

Sunday

Monday

Tuesday



Wednesday

Thursday

Friday

Saturday

BEAR CREEK

			Balance Exercises Activity Cart 1 11:00 Crazy 8's Card Gam 1:45 Elimination Cards 2:30 Refreshments & Visits 3:15 Pet Visits with Nancy 6:15 Bingo with Nancy	Balance Exercises Activity Cart 2 10:30 Art Group 1:30 Ice Cream Cart 2:30 1:1 Visits	Balance Exercises Activity Cart 3 11:00 Sing-a-long 1:25 Music with Cam 2:15 Refreshments & Visits 3:00 1:1 Visits	Balance Exercises Activity Cart 4 11:00 Flower Arranging 1:30 Elimination Cards 2:45 Visits & Hand Massages	
Balance Exercises Activity Cart 5 11:00 Name 3 1:30 1:1 Games & Crokinole 2:45 Ipad Music & Visits 3:15 Church Service	Balance Exercises Activity Cart 6 11:00 Card Games 1:30 Giant Horserace Game 2:30 Refreshments & Visits 3:00 1:1 Ipad Music & Visits	Balance Exercises Activity Cart 7 11:00 Guggenheimer 1:30 Shuffleboard 2:45 Balloon Badminton 3:15 1:1 Ipad Visits	Balance Exercises Activity Cart 8 11:00 Bean Bag Toss 1:15 The Finlay's Entertain 2:00 Refreshments & Visits 2:30 Music & Hand Massages 3:15 Pet Visits with Nancy	Balance Exercises Activity Cart 9 11:00 Balloon Badminton 1:30 Ice Cream Cart 2:30 Name 3	Balance Exercises Activity Cart 10 11:00 Shuffleboard 1:30 Valentine Craft 2:45 1:1 Visits	11 11:00 Flower Arranging 1:30 Elimination Cards 2:45 Hand Massages & Visits	
12 11:00 Let's Make Bread 1:30 Finishing Lines 2:30 Bread and Jam 3:15 Church Service 3:15 1:1 Visits	Balance Exercises Activity Cart 13 11:00 Picture Board 1:45 Guggenheimer 2:30 Refreshments & Visits	Balance Exercises Activity Cart 14 11:00 Valentine Pictures 1:45 Valentine Trivia 2:30 Valentine Treats & visits 3:15 Balloon Badminton with Bree	Balance Exercises Activity Cart 15 11:00 Crazy 8's Card Gam 1:15 Music with Jeremy 2:15 Refreshments & Visits 6:15 Bingo with Bree	Balance Exercises Activity Cart 16 10:30 Art Group 1:30 Ice Cream Cart 1:30 Chaplains Hour 2:30 1:1 Visits	Balance Exercises Activity Cart 17 11:00 Sing-a-long 1:45 Bingo 2:30 Refreshments & Visits	Balance Exercises Activity Cart 18 11:00 Flower Arranging 1:30 Floor Darts 2:45 Ipad Music & Visits	
Balance Exercises Activity Cart 19 11:00 Ball Toss & Exercises 1:30 Bingo 2:45 Manicures & Hand Massages 3:15 Church Service	20 	Balance Exercises Activity Cart 21 11:00 Sing-a-long 1:45 Shuffleboard 3:00 1:1 Visits 3:15 Art with Julia	Balance Exercises Activity Cart 22 11:00 Catholic Communion 1:45 Elimination Cards 2:30 Refreshments & Visits 3:15 Pet Visits with Nancy	Balance Exercises Activity Cart 23 1:30 Ice Cream Cart 2:15 Name 3 6:15 Bingo with Nancy	Balance Exercises Activity Cart 24 11:00 Dice Game 1:15 Blue Skies Entertain 2:15 Refreshments & Visits 3:00 1:1 Visits	25 11:00 Flower Arranging 1:30 Mini-Putt 2:45 1:1 Ipad Music	
26 11:00 Let's Make Bread 1:30 Let's Play Cards 2:30 Bread and Jam 3:15 1:1 Visits	Balance Exercises Activity Cart 27 11:00 Sing-a-long 1:45 Guggenheimer 2:30 Refreshments & Visits	Balance Exercises Activity Cart 28 11:00 Decorate Cupcakes 1:45 Trivia Tuesday 2:30 Refreshments & Visits					

February 2023

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sydenham Meadows & Hickory Woods

