BUREAU DE SANTÉ DE MIDDLESEX-LONDON HEALTH UNIT

# 2026 Middlesex-London Board of Health Overview

**Middlesex-London Board of Health – Legislative Accountability**
The Board of Health is an autonomous body responsible for the governance and oversight of the Middlesex-London Health Unit in accordance with Section 49 (1), (2), (3) of the *Health Protection and Promotion Act* (HPPA) as amended, which outlines the composition of boards of health and Regulation 559 re: Designation of Municipal Members of Boards of Health.

The Board of Health:

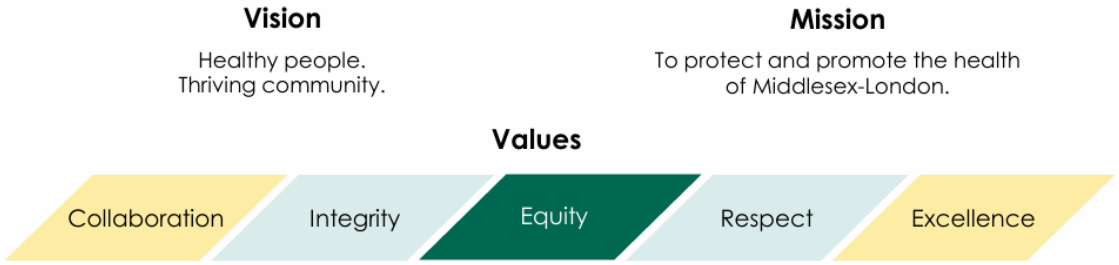
- Oversees the implementation, management and advocacy for the public health programs and services described in the *HPPA* and associated regulations. Programs and services include:
  - Infectious disease case and outbreak management
  - Vaccination programs
  - Home visiting supports for young families
  - Breastfeeding and other nutrition supports
  - Tobacco control
  - Dental screening and treatment for children and seniors
  - Inspection of restaurants, pools and spas, long-term care facilities, small drinking water systems, and personal service settings (e.g. salons, tattoo/piercing shops)
- Contributes to the development of healthy public policy by communicating with elected and unelected policy makers about the health aspects of policy.
- Provides oversight of the organizational budget process, and ensures transparency, accountability, and appropriate resource allocation.
- Monitors risk and ensures appropriate mitigation strategies are in place.

**Middlesex-London Board of Health - Structure**
The Board of Health for the Middlesex-London Health Unit includes both Municipal and Provincial Representatives:

- 3 Provincial Representatives
- 3 Middlesex County Representatives (appointed from County Council)
- 3 City of London Representatives (two from City Council, one citizen appointee)

Municipal Representatives are appointed for the duration of their term in public office (or until the respective Council decides to change its representation). Provincial Representatives are appointed by the Ontario Public Appointments Secretariat. Vacancies on the Board will be filled by appointment by the body represented (i.e. the municipality or province).

**Middlesex-London Health Unit Mission, Vision, and Values**



**Middlesex-London Health Unit Strategic Plan**
The Board of Health approved the current Strategic Plan in December 2025, which covers 2026-2030.

**Middlesex-London Health Unit Commitment to Equity, Truth & Reconciliation**
The Truth and Reconciliation Commission of Canada provides 94 “calls to action” that lay the groundwork for how all sectors, including health, in what is now known as Canada can move forward in addressing systemic inequities and work towards reconciliation with Indigenous Peoples. In response to these calls to action, the Middlesex-London Health Unit has developed and is currently implementing Taking Action for Reconciliation: An Organizational Plan for the Middlesex-London Health Unit. It is imperative to recognize that colonialism is the over-riding determinant of health for Indigenous Peoples. For public health to decrease existing health inequities, an understanding of the full context of Indigenous experiences of trauma and oppression over generations is needed.

In response to the Middlesex-London Health Unit’s June 2020 declaration that racism is a public health crisis, the Health Unit hired a consultancy group to assist with the development of an Anti-Black Racism Plan (ABRP) for the agency. The Anti-Black Racism Plan was also shaped through the engagement of local African, Caribbean, and Black (ACB) community representatives. The ABRP has identified 45 recommendations, which are focused on addressing and eliminating anti-Black racism from public health programs and services in London and Middlesex County, and on collaborating with others to address and eliminate anti-Black racism more broadly.