

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
BEAR CREEK		1 9:15 Exercises & Ball Toss 10:00 Monthly Gazette 11:00 Name 3 1:30 Elimination Cards -on the Patio 2:45 Rolls n Strolls 4:00 Pathway Walks	2 9:15 Stationary Bike & Ball Toss 10:00 Singalong 11:00 Guggenheimer -on the Patio 2:00 Sisters of Choice Entertain-Rose Room 4:00 Garden Strolls	3 9:15 Exercise, Ball Toss & Finish the Line 10:00 Music on Demand 11:00 Church Service-Cooks United: <i>Rev. Charmain</i> 1:30 Ice Cream Cart 2:30 Let's Go Outside	4 9:15 Stationary Bike & Ball Toss 10:00 Let's Sing 11:00 Tuck Shop Visits 1:25-2:05 Music with Cam 2:30 Visits & Manicures -on the Patio	5 1:15 Flower Arranging 1:45 Music on the Patio 2:30 Bean Bag Toss 3:15 Garden Walks	
	6 1:15 Ball Toss & Moves & Grooves 2:00 Name 3 3:00 Hymn Sing 3:30 Virtual Church Service	7 	8 9:15 Exercises & Ball Toss 10:00 Music Requests 11:00 Word Game 1:30 Bingo-on Patio 2:45 Sparkling Specs	9 9:15 Pet Visits 11:00 Catholic Communion 1:30 Elimination Cards -on the Patio 2:30 Manicures & Hand Massages 4:00 Pathway Walks	10 9:15 Stationary Bike & Ball Toss 10:00 Singalong 11:00 Short Stories 1:30 Ice Cream Cart 2:30 Patio Visits 4:00 Garden Strolls	11 9:15 Exercises & Ball Toss 10:00 Music on Demand 11:00 Tuck Shop Visits 2:00 Music with <i>The Sweet Melodies</i> -in the Rose Room	12 11:00 Flower Arranging 2:00 Jimmy's Old Time Radio Show-Rose Room
	13 1:15 Outdoor Strolls 2:00 Colouring Club 3:00 Hymn Sing 3:30 Virtual Church Service	14 9:15 Exercises & Ball Toss 10:00 Hand Massages & Visits 11:00 Finish the Line 1:30 Elimination Cards 2:30 Music by Request	15 9:15 Exercises & Ball Toss 10:00 Music & Hand Massages 11:00 Short Stories 1:30 Scenic Drive 1:45 Pathway Walks 5:30-7:00 Strathroy Cruisers Car Show -Front Parking Lot	16 9:15 Stationary Bike & Ball Toss 10:30 Catholic MASS 2:00 Garden Party with Jeremy Smith 4:00 What Can I Do 4 U	17 9:15 Exercises & Ball Toss 10:00 Singalong 11:00 Church Service -Pastor Dave & Grace 1:30 Ice Cream Cart 2:30 Let's Swing 4:00 Outdoor Walks	18 9:15 Stationary Bike & Ball Toss 10:00 Music on Demand 11:00 Tuck Shop Visits 1:30 Bingo 2:30 Pathway Walks	19 1:15 Flower Arranging 1:45 Let's Go Outside 2:30 Short Stories 3:15 Rolls n Strolls
	20 1:15 Garden Strolls 2:00 Treats & Music on the Patio 3:00 Hymn Sing 3:30 Virtual Church Service	21 9:15 Exercises & Ball Toss 10:00 Music Requests 11:00 Guggenheimer 1:30 Bingo 2:30 Ipad Visits	22 9:15 Stationary Bike & Ball Toss 10:00 Singalong 11:00 Finish the Line 2:00 Music with Wayne -Rose Room	23 9:15 Pet Visits 11:00 Catholic Communion 1:30 Scenic Drive 1:45 Art with Hayley 2:30 Ipad Visits 4:00 What Can I Do 4 U 6:00 Choir Practice-Chapel 6:30 Activities with Hayley	24 9:15 Stationary Bike & Ball Toss 10:00 Music on Demand 11:00 Trivia Time 1:30 Ice Cream Cart 4:00 Rolls N Strolls	25 9:15 Exercises & Ball Toss 10:00 Let's Sing 11:00 Tuck Shop Visits 1:30 Elimination Cards 2:30 Walks n Talks	26 1:15 Flower Arranging 1:45 Visits with Hayley 2:30 Name 3 3:15 Music by Request
