



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH 2023 BEAR CREEK			1 Balance Exercises 11:00 Birthday Photos 1:45 Elimination Cards 2:30 Refreshments & Visits 3:15 Pet Visits with Nancy 6:15 Bingo with Nancy	2 Balance Exercises 10:30 Chaplain Visits 11:00 Art Group 1:30 Ice Cream Cart 2:30 1:1 Ipad Music 3:15 Rolls, Strolls & Walkabouts	3 Balance Exercises 11:00 Tuck Shop Visits 1:25 Music with Cam 2:00 Refreshments & Visits	4 1:15 Flower Arranging 1:45 Elimination Cards 3:00 Manicures & Hand Massages
5 1:15 Shuffleboard 2:30 1:1 Visits & Card Games 3:15 Church Service	6 Balance Exercises 11:00 Helping Others 1:45 Word Game 2:30 Refreshments & Visits	7 Balance Exercises 11:00 Pic-a-Picture 1:30 Shuffleboard 2:00 1:1 Visits 3:15 Rolls, Strolls & Walkabouts 6:15 Bingo with Julia	8 Balance Exercises 11:00 Catholic Communion 1:15 Music with the Finlays 2:15 Refreshments & Visits 2:30 Let's Play Cards 3:15 1:1 Visits	9 Balance Exercises 11:00 Thinking Thursday 1:30 Ice Cream Cart 2:30 1:1 Ipad Music 3:15 Balloon Badminton with Bree	10 Balance Exercises 11:00 Sing-a-long 1:45 Elimination Cards 2:30 Refreshments & Visits	11 1:15 Flower Arranging 1:45 Bingo 3:00 Hand Massages & 1:1 Visits
12 11:00 Let's Make Bread 1:30 Name 3 2:30 Bread & Jam 3:15 Visits with Nancy 3:15 Church Service	13 Balance Exercises 11:00 1:1 Room Visits 1:45 Guggenheimer 2:30 Refreshments & Visits	14 Balance Exercises 11:00 St.Patrick's Day Photo Booth 1:45 Tuesday Trivia 2:30 Refreshments & Visits 3:15 Rolls, Strolls & Walkabouts	15 Balance Exercises 11:00 Crazy 8's Card Game 1:15 Jeremy Smith Entertains 2:00 Refreshments & Visits 3:15 Pet Visits with Nancy	16 Balance Exercises 11:00 Art Group 1:30 Ice Cream Cart 2:30 1:1 Ipad Music 3:15 Balloon Badminton with Bree	Happy St. Patrick's Day WEAR GREEN DAY 17 Balance Exercises 11:00 Sing-a-long 1:45 St.Patricks Day Bingo 2:30 Refreshments & Visits	18 1:15 Flower Arranging 1:45 Elimination Cards 3:00 Manicures & Hand Massages
19 1:30 Dice Game 2:30 Balloon Badminton 3:15 Church Service	20 Balance Exercises 11:00 Helping Others 1:45 Word Game 2:30 Refreshments & Visits	21 Balance Exercises 11:00 Crokinole 1:30 Shuffleboard 3:00 1:1 Visits 3:15 Rolls, Strolls & Walkabouts	22 Balance Exercises 11:00 Dice Game 1:15 The Goldies Entertain 2:00 Chaplain Visits 2:30 Refreshments & Visits 3:15 Pet Visits with Nancy	23 Balance Exercises 11:00 Thinking Thursday 1:30 Ice Cream Cart 2:30 1:1 Ipad Music 3:15 Rolls, Strolls & Walkabouts 6:15 Bingo with Nancy	24 Balance Exercises 11:00 Sing-a-long 1:45 Elimination Cards 2:30 Refreshments & Visits	25 9:30-10:00 Music with Jimmy 10:15 Refreshments 11:00 Shuffleboard 1:30 Elimination Cards 2:45 Ipad Music & Visits
26 Balance Exercises & Room to Room Visits 11:00 Let's Make Bread 1:30 Finishing Lines 2:30 Bread & Jam 3:15 Visits with Nancy 3:15 Church Service	27 Balance Exercises 11:00 1:1 Room Visits 1:45 Guggenheimer 2:30 Refreshments & Visits	28 Balance Exercises 11:00 Decorate Cupcakes 1:45 Tuesday Trivia 2:30 Refreshments & Visits 3:15 Rolls, Strolls & Walkabouts	29 Balance Exercises 11:00 Crazy 8's Card Game 1:45 Coats & Hats & Walkabouts 3:15 Pet Visits with Nancy	30 Balance Exercises 10:30 Chaplain's Hour 11:00 Sing-a-long 1:30 Ice Cream Cart 2:30 1:1 Ipad Music 3:15 Balloon Badminton with Bree	31 Balance Exercises 9:30 Music with Susie Q 11:00 Tuck Shop Visits 1:45 Bingo 2:30 Refreshments & Visits	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2023 Hickory Woods & Sydenham Meadows			1 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:15 Canadian Stories 1:30 Elimination Cards-HW 2:45 Elimination Cards-SM 3:15 Visits with Jessica 5:00 Diner's Club-HW	2 9:15 Power Up-HW 9:45 Flex the Brain-HW 10:00 Power Up-SM 10:30 Flex the Brain-SM 1:30 Ice Cream Cart 2:45 Euchre 6:00 Bingo	3 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 2:45 Music with Cam-HW	4 9:15 Visits & Manicures-HW 11:00 Guggenheimer with Julia 1:30 Big Deal Bingo-HW 2:45 Big Deal Bingo-SM