			<p>1</p> <p>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:15 Canadian Stories-SM 1:45 Guggenheimer Game 6:15 Room to Room Visits</p>	<p>2</p> <p>9:15 Power Up-HW 9:45 Flex the Brain-HW 10:00 Power Up-SM 10:30 Flex the Brain-SM 1:30 Ice Cream Cart 2:45 Euchre 3:30 Choir with Inge-SM 6:00 Bingo</p>	<p>3</p> <p>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:15 Tuck Shop Visits 1:30 Room to Room Visits 2:45 Music with Cam-SM</p>	<p>4</p> <p>9:15 Flower Arranging-SM 11:00 Painting with Kristie-HW 1:30 Elimination Cards-HW 2:45 Elimination Cards-SM</p>
<p>5</p> <p>9:15 Words of Wisdom-HW 11:00 Finishing Lines-SM 1-3 Tuck Shop Open 2:30 Church Service 2:30 Room to Room Visits 6:00 Choir with Inge-HW</p>	<p>6</p> <p>9:15 Manicures-HW 9:15 Power Up-HW 10:00 Power Up-SM 11:00 Name 10 1:30 Bingo-HW 2:45 Bingo-SM</p>	<p>7</p> <p>9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Guys Gathering 1:30 Valentine Project 3:15 Crack the Code-HW</p>	<p>8</p> <p>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Catholic Communion 11:15 Sparkling Specs-HW 1:30 1:1 Visits 2:45 The Finlay's Entertain-HW 6:00 Bingo</p>	<p>9</p> <p>9:15-11:30 Gordie Pet Visits 9:15 Power Up-HW 10:00 Power Up-SM 11:00 Resident's Council -in the Conference Room 1:30 Ice Cream Cart 2:45 Euchre</p>	<p>10</p> <p>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:15 Tuck Shop Visits 1:30 Shuffleboard-HW 2:45 Shuffleboard-SM</p>	<p>11</p> <p>9:15 Visits & Manicures with Nancy-SM 1:45 Valentine Collage with Kristie-SM & HW</p>
<p>12</p> <p>9:15 Words of Wisdom-SM 1-3 Tuck Shop Open 2:30 Church Service 3:30 Chaplain's Hour-SM</p>	<p>13</p> <p>9:15 Manicures-SM 9:15 Power Up-HW 10:00 Power Up-SM 11:00 Crack the Code 1:30 Bingo-HW 2:45 Bingo-SM</p>	<p>14</p> <p>9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Guys Gathering 1:30 Valentine Social-HW 2:45 Valentine Social-SM 3:15 Room to Room Visits-SM</p>	<p>15</p> <p>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:15 Canadian Stories-HW 1:30 1:1 Visits 2:45 Music with Jeremy-SM 3:15 Visits with Jess 5:00 Diner's Club-SM</p>	<p>16</p> <p>9:15 Power Up-HW 9:45 Flex the Brain-HW 10:00 Power Up-SM 10:30 Flex the Brain-SM 1:30 Ice Cream Cart 2:45 Euchre 3:15 Visits with Nancy 3:30 Chaplain's Hour-HW 6:00 Bingo</p>	<p>17</p> <p>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:15 Tuck Shop Visits 1:30 Shuffleboard-HW 2:45 Shuffleboard-SM</p>	<p>18</p> <p>9:15 Flower Arranging-SM 11:00 Room to Room Visits-HW 1:30 Big Deal Bingo-HW 2:45 Big Deal Bingo-SM</p>
<p>19</p> <p>9:30 Name 10-HW & SM 11:00 Balloon Badminton 1-3 Tuck Shop Open 1:15 Room to Room Visits 2:30 Church Service 2:30 Visits & Hand Massages 3:30 Chaplain's Hour-SM</p>	<p>20</p> 	<p>21</p> <p>9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Guys Gathering 1:30 Horseraces-HW 2:45 Horseraces-SM 3:15 Room to Room Visits-HW</p>	<p>22</p> <p>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:15 Sparkling Specs-SM 2:15 Team Yahtzee 3:30 Ash Wednesday 6:00 Bingo</p>	<p>23</p> <p>9:15-11:30 Gordie Pet Visits 9:15 Power Up-HW 10:00 Power Up-SM 1:30 Ice Cream Cart 2:45 Euchre 3:15 Visits with Jess 5:00 Diners Club-HW</p>	<p>24</p> <p>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:15 Tuck Shop Visits 2:45 Blue Skies Entertain</p>	<p>25</p> <p>9:15 Visits & Manicures with Nancy-HW 1:30 Elimination Cards-HW 2:45 Elimination Cards-PP</p>
<p>26</p> <p>9:15 Shuffleboard-HW 11:00 Shuffleboard-SM 1-3 Tuck Shop Open 2:30 Church Service</p>	<p>27</p> <p>9:15 Manicures-HW 9:15 Power Up-HW 10:00 Power Up-SM 11:00 Guggenheimer 1:30 Bingo-HW 2:45 Bingo-SM</p>	<p>28</p> <p>9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Sensory Group-SM 1:30 Guys Gathering Project 3:30 Balloon Badminton with Jessica</p>	 <h1>February 2023</h1>			

