

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# MAY 2026



<p>9:15 Exercises &amp; Ball Toss 10:00 Finish the Line 11:00 Walks &amp; Talks 1:15 Bean Bag Toss 2:00 Calming Colouring 2:45 Hymn Sing 3:30 Virtual Church Service</p> <p><b>3</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Short Stories 11:00 Mother's Day Church Service-Brad Morrison 1:30 Sing-along 2:15 Shuffleboard 3:15 What Can I Do 4 U?</p> <p><b>4</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Music on Demand 11:00 Name 3 1:30 Bingo 2:30 Rolls &amp; Strolls 3:00 Visits with Karen 6:00 Evening Drive</p> <p><b>5</b></p>	<p>9:15 Pet Visits with Peanut 11:00 Guggenheimer 2:00 Old Tyme Heritage Band 4:00 What Can I Do 4 U?</p> <p><b>6</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Music &amp; Hand Massages 11:00 Dice Game 1:30 Ice Cream Cart 2:30 Shuffleboard 4:15 What Can I Do 4 U?</p> <p><b>7</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Monthly Gazette 11:00 Tuck Shop Visits 12:00 Calendar Craze 1:25-2:05 Music with Cam 2:30 Shuffleboard</p> <p><b>1</b></p>	<p>9:15 Flower Arranging 10:00 Exercises &amp; Balloon Toss 11:00 Sing-along 1:15 Word Game 2:00 Calming Colouring 3:00 Walks &amp; Talks</p> <p><b>2</b></p>
<p>Happy Mother's Day</p> <p>1:15 Mother's Day Art 2:15 Balloon Toss 3:00 Hymn Sing 3:30 Virtual Church Service</p> <p><b>10</b></p>	<p>10:00 Scenic Drive 1:30 Bingo 2:45 Walks &amp; Talks</p> <p><b>11</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Music &amp; Hand Massages 11:00 Short Stories 2:00 Mocha Shrine Band 4:00 What Can I Do 4 U? 6:00 Firefighter Bingo -in the Rose Room</p> <p><b>12</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Finish the Line 11:00 Catholic Communion 1:15 The Finlays Entertain 2:15 Elimination Cards 3:15 Rolls &amp; Strolls</p> <p><b>13</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Name 3 11:00 Church Service-in chapel 1:30 Ice Cream Cart 2:30 Music &amp; Manicures 3:15 Rolls n Strolls 4:15 What Can I Do 4 U? 6:00 Movie Night-Chapel</p> <p><b>14</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Word Game 11:00 Tuck Shop Visits 1:30 Shuffleboard 2:30 Ipad Visits</p> <p><b>15</b></p>	<p>1:15 Flower Arranging 2:00 Name 5 3:00 Short Stories</p> <p><b>16</b></p>
<p>1:15 Balloon Toss 2:15 Let's Go Outside 3:00 Hymn Sing 3:30 Virtual Church Service</p> <p><b>17</b></p>	<p>HAPPY Victoria Day</p> <p><b>18</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Sing-along 11:00 Hand Massages 1:15 Short Stories 2:00 Shuffleboard 3:00 What Can I Do 4 U?</p> <p><b>19</b></p>	<p>1:15 Music with Jeremy 2:00 Short Stories 3:00 Ipad Visits 4:15 Rolls n Strolls 6:00 Strathmere Choir 6:00 Ipad Visits with Julia</p> <p><b>20</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Short Stories 11:00 Church Service -Rev.Little 1:30 Ice Cream &amp; Piano Music 2:30 Bean Bag Toss 3:15 Name 5 4:15 Rolls &amp; Strolls</p> <p><b>21</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Music on Demand 11:00 Tuck Shop Visits 1:15 Musical Crack the Code 2:15 Let's Go Outside</p> <p><b>22</b></p>	<p>9:15 Flower Arranging 10:00 Exercises &amp; Balloon Toss 11:00 Outdoor Rolls &amp; Stroll 2:00 Don Cantwell Entertains</p> <p><b>23</b></p>
<p>9:15 Exercises &amp; Ball Toss 10:00 Name 3 11:00 Rolls n Strolls 1:15 Let's Do Some Art 2:15 Outdoor Walks 3:00 Hymn Sing 3:30 Virtual Church Service</p> <p><b>24</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Name that Tune 11:00 Strolls &amp; Rolls 1:30 Scenic Drive</p> <p><b>25</b></p>	<p>1:30 Let's Plant Flowers 4:00 Rolls n Strolls 6:00 Bingo with Girl Guides -in the Rose Room</p> <p><b>26</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Name 3 11:00 Catholic Communion 2:00 Happy Hour - Randy Grey</p> <p><b>27</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Brain Game with Karen 11:00 Hand Massages 1:30 Ice Cream Cart 2:30 Sing-along 3:15 Rolls &amp; Strolls</p> <p><b>28</b></p>	<p>9:15 Exercises &amp; Ball Toss 10:00 Sing-along 11:00 Tuck Shop Visits 1:30 Let's Plant More Flowers</p> <p><b>29</b></p>	<p>1:15 Flower Arranging 2:00 Balloon Toss 3:00 Let's Go Outside</p> <p><b>30</b></p>