5 9:15 Shuffleboard-HW 11:00 Shuffleboard-SM 1-3 Tuck Shop Open 2:30 Church Service 6:00 Chaplain's Hour-HW	6 9:00 Manicures-SM 9:15 Power Up-HW 10:00 Power Up-SM 11:00 Crack the Code-HW 1:30 Bingo-HW 2:45 Bingo-SM	7 9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Guys Gathering 1:30 Irish Coffee & Conversation-HW 2:45 Irish Coffee & Conversation-SM 6:00 Room to Room Visits	8 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:15 Sparkling Specs-HW 1:30 Chaplain Visits-SM 2:45 The Finlays Entertain-SM 6:00 Bingo	9 <i>9:15-11:30 Gordie Visits</i> 9:15 Power Up-HW 10:00 Power Up-SM 10:45 Resident's Council -in the conference room 1:30 Ice Cream Cart 2:45 Euchre 3:15 Crokinole-SM	10 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Shuffleboard-HW 2:45 Shuffleboard-SM	11 9:15 Flower Arranging-HW 11:15 Let's Laugh-SM
12 9:15 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3 Tuck Shop Open 2:30 Church Service 3:00 Manicures-PP 6:00 Chaplain's Hour-SM	13 9:00 Manicures-HW 9:15 Power Up-HW 10:00 Power Up-SM 11:00 Guggenheimer-HW 1:30 Bingo-HW 2:45 Bingo-SM	14 9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Guys Gathering 1:15 St.Patty's Day Project-HW 2:45 St.Patty's Day Project-SM	15 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 10:30 Chaplain Visits-HW 11:15 Sparkling Specs-HW 1:30 Chaplain's Hour-SM 2:45 Music with Jeremy-HW 6:00 Bingo	16 9:15 Power Up-HW 10:00 Power Up-SM 1:30 Ice Cream Cart 2:45 Euchre 6:15 Curling-in the Rose Room	17 Happy St. Patrick's Day WEAR GREEN DAY 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 St.Patricks Day Social-HW 2:45 St.Patricks Day Social-SM	18 1:30 Elimination Cards-HW 2:45 Elimination Cards-SM
19 9:30 Art with Kristie-SM 11:00 Words of Wisdom-HW 1-3 Tuck Shop Open 2:30 Church Service	20 9:00 Manicures-SM 9:15 Power Up-HW 10:00 Power Up-SM 11:00 Guggenheimer-SM 1:30 Bingo-HW 2:45 Bingo-SM	21 9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Guys Gathering 1:30 Elimination Cards-HW 2:45 Elimination Cards-SM	22 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Catholic Communion 11:15 Sensory Visits-HW 2:45 The Goldies-SM 6:00 Bingo	23 <i>9:15-11:30 Gordie Visits</i> 9:15 Power Up-HW 10:00 Power Up-SM 1:30 Ice Cream Cart 2:45 Euchre 3:15 Crokinole-HW	24 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Shuffleboard-HW 2:45 Shuffleboard-SM	25 9:15 Manicures & Visits-SM 11:00 -11:30 Music with Jimmy-HW 1:30 Flower Arranging-SM 3:00 Manicures & Visits-HW
26 9:15 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3 Tuck Shop Open 1:15 1:1 Tuck Shop Visits 2:30 Church Service 2:45 Visits & Hand Massages	27 9:00 Manicures-HW 9:15 Power Up-HW 10:00 Power Up-SM 11:00 Painting Group-SM 1:30 Bingo-HW 2:45 Bingo-SM	28 9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 1:1 Visits 1:30 Guys Group Bus Trip 3:30 Words of Wisdom	29 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:15 Sensory Visits-SM 1:30 Donuts & Discussion-HW 2:45 Donuts & Discussion-SM 4:00 Hand Massages-HW 6:00 Bingo	30 9:15 Power Up-HW 9:45 Flex the Brain-HW 10:00 Power Up-SM 10:30 Flex the Brain-SM 1:30 Ice Cream Cart 2:45 Euchre 3:15 Let's Laugh-HW 6:15 Bowling-in Rose Room	31 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Music with Susie Q-HW 1:30-3:30 Coats & Hats & Outdoor Walks	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH 2023 Parkview Place & Arbour Glen			1	2	3	4
