



**Family, Friend and Responsible Party  
Newsletter  
October 2012**

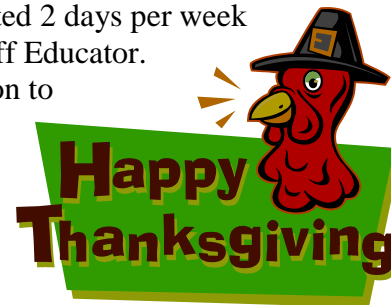
Dear Strathmere Lodge resident's family member/friend/responsible party:

**Changes** – The columns in the Rose Room have been marbled, thanks to the Ladies Auxiliary, and add an extra touch of class to the meeting and gathering area.

Social Worker Lisa Spurgeon has joined our team on a contracted 2 days per week basis and will be sharing an office on the 2<sup>nd</sup> floor with our Staff Educator. She replaces Michelle Langille our SSW who recently moved on to bigger pastures.

The Strathmere Lodge Ladies Auxiliary hosted the OANHSS Region 1 Auxiliary conference here on Oct. 17<sup>th</sup>.

New wall mounted and mobile Point of Care computer terminals are being installed in our Resident Home Areas over the next few weeks. This electronic record system will replace our manual resident flow sheets and notes and augment resident care. Nov. 9 is our go - live date. Thanks to the Ladies Auxiliary for hosting the Alzheimer Coffee Break. The members raised \$194.50 for the Middlesex London Alzheimer Society.



**Family & Friends Council-** This group of involved and caring friends and family members meets on a regular basis to share information and discuss common issues.

New family members welcome. For more information or to check on the times and dates of future meetings please contact Recreation Manager Marcy Welch at ext 226 or at [mwelch@middlesex.ca](mailto:mwelch@middlesex.ca)

**Feeling unwell?** - Please do not visit Strathmere Lodge if you or anyone in your home has a cold or symptoms of the “flu” [intestinal or respiratory].

While in the Home please be sure to use our waterless hand cleanser before and after visiting with your resident, upon entering, and as you are leaving our Home.

Please be sure to get your flu-shot.



**“Grieving” In-service** – you are welcome to join other family members and staff at a special in-service on grieving scheduled for Thursday Nov. 29 at 1:30 p.m.

**Monthly Caregiver Support Group** – for family members of Strathmere Lodge residents living with Alzheimer’s or related dementias. They are held on the 4<sup>th</sup> Monday of each month [next meetings- Oct. 22nd and Nov. 26th] from 6:30 to 8:00 p.m. in our Conference room. If interested, contact Diane at VON ACSP [Alzheimer Community Support Program] (519) 245-3170, or talk to our Recreation Manager, Marcy Welch at ext. 226.



**November** – All family members, friends, staff and residents are welcome to join the Strathmere Lodge November Team. Once you have registered your name and e-mail address you can select to participate as a team member, our team being StrathmereMoBros. You can join or donate by linking to the following site: [https://www.movember.com/ca/register/details/team\\_id/455889](https://www.movember.com/ca/register/details/team_id/455889). Your generous contributions in support of prostate cancer research and prevention and men’s mental health will be gratefully accepted. So far Chris Saxby, our DRC and John Fournier, our Manager of Environmental Services have committed to joining me on StrathmereMoBros.

**Activity Calendar** – Don’t forget to pick up and check out the monthly Activity calendars [available in each RHA [Resident Home Area]] for events that you may find of interest and would like to attend along with your resident friend/family member. You are encouraged to join us at anytime, especially for whole home activities such as: Family Christmas Dinner – Wed. Dec. 12. [See attached information]

**Annual Ladies Auxiliary Christmas Bazaar** – Sat. Dec. 1<sup>st</sup> 9:30 a.m. to 1:30 p.m. There will be a Bake Table and White Elephant Table sponsored by the Auxiliary. A variety of vendors will be present with items of knitting, scented candles and Christmas crafts. The Auxiliary appreciates your support!

**Free Wills** - During the month of October, VON participates in the Free Wills Month Campaign. If you or your partner is 55+ you can receive a basic will at no cost. Take advantage of this opportunity today and be sure that your family and loved ones are taken care of by establishing your legacy. For more information or to find out which lawyers are participating, please visit the following link. <http://www.freewillsmoonth.ca/lawyers/>

Feel free to contact me if you would like to see certain issues addressed in future editions: [torvidas@middlesex.ca](mailto:torvidas@middlesex.ca), 519-245-2520 ext. 222

Please share a copy of this newsletter with other family members and friends or direct them to our website <http://www.middlesex.ca/departments/long-term-care>.

Back copies of our most recent newsletters are available in a binder at our reception desk and on our website.

Additional copies of this edition are located on our Public Information Board in the main lobby.

*Tony Orvidas*, Administrator



Distribution: Responsible Parties, Auxiliary, Info Board, RHA’s, website, County Council, staff, other stakeholders.