.m. 9:00 a.m. - 11:30a.m. 9:00 a.m. -11:30 a.m 9:00 a.m. -11:30 a.m. Komoka Komoka Library Play & Learn **EarlyON** 1 Tunks Lane 9:00 a.m. -11:30 a.m. Lucan Library Lucan Play & Learn Baby Time EarlyON 270 Main St. 9:00 a.m. -11:30 a.m. 9:00 a.m. - 11:30 a.m. Dorchester Library Play & Learn Dorchester 2123 Dorchester Rd. 9:00 a.m. -11:30 a.m. EarlyON Thorndale Thorndale Library Play & Learn EarlyON 21790 Fairview Rd. 9:00 a.m. -11:30 a.m.

**Play & Learn** is a drop-in program full of activities for children 0 to 6 years and their parent/caregiver. Learn and have fun together with your child with a large variety of age-appropriate activities, creative materials and toys.

**Effective October 1.** 

**Baby Time** is a drop-in for babies 0 to 12 months and their parent/caregiver. Siblings are welcome. Meet other parents and share in parenting topics, brain games, singing and circle time with your children.

*Multiple Birth Family Play* is a drop-in for families with multiple birth children and their siblings. It is a partnership between London Multiple Birth Association and Middlesex EarlyON, Ilderton.



## For program related inquires please email or call <u>earlyon@middlesex.ca</u> or 519-666-3227

For more information on special programs and other services available, please visit www.middlesex.ca/earlyon.

Follow us on Facebook @EarlyONMiddlesex.

## Middlesex-London Health Unit

**Effective October 1.** 

# Healthy Start Infant Drop-in Schedule

	Location	Monday	Tuesday	Wednesday	Thursday	Friday
Strathroy	West Middlesex Memorial Centre			9:00 a.m. – 11:30 a.m.		
EarlyON	334 Metcalfe St. W.			Oct. 2, Oct. 16,		
	2 <sup>nd</sup> floor			Oct. 30, Nov. 13,		
				Nov. 27, Dec. 11		
	Middlesex-London Health Unit	1:30 p.m3:30 p.m.				
	Kenwick Mall	Oct. 7, Oct. 21,				
	51 Front St. E., Strathroy	Nov. 4, Nov. 18				
		Dec. 2, Dec. 16				
Glencoe	Glencoe Library	9:00 a.m 11:30 a.m.				
EarlyON	123 McKellar St.	Oct. 28, Nov. 11,				
		Nov. 25, Dec. 9				
Parkhill	Parkhill Library					9:00 a.m11:30 a.m.
EarlyON	229B Main Street					Oct. 11, Oct. 25,
						Nov. 8, Nov. 22
						Dec. 6, Dec. 20
Ilderton	Ilderton Library & EarlyON	9:00 a.m 11:30 a.m.				
EarlyON	40 Heritage Drive	Oct. 7, Oct. 28,				
		Nov. 25				
Komoka	Komoka Library		9:00 a.m11:30 a.m.			
EarlyON	1 Tunks Lane		Oct. 15, Nov. 12			
			Dec. 10			
Lucan	Lucan Library				9:00 a.m 11:30 a.m.	
EarlyON	270 Main St.				Oct. 10, Oct. 24,	
					Nov. 7, Nov. 21	
					Dec. 5, Dec. 19	
Dorchester	Dorchester Library			9:00 a.m11:30 a.m.		
EarlyON	2123 Dorchester Rd.			Oct. 9 , Oct. 23,		
				Nov. 6, Nov. 20		
				Dec. 4, Dec. 18		

## **About Healthy Start Infant Drop-in**

Families with infants Birth to 6 months of age are welcome to visit a dropin to receive in-person support from a Public Health Nurse. A variety of dates, times and locations are available throughout London and Middlesex-County.

Drop-ins are free of charge and no Health Card or appointment is necessary. **Please arrive early**.



## **Health Connection**

Telephone support for parents and caregivers of infants and young children. To speak with a Public Health Nurse, call Health Connection.

> (519) 663-5317 ext. 2280 Monday – Friday, 8:30am – 4:30pm\* \*excluding holidays\*

Families with **infants older than 6 months** in need of support are welcome to call Health Connection to speak with a Public Health Nurse.