	27 1:15 Balloon Badminton 2:00 Elimination Cards 3:00 Hymn Sing 3:30 Virtual Church Service	28 9:15 Stationary Bike & Ball Toss 10:00 Music & Hand Massage 11:00 Word Game 1:30 Bingo 2:30 How Can I Help U?	29 9:15 Exercises & Ball Toss 10:00 Music Requests 11:00 Short Stories 1:30 Elimination Cards 2:45 Rose Room Walks 4:00 Visits with Karen	30 9:15 Stationary Bike & Ball Toss 10:00 Let's Sing 11:00 Guggenheimer 2:00 Happy Hour-Rose Room 4:00 What Can I Do 4 U?	 September 2026 		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 September 2026 		1 9:15 Garden Walks-PP 9:30 Power Up 11:00 Crack the Code -on the Balcony 1:30 Bingo-PP 2:45 Bingo-AG	2 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Zen Retreat-AG 2:00 Sisters of Choice Entertain-Rose Room 4:00 Pathway Walks-AG 6:00 Evening Bingo	3 9:30 Group Exercises 11:00 Church Service-Cooks United: <i>Rev. Charmain</i> 1:30 Ice Cream Cart 2:45 Euchre	4 9:15 Garden Strolls-PP 9:30 Power Up 10-12 Tuck Shop Open 11:00 Word Game -on the Balcony 1:15 Garden Strolls-AG 2:55-2:35 Music with Cam	5 9:30 Flower Arranging -in the Rose Room 11:00 Garden Walks-PP 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG
6 9:30 Group Exercises 11:00 Music on Demand 1-3 Tuck Shop Open 2:00 Church Service- Compass Church : <i>Rick Binder</i>	7 	8 9:15 Garden Walks-AG 9:30 Power Up 11:00 Guggenheimer 1:30 Mini-Putt-on Balcony 2:45 Short Stories-on Balcony	9 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 1:30 Scenic Drive 1:45 Giant Crossword 6:00 Evening Bingo	10 9:30 Group Exercises 11:00 Giant Crossword 1:30 Ice Cream Cart 2:45 Euchre 3:45 Strolls n Rolls with Hayley-PP	11 9:15 Garden Walks-AG 9:30 Power Up 10-12 Tuck Shop Open 11:00 Balloon Badminton 1:30 Bingo-PP 2:45 Bingo-AG	12 9:30 Flower Arranging -in the Rose Room 2:00 Jimmy's Old Time Radio Show-Rose Room
13 9:30 Elimination Cards-PP 11:00 Elimination Cards-AG 1-3 Tuck Shop Visits 2:00 Giant Scrabble -in the Rose Room	14 9:30 Group Exercises 11:00 Lynette's Book Group 11:00 Crokinole 1:45 Art Corner Craft	15 9:30 Group Exercise 10:15 Resident's Council -in the Chapel 11:00 Manicures-AG 1:30 Jeopardy 3:30 Rolls n Strolls 5:30-7:00 Strathroy Cruisers Car Show -Front Parking Lot	16 9:30 Power Up 10-12 Tuck Shop Open 10:30 Catholic MASS 2:00 Garden Party with Jeremy 6:00 Evening Bingo	17 9:30 Group Exercises 11:00 Church Service -Pastor Dave & Grace 1:30 Ice Cream Cart 2:45 Euchre 4:00 Manicures-PP	18 9:15 Hand Massages & Visits-AG 9:30 Power Up 10-12 Tuck Shop Open 11:00 Garden Walks 1:30 Bingo-PP 2:45 Bingo-AG	19 9:30 Flower Arranging -in the Rose Room 11:00 Garden Strolls 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG
20 9:15 Manicures-AG 11:00 Name 10 1-3 Tuck Shop Visits 2:00 Church Service-<i>John Mark Charlton</i>	21 9:30 Group Exercises 11:00 Giant Crossword 1:30 Guess Who? 2:45 Rolls n Strolls	22 9:30 Power Up 10:00 Morning Drive 2:00 Music with Wayne -Rose Room	23 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 1:30 Fall Art-PP 3:00 Fall Art-AG 6:00 Choir Practice-Chapel	24 9:30 Group Exercises 11:00 Balloon Badminton 1:30 Ice Cream Cart 2:45 Euchre 4:00 Hand Massages & Visits with Julia	25 9:15 Hand Massages & Visits-PP 9:30 Power Up 10-12 Tuck Shop Open 11:00 Stories from the Heart 1:30 Bingo-PP 2:45 Bingo-AG	26 9:30 Flower Arranging -in the Rose Room 11:00 Garden Rolls & Strolls 1:30 Fall Trivia & Treats 2:45 Rolls n Strolls
