




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BEAR CREEK		<i>Balance Exercises Activity Cart</i> 1 11:00 Finishing Lines 1:45 Shuffleboard 3:00 1:1 Ipad Music 3:45 Walk & Talk	<i>Balance Exercises Activity Cart</i> 2 9:45 Scenic Drive 1:45 Trivia & Refreshments 3:00 1:1 Visits 3:15 1:1 Activity Cart	<i>Balance Exercises Activity Cart</i> 3 10:30 Art Group 1:30 Ice Cream Cart 1:30 Hymn Sing 2:30 1:1 Visits 6:15 Visits with Bree	<i>Balance Exercises Activity Cart</i> 4 11:00 Tuck Shop Visits 1:25 Music with Cam 2:00 Refreshments & Visits	5 11:00 Flower Arranging 1:30 Elimination Cards 2:45 1:1 Activity Cart & Visits
	6 11:00 Let's Make Bread 1:30 Shuffleboard 2:30 Bread, Jam & Visits 3:15 Church Service 3:15 Walk & Talk	<i>Balance Exercises Activity Cart</i> 7 10:30 Decorate Cupcakes 1:45 Bingo 3:00 1:1 Visits	<i>Balance Exercises Activity Cart</i> 8 11:00 Crazy 8's Card Game 1:45 Word Puzzles 3:00 1:1 Visits 3:45 Walk & Talk	<i>Balance Exercises Activity Cart</i> 9 11:00 Sing-a-long 1:15 Music with Jeremy 2:00 Refreshments & Visits 2:30 Chaplain Visits 3:15 Pet Visits with Nancy	<i>Balance Exercises Activity Cart</i> 10 11:00 Thinking Thursday 1:30 Remembrance Day Service 2:30 Ice Cream Cart 6:15 Visits with Bree	11  11:00 Flower Arranging 1:30 Shuffleboard 2:45 Visits & Hand Massages
	13 11:00 Ball & Balloon Toss 1:30 Card Games 2:30 1:1 Ipad Music 3:15 Church Service 3:15 Walk & Talk	<i>Balance Exercises Activity Cart</i> 14 10:30 Helping Others 1:45 Elimination Cards 3:00 1:1 Visits	<i>Balance Exercises Activity Cart</i> 15 11:00 Finishing Lines 1:45 Shuffleboard 3:00 1:1 Ipad Music 3:15 1:1 Activity Cart	<i>Balance Exercises Activity Cart</i> 16 11:00 Word Wednesday 1:15 The Findlay's Entertain 2:00 Refreshments & Visits 3:15 Pet Visits with Nancy	<i>Balance Exercises Activity Cart</i> 17 10:45 Horserace Game 1:30 Ice Cream Cart 2:30 Art Corner Art Group	<i>Balance Exercises Activity Cart</i> 18 11:00 Tuck Shop Visits 1:45 Trivia & Refreshments 3:00 1:1 Visits
	<i>Balance Exercises Activity Cart</i> 20 10:45 Let's Make Bread 11:15 Ball Toss 1:30 What Comes Next 2:15 Bread, Jam & Visits 3:15 Church Service 3:15 Walk & Talk	<i>Balance Exercises Activity Cart</i> 21 11:00 Shuffleboard 1:15 Music with Judy 2:00 Refreshments & Visits 3:00 Crazy 8's Card Game	<i>Balance Exercises Activity Cart</i> 22 11:00 Crazy 8's Card Game 1:45 Word Puzzles 3:00 1:1 Visits 3:15 1:1 Activity Cart	<i>Balance Exercises Activity Cart</i> 23 11:00 Sing-a-long 1:45 Trivia & Refreshments 3:00 1:1 Visits 3:15 Pet Visits with Nancy	<i>Balance Exercises Activity Cart</i> 24 10:30 Art Group 1:30 Ice Cream Cart 2:30 1:1 Visits	<i>Balance Exercises Activity Cart</i> 25 10:30 Helping Others 1:45 Bingo 3:00 1:1 Visits
	27 11:00 Ball & Balloon Toss 1:30 Elimination Cards 2:30 1:1 Ipad Music 3:15 Church Service 3:15 Walk & Talk	28 9:15 Photo Booth Photos 10:45 Helping Others 1:30 Bingo 3:00 1:1 Ipad Music	<i>Balance Exercises Activity Cart</i> 29 11:00 Crazy 8's Card Game 1:30 Let's Decorate the Christmas Tree 3:15 1:1 Activity Cart	<i>Balance Exercises Activity Cart</i> 30 11:00 Word Wednesday 1:15 Eric Lunn Entertains 2:00 Refreshments & Visits 3:15 Art with Jessica	NOVEMBER 2022	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Parkview Place & Arbour Glen		1 9:00 Manicures-PP 9:30 Power-Up-AG 11:00 1:1 Visits 1:30 Walmart Shopping Outing 3:45 Visits & Hand Massages 6:00 Evening Bingo	2 9:30 Group Exercises-PP 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Remembrance Day Craft-PP 2:45 Remembrance Day Craft-AG	3 9:30 Group Exercises-AG 11:00 Flex your Brain-PP 1:30 Ice Cream Cart 2:45 Euchre 3:30 Hymn Sing-AG 6:30 Room to Room Visits	4 9:00 Manicures-AG 9:30 Power-Up-PP 10-12 Tuck Shop Open 11:00 Finishing Lines-PP 2:00 Music with Cam 3:00 One to One Visits	5 9:15 News & Views with Nancy 1:30 Christmas Photo Booth Painting with Kristie