**31**

1:15 Flower Craft  
2:15 Let's Go Outside  
3:00 Hymn Sing  
3:30 Virtual Church Service



# BEAR CREEK



Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday



# MAY 2026



<p><b>3</b></p> <p>9:15 Visit &amp; Hand Massages 11:00 Giant Crossword 1-3 Tuck Shop Open 2:00 Church Service -Compass Church 2:15 Teatime with Julia</p>	<p><b>4</b></p> <p>9:30 Group Exercises 11:00 Mother's Day Church Service-Brad Morrison 1:30 Bingo-PP 2:45 Bingo-AG</p>	<p><b>5</b></p> <p>9:15 Visits with Jessica 9:30 Power Up 11:30 Lunch Outing 3:00 Balloon Badminton 4:15 Hand Massages</p>	<p><b>6</b></p> <p>9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Online Games 2:00 Old Tyme Heritage Band -Rose Room 6:00 Bingo</p>	<p><b>7</b></p> <p>9:30 Group Exercises 11:00 Crack the Code 1:30 Ice Cream Cart 2:45 Euchre</p>	<p><b>8</b></p> <p>9:15 Friendship Group 9:30 Power Up 10-12 Tuck Shop Open 11:00 Mother's Day Stories 2:00 Mother's Day Social -in the Rose Room</p>	<p><b>9</b></p> <p>9:30 Flower Arranging -in the Rose Room 11:00 Manicures-AG 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG</p>
<p><b>Happy Mother's Day 10</b></p> <p>9:30 Mother's Day Art-PP 11:00 Mother's Day Art-AG 1-3 Tuck Shop Open 2:00 Virtual Church Service</p>	<p><b>11</b></p> <p>9:30 Group Exercises 11:00 Lynette's Book Group -in the Chapel 11:00 Manicures 1:30 Craft with Jess-PP 2:45 Craft with Jess-AG</p>	<p><b>12</b></p> <p>9:15 Friendship Group 9:30 Power Up 11:00 Jeopardy 2:00 Mocha Shrine Band 6:15 Firefighter Bingo -in the Rose Room</p>	<p><b>13</b></p> <p>9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 1:15 Manicures-PP 2:45 The Finlays Entertain-AG</p>	<p><b>14</b></p> <p>9:30 Group Exercises 11:00 Church Service-Pastor Dave Adams &amp; Grace 1:30 Ice Cream Cart 2:45 Euchre 6:00 Movie Night-Chapel</p>	<p><b>15</b></p> <p>9:15 Friendship Group 9:30 Power Up 10-12 Tuck Shop Open 11:00 Guggenheimer 1:30 Bingo-PP 2:45 Bingo-AG</p>	<p><b>16</b></p> <p>9:30 Flower Arranging -in the Rose Room 1:30 Shuffleboard 2:45 Outdoor Walks-AG</p>
<p><b>17</b></p> <p>9:30 Group Exercises 11:00 Morning Tea with Karen 1-3 Tuck Shop Open 2:00 Church Service -John Mark Charlton</p>	<p><b>18</b></p> <p> HAPPY Victoria Day</p>	<p><b>19</b></p> <p>9:15 Visits with Bree 9:30 Power Up 11:00 Guggenheimer 1:30 Scenic Drive 4:00 Manicures &amp; Visits-PP 6:00 Bingo</p>	<p><b>20</b></p> <p>9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Balloon Badminton 1:15 Outdoor Walks-AG 2:45 Music with Jeremy-PP 6:00 Strathmere Choir</p>	<p><b>21</b></p> <p>9:30 Group Exercises 11:00 Church Service -Rev. Little 1:30 Ice Cream Cart 2:45 Euchre</p>	<p><b>22</b></p> <p>9:15 Friendship Group 9:30 Power Up 10-12 Tuck Shop Open 11:00 Spring Walks-PP 1:30 Bingo-PP 2:45 Bingo-AG</p>	<p><b>23</b></p> <p>9:30 Flower Arranging -in the Rose Room 11:00 Manicures-AG 2:00 Don Cantwell Entertains</p>
<p><b>24</b></p> <p>9:15 Rolls n Strolls-AG 11:00 Brain Games 1-3 Tuck Shop Open 2:00 Virtual Church Service 2:15 Teatime with Julia</p>	<p><b>25</b></p> <p>9:30 Group Exercises 11:00 Lynette's Book Group -in the Chapel 11:00 Outdoor Walks-PP 1:30 Planting</p>	<p><b>26</b></p> <p>9:15 Friendship Group 9:30 Power Up 11:00 Portuguese Fellowship 11:00 Rolls n Strolls-AG 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG 6:00 Bingo with Girl Guides -in the Rose Room</p>	<p><b>27</b></p> <p>9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 2:00 Happy Hour - with Randy Grey</p>	<p><b>28</b></p> <p>9:30 Group Exercises 10:45 Resident's Council -in the Chapel 11:00 Rolls n Strolls-PP 1:30 Ice Cream &amp; Piano Music 2:45 Euchre</p>	<p><b>29</b></p> <p>9:15 Friendship Group 9:30 Power Up 10-12 Tuck Shop Open 11:00 Spring Walks-AG 1:30 Bingo-PP 2:45 Bingo-AG</p>	<p><b>30</b></p> <p>9:30 Flower Arranging -in the Rose Room 11:00 Manicures-PP 1:30 Balloon Badminton 2:45 Outdoor Walks-PP</p>