			9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Veggie Tales-PP 2:45 Veggie Tales-PP 6:15 Room to Room Visits	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Name that Tune-AG 1:30 Ice Cream Cart 1:30 Chaplain Visits-AG 2:45 Euchre 3:15 Crokinole-PP	9:00 Hand Massages & Visits-PP 9:15 Power Up-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 2:00 Music with Cam-AG	9:15 Flower Arranging-AG 11:00 Balloon Badminton-PP
5	6	7	8	9	10	11
9:15 Big Deal Bingo-PP 11:00 Big Deal Bingo-AG 1-3 Tuck Shop Open 1:45 Church Service	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Name that Tune-PP 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG	9:00 Manicures-AG 9:15 Power Up-PP 10:00 Power Up-AG 1:30 Lucky Charm Treats-AG 3:15 Visits with Kristie-PP 5:00 Diner's Club-PP	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 2:00 The Finlays Entertain-PP 3:15 1:1 Visits-AG 3:30 Chaplain's Hour- AG & PP	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10:45 Resident's Council 1:30 Ice Cream Cart 2:45 Euchre 6:00 Bingo	<i>9:00 -11:30 Rueben Pet Visits</i> 9:15 Power Up-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 1:30 Bingo-PP 2:45 Bingo-AG	9:15 Visits & Manicures-PP 11:00 Giant Horserace Game-AG 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG
12	13	14	15	16	Happy St. Patrick's Day WEAR GREEN DAY	18
9:30 Manicures & Visits-AG 11:00 Name 10-PP 1-3 Tuck Shop Open 1:45 Church Service	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 All Things Lucky-PP 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG	9:00 Manicures-PP 9:15 Power Up-PP 10:00 Power Up-AG 1:30 Lucky Charm Treats-PP 3:15 1:1 Visits with Kristie-AG 6:00 Bingo	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 2:00 Music with Jeremy-AG 3:15 1:1 Visits-PP	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 All Things Lucky-AG 1:30 Ice Cream Cart 2:45 Euchre 6:15 Curling -in the Rose Room	9:00 Hand Massages & Visits-AG 9:15 Power Up-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 1:30 St.Patricks Day Social-PP 2:45 St.Patricks Day Social-AG	9:15 Flower Arranging-PP 11:00 5 Second Rule-AG
19	20	21	22	23	24	25
9:30 Manicures & Visits-PP 11:00 Name 10-AG 1-3 Tuck Shop Open 1:45 Church Service 6:00 Chaplain's Hour-PP	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Guess That Sound-AG 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG	9:00 Manicures-AG 9:15 Power Up-PP 10:00 Power Up-AG 1:30 Balloon Badminton-PP 2:45 Balloon Badminton-AG 3:15 Art with Kristie-AG 6:00 Bingo	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 2:00 The Goldies-PP 3:15 Visits & Hand Massages-PP	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Finish this Line-PP 1:30 Ice Cream Cart 2:45 Euchre 6:00 Big Deal Bingo	<i>9:00 -11:30 Rueben Pet Visits</i> 9:15 Power Up-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 1:30 Bingo-PP 2:45 Bingo-AG	9:15 Room to Room Visits 10:15-10:45 Music with Jimmy-AG 10:45 What Comes Next?-AG 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG
26	27	28	29	30	31	
9:15 Balloon Badminton-PP 10:00 Balloon Badminton-AG 11:00 Name 10-PP 1-3 Tuck Shop Open 1:45 Church Service 2:30 Crack the Code 6:00 Chaplain's Hour-AG	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Guess That Sound-PP 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG	9:00 Manicures-PP 9:15 Power Up-PP 10:00 Power Up-AG 1:30 Tutti-Frutti-PP 2:45 Tutti-Frutti-AG 6:00 Bingo	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Donuts & Discussion-PP 2:45 Donuts & Discussion-AG	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Finish this Line-AG 1:30 Ice Cream Cart 1:30 Chaplain Visits-PP 2:45 Euchre 6:15 Bowling-in Rose Room	9:15 Group Exercises-PP 10:15 Music with Susie Q-AG 10-12 Tuck Shop Open 1:30 Bingo-PP 2:45 Bingo-AG	