Sunday

Monday

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Wednesday

Thursday

Friday

Saturday

PARKVIEW PLACE & ABOUR GLEN

			<p>9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:15 Tuck Shop Visits 1:30 Dating Advice-PP 2:45 Dating Advice-A 5:00 Diner's Club-AG</p>	<p>9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:15 Bunch of Sweethearts Craft-AG 1:30 Ice Cream Cart 2:45 Euchre 3:15 Crack the Code-AG</p>	<p>9:15-11:30 Rueben Pet Visits 9:15 Power Up-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 2:00 Music with Cam-AG</p>	<p>9:15 Flower Arranging-AG 11:00 Visit & Hand Massages-PP 1:30 Big Deal Bingo-PP 2:45 Big Deal Bingo-AG</p>
<p>9:15 Balloon Badminton-PP 11:00 Balloon Badminton-AG 1-3 Tuck Shop Open 1:45 Church Service 2:30 What Comes Next?</p>	<p>9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:15 Bunch of Sweethearts Craft-PP 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG</p>	<p>9:15 Manicures-AG 9:15 Power Up-PP 10:00 Power Up-AG 11:00 Room to Room Visits-PP 1:45 Valentine's Family Feud-PP vs AG 6:00 Bingo</p>	<p>9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:15 Tuck Shop Visits 2:00 The Finlay's Entertain-PP 3:00 Choir with Inge</p>	<p>9:15 Group Exercises-PP 10:00 Group Exercises-AG 10:45 Residents Council 11:00 Manicures-PP 1:30 Ice Cream Cart 2:45 Euchre</p>	<p>9:15 Manicures 9:15 Power Up-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 11:00 Guess 3-PP 1:30 Bingo-PP 2:45 Bingo-AG</p>	<p>9:15 Flower Arranging-PP 11:00 Valentine Collage-AG</p>
<p>9:15 Visits & Manicures with Nancy-PP 11:00 Words of Wisdom-AG 1-3 Tuck Shop Open 1:45 Church Service</p>	<p>9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:15 Guggenheimer 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG</p>	<p>9:15 Manicures-PP 9:15 Power Up-PP 10:00 Power Up-AG 11:00 Finishing Lines- (Love Song Edition) 1:30 Valentine Social-PP 2:45 Valentine Social-PP 6:00 Bingo</p>	<p>9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:15 Tuck Shop Visits 2:00 Music with Jeremy-AG 6:15 Room to Room Visits</p>	<p>9:15 Group Exercises-PP 10:00 Group Exercises-AG 10:45 Chaplains Hour-AG 11:00 Balloon Badminton-PP 1:30 Ice Cream Cart 2:45 Euchre 3:30 Art with Kristie-AG</p>	<p>9:15 Power Up-PP 9:45 Fun Fact Friday-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 10:30 Fun Fact Friday-AG 11:30 Tuck Shop Visits 1:30 Bingo-PP 2:45 Bingo-AG</p>	<p>9:15 Flower Arranging-AG 11:00 Name 10-PP 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG</p>
<p>9:30 Guggenheimer-PP & AG 11:00 Hand Massages & Visits-PP 1-3 Tuck Shop Open 1:45 Church Service 2:30 Axe Throwing</p>		<p>9:15 Manicures-AG 9:15 Power Up-PP 10:00 Power Up-AG 11:15 Visits & Hand Massages-PP 1:30 Travels with Amy-PP 2:45 Travels with Amy-AG 6:00 Bingo</p>	<p>9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:15 Tuck Shop Visits 1:30 Ash Wednesday 2:00 Tutti-Frutti 6:15 Room to Room Visits</p>	<p>9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:15 Visits & Hand Massages-AG 1:30 Ice Cream Cart 2:45 Euchre 6:15 Room to Room Visits</p>	<p>9:15-11:30 Rueben Pet Visits 9:15 Power Up-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 2:00 Blue Skies Entertain-PP</p>	<p>9:15 Flower Arranging-PP 11:00 What Comes Next?-AG</p>
<p>9:15 Room to Room Visits with Nancy 1-3 Tuck Shop Open 1:45 Church Service</p>	<p>9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:15 Room to Room Visits-PP 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG</p>	<p>9:15 Power Up-PP 10:00 Power Up-AG 1:45 Art with Kristie 3:45 Room to Room Visits-AG 6:00 Bingo</p>			<h1>February 2023</h1>	