

EarlyON

Child and Family Centre



Connecting, Learning & Growing with your Infant

Baby Airplane

Rest your baby, tummy down, on your arm; with your hand on their chest. Use your other hand to support the neck and head. Gently swing baby so they can become accustomed to the movement. Make airplane noises as you swing them. As they become accustomed to the movement, “fly them around the room, slowly at first and then quicker.

Follow us on Facebook @EarlyONMiddlesex for regular updates.

We hope the ideas we provide over the next few weeks will help you and your family continue to connect, learn and grow together!

You can find downloadable copies of all our Connecting, Learning & Growing Together tip sheets at www.middlesex.ca/earlyon/lets-play-together.

We are here for you!

If you would like to speak to a member of the EarlyON Team, please call us at 519-666-3227. You will be invited to leave a message and an EarlyON Facilitator will return your call. You can also email earlyon@middlesex.ca!