27 9:30 Crazy Eights 11:00 Balloon Badminton 1-3 Tuck Shop Visits 2:00 Church Service -Richard Taminga	28 9:30 Group Exercises 11:00 Lynette's Book Group 11:00 Manicures-PP 1:45 Let's Travel	29 9:15 Friendship Circle 9:30 Power Up 11:00 Portuguese Fellowship 1:30 Bingo-PP 2:45 Bingo-AG 6:00 Bowling-in the Rose Room	30 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Manicures-AG 2:00 Happy Hour-Rose Room 6:00 Evening Bingo with The Girl Guides	PARKVIEW PLACE & ARBOUR GLEN		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2026 		1 9:30 Group Exercises 11:00 1:1 Visits 1:30 Scenic Drive 1:45 Giant Crossword 4:00 Pathway Walks-HW 6:00 Evening Bingo	2 9:30 Power Up 10-12 Tuck Shop Open 11:00 Garden Walks-SM 2:00 Sisters of Choice Entertain-Rose Room	3 9:15 Baby Willa Visits 9:30 Power Up 11:00 Church Service-Cooks United: <i>Rev. Charmain</i> 1:30 Ice Cream Cart 2:45 Euchre	4 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Pathway Walks-SM 2:10-2:50 Music with Cam 3:15 Pathway Walks-HW	5 9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution
6 9:30 Group Exercises 11:00 Pathway Walks 1-3 Tuck Shop Open 2:00 Church Service- Compass Church :<i>Rick Binder</i>	7 	8 9:30 Group Exercises 11:00 Summer Walks-HW 1:30 Bingo-HW 2:45 Bingo -SM	9 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 1:30 Let's Travel-<i>Montreal</i> 4:00 Garden Strolls-SM	10 9:15 Visits with Ana 11:00 Crazy 8's 1:30 Ice Cream Cart 1:30 Strolls n Rolls with Hayley 2:45 Euchre 6:00 Evening Bingo	11 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Garden Walks-SM 2:00 Music with <i>The Sweet Melodies</i>	12 9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution 2:00 Jimmy's Old Time Radio Show-Rose Room
13 9:30 Balloon Badminton -Rose Room 11:00 Hand Massages & Visits-SM 1-3 Tuck Shop Visits 2:00 Giant Scrabble -in the Rose Room	14 9:15 Baby Kiya Visits-HW 9:30 Power Up 11:00 Lynette's Book Group 11:00 Let's Swing-HW 1:30 Bingo-HW 2:45 Bingo -SM	15 9:30 Power Up 10:15 Resident's Council -in the Chapel 1:30 Art Corner-Rose Room 5:30-7:00 Strathroy Cruisers Car Show -Front Parking Lot	16 9:30 Group Exercises 10-12 Tuck Shop Open 10:30 Catholic MASS 2:00 Garden Party with Jeremy Smith 4:00 Manicures-HW	17 9:30 Power Up 11:00 Church Service -Pastor Dave & Grace 1:30 Ice Cream Cart 2:45 Euchre 6:00 Evening Bingo	18 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Zen Retreat-SM 1:30 Elimination Cards-HW 2:45 Elimination Cards-SM	19 9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution
20 9:30 Balloon Badminton -Rose Room 11:00 Wildcat Chats 1-3 Tuck Shop Visits 2:00 Church Service-<i>John Mark Charlton</i>	21 9:30 Power Up 10:00 Morning Drive 1:30 Bingo-HW 2:45 Bingo -SM	22 9:30 Group Exercises 11:00 Crack the Code -in the Rose Room 2:00 Music with Wayne -Rose Room	23 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 1:30 Shuffleboard-HW 2:45 Shuffleboard-SM 4:00 Manicures- SM 6:00 Choir Practice-Chapel	24 9:15 Baby Kiya Visits-SM 9:30 Power Up 11:00 Zen Retreat-HW 1:30 Ice Cream Cart 2:45 Euchre 6:00 Evening Bingo	25 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Manicures-SM 1:30 Elimination Cards-HW 2:45 Elimination Cards-SM	26 9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution
27 9:45 Fall Art-Rose Room 1-3 Tuck Shop Visits 2:00 Church Service -Richard Taminga	28 9:15 Zen Retreat-HW 9:30 Power Up 11:00 Lynette's Book Group 11:00 Let's Swing-SM 1:30 Bingo-HW 2:45 Bingo -SM	29 9:30 Group Exercises 11:00 Fall Walks 1:30 Scenic Drive 1:45 Manicures-HW 3:00 Manicures-SM 6:00 Bowling-in the Rose Room	30 9:30 Power Up 10-12 Tuck Shop Open 11:00 Manicures-HW 2:00 Happy Hour-Rose Room 4:00 Manicures-SM 6:00 Evening Bingo with The Girl Guides	Sydenham Meadows & Hickory Woods		