6 9:15 Manicures & Visits-PP 11:00 Words of Wisdom-AG 1-3 Tuck Shop Open 1:45 Church Service-PP 6:00 Chaplain Visits-AG	7 9:30 Group Exercises-PP 11:00 Chicken Soup for the Soul-AG 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG	8 9:00 Manicures-PP 9:30 Power-Up-AG 11:00 Visits & Hand Massages-AG 1:45 Balloon Badminton 3:00 Room to Room Visits 6:00 Evening Bingo	9 9:30 Group Exercises-PP 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 11:00 Catholic Communion-PP 2:00 Music with Jeremy 3:00 One to One Visits	10 9:30 Group Exercises-AG 11:00 Flex your Brain-AG 1:30 Ice Cream Cart 2:30 Remembrance Day Service-PP 5:00 Pizza Party-PP	11 10-12 Tuck Shop Open 	12 9:15 Flower Arranging-PP 11:15 What Comes Next-AG
13 9:30 Elimination Cards-PP 11:15 Room to Room Visits-AG 1-3 Tuck Shop Open 1:45 Church Service-PP	14 9:30 Group Exercises-PP 11:00 Shake out the Truth-AG 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG	15 9:00 Manicures-AG 9:30 Power-Up-AG 11:00 Words of Wisdom-PP 1:30 Photo Booth Photos 6:00 Evening Bingo	16 9:30 Group Exercises-PP 11:00 Tuck Shop Visits 10-12 Tuck Shop Open 2:00 The Finlay's Entertain 3:00 One to One Visits	17 9:30 Group Exercises-AG 11:00 Art Corner Art Group 1:30 Ice Cream Cart 2:45 Euchre	18 9:00 Manicures-PP 9:30 Power-Up-PP 10-12 Tuck Shop Open 11:00 News & Views-AG 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG	19 9:15 Flower Arranging-PP 11:00 Would you Rather 1:30 Big Deal Bingo-PP 2:45 Big Deal Bingo-AG
20 9:15 Shuffleboard-PP 11:00 Shuffleboard-AG 1-3 Tuck Shop Open 1:45 Church Service-PP 2:45 Trivia with Bree 6:00 Chaplain Visits-PP	21 9:30 Group Exercises-PP 11:00 Chicken Soup for the Soul-PP 2:00 Music with Judy 3:00 One to One Visits	22 9:00 Manicures-AG 9:30 Power-Up-AG 11:00 Visits & Hand Massages-PP 1:30 Mini Golf-PP 2:45 Mini Golf-AG 6:00 Evening Bingo	23 9:30 Group Exercises-PP 10-12 Tuck Shop Open 11:00 Residents Council 11:00 Tuck Shop Visits 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG 3:30 Bible Study-PP	24 9:30 Group Exercises-AG 11:00 Would You Rather-PP 1:30 Ice Cream Cart 2:45 Euchre 5:00 Pizza Party-AG 6:00 Last Call for Christmas Photo Booth Photos	25 9:00 Manicures-PP 9:30 Power-Up-PP 10-12 Tuck Shop Open 11:00 Making Cupcakes-AG 1:30 Decorate Cupcakes-PP 2:30 Decorate Cupcakes-AG	26 9:15 Flower Arranging-PP 11:15 What Comes Next-PP
27 9:30 Elimination Cards-AG 11:15 Room to Room Visits-PP 1-3 Tuck Shop Open 1:45 Church Service-PP	28 9:30 Group Exercises-PP 11:00 Would you Rather-AG 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG	29 9:00 Manicures-AG 9:30 Power-Up-AG 11:00 Christmas Tree Set-up 1:30 Trim the Tree-PP 2:45 Trim the Tree-AG 3:45 Visits & Hand Massages 6:00 Evening Bingo	30 9:30 Group Exercises-PP 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 2:00 Eric Lunn Entertains 3:00 One to One Visits	<div>NOVEMBER</div> <div>2022</div>		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Sydenham Meadows & Hickory Woods		1 9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Sparkling Specs-SM 1:30 Guggenheimer-HW	2 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 1:1 Visits 1:45 Scenic Drive 3:45 Visits & Hand Massages 6:00 Evening Bingo	3 9:15-11:15 Gordie Visits 9:15 Power-Up-HW 10:00 Power-Up-SM 10:45 Hymn Sing-HW 1:30 Ice Cream Cart 2:45 Euchre-SM 3:15 Euchre-HW 5:00 Pizza Party-SM	4 9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Tuck Shop Visits 10-12 Tuck Shop Open 1:30 1:1 Visits 2:45 Music with Cam	5 9:15 Flower Arranging-SM 11:15 Finishing Lines-HW	
	6 9:15 Words of Wisdom 1-3 Tuck Shop Open 2:30 Church Service-SM	7 9:15 Manicures-SM 9:15 Power-Up-HW 10:00 Power-Up-SM 11:00 Manicures-SM 1:30 Christmas Photo Booth Painting with Kristie	8 9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Canadian Stories-SM 1:30 Walmart Shopping Trip	9 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Visits & Hand Massages-HW 2:45 Music with Jeremy 3:45 Visits & Hand Massages 6:00 Evening Bingo	10 9:15 Manicures-HW 9:15 Power-Up-HW 10:00 Power-Up-SM 10:45 Shuffleboard 1:30 Ice Cream Cart 3:30 Remembrance Day Service-HW 6:15 Visits with Nancy	11 10-12 Tuck Shop Open 	12 1:30 Elimination Cards-HW 2:45 Elimination Cards-SM
	13 1-3 Tuck Shop Open 2:30 Church Service-SM 6:00 Chaplain Visits-SM	14 9:15 Manicures-SM 9:15 Power-Up-HW 10:00 Power-Up-SM 11:00 Would you Rather Trivia-HW 1:45 Balloon Badminton 3:15 Room to Room Visits	15 9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Sparkling Specs-HW 1:30 Guy's Group 3:15 Card Games with Julia	16 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Visits & Hand Massages-SM 2:45 Music with The Finlay's 3:45 Visits & Hand Massages 6:00 Evening Bingo	17 9:15-11:15 Gordie Visits 9:15 Power-Up-HW 10:00 Power-Up-SM 1:30 Ice Cream Cart 2:45 Euchre	18 9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Tuck Shop Visits 10-12 Tuck Shop Open 1:30 Shuffleboard-HW 2:45 Shuffleboard-SM	19 9:15 Flower Arranging-SM 11:00 What Comes Next? 1:30 Elimination Cards-HW 2:45 Elimination Cards-SM 3:15 Room to Room Visits
	20 9:30 Crack the Code-HW 11:00 Crazy 8's-SM 1:15 Crazy 8's-HW 1-3 Tuck Shop Open 2:30 Church Service-SM 2:45 1:1 Visits	21 9:15 Manicures-HW 9:15 Power-Up-HW 10:00 Power-Up-SM 11:00 Guggenheimer-SM 2:45 Music with Judy	22 9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Chicken soup for the Soul-HW 1:45 Giant Horserace Game	23 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Catholic Communion-HW 11:00 Visits & Hand Massages-SM 1:30 Photo Booth Photos 1:30 Bible Study-SM 6:00 Evening Bingo	24 9:00 What Can I do 4 U-SM 9:15 Power-Up-HW 10:00 Power-Up-SM 11:00 What Can I do 4 U-HW 11:00 Residents Council 1:30 Ice Cream Cart 2:45 Euchre-SM 3:15 Euchre-HW	25 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Shuffleboard-HW 2:45 Shuffleboard-SM	26 1:30 Big Deal Bingo-HW 2:45 Big Deal Bingo-SM
	27 1-3 Tuck Shop Open 2:30 Church Service-SM 6:00 Chaplain Visits-HW	28 9:15 Power-Up-HW 10:00 Power-Up-SM 11:00 Art Corner Art-SM 1:30 Last Call for Christmas Photo Booth Photos	29 9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Christmas Tree Set-up 1:30 Trim the Tree-HW 2:45 Trim the Tree-SM	30 9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Visits & Hand Massages-SM 2:45 Eric Lunn Entertains 3:15 Room to Room Visits-HW 6:00 Evening Bingo	NOVEMBER 2022		