**31**

9:30 Group Exercises  
11:00 Morning Tea with Karen  
1-3 Tuck Shop Open  
2:00 Church Service  
-Bethel Baptist



# PARKVIEW PLACE & ARBOUR GLEN



STRATHMERE LODGE

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday



# MAY 2026



<p><b>3</b></p> <p>9:30 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3 Tuck Shop Open 2:00 Church Service -Compass Church</p>	<p><b>4</b></p> <p>9:15 Zen Retreat-HW 9:30 Power Up 11:00 Mother's Day Church Service-Brad Morrison 1:30 Scenic Drive</p>	<p><b>5</b></p> <p>9:30 Group Exercises 11:00 Manicures-HW 1:30 Bingo-HW 2:45 Bingo-SM</p>	<p><b>6</b></p> <p>9:15 Manicures &amp; Visits-SM 9:30 Power Up 10-12 Tuck Shop Open 11:00 Rolls n Strolls 2:00 Old Thyme Heritage Band-Rose Room 4:15 Manicures &amp; Visits-HW</p>	<p><b>7</b></p> <p>9:15 Zen Retreat-SM 9:30 Power Up 11:00 Word Game 1:30 Ice Cream Cart 2:45 Euchre 6:00 Bingo</p>	<p><b>8</b></p> <p>9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Meditation Chair Yoga 2:00 Mother's Day Social -in the Rose Room</p>	<p><b>1</b> <b>2</b></p> <p>9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution 11:00 Manicures-SM 1:30 Jeopardy- Rose Room 2:45 Manicures-SM</p>
<p><b>Happy Mother's Day 10</b></p> <p>9:30 Name 10 Trivia -in the Rose Room 11:00 Mother's Day Short Stories 1-3 Tuck Shop Open 2:00 Virtual Church Service</p>	<p><b>11</b></p> <p>9:15 Baby Willa Visits-HW 9:30 Power Up 11:00 Lynette's Book Group -in the Chapel 11:00 Pathway Walks 1:30 Bingo-HW 2:45 Bingo-SM</p>	<p><b>12</b></p> <p>9:30 Group Exercises 11:00 Crazy 8's 2:00 Mocha Shrine Band 6:15 Firefighter Bingo -in the Rose Room</p>	<p><b>13</b></p> <p>9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 2:00 The Finlay's Entertain</p>	<p><b>14</b></p> <p>9:15 Baby Willa Visits-HW 9:30 Power Up 11:00 Church Service-Pastor Dave Adams &amp; Grace 1:30 Ice Cream Cart 2:45 Euchre 6:00 Movie Night- Chapel</p>	<p><b>15</b></p> <p>9:15 Manicures &amp; Visits 9:30 Power Up 10-12 Tuck Shop Open 11:00 Crack the Code 1:30 Shuffleboard-HW 2:45 Shuffleboard-SM</p>	<p><b>16</b></p> <p>9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution 11:00 Manicures-HW</p>
<p><b>17</b></p> <p>9:30 Group Exercises 11:00 Crack the Code-in the Rose Room 1-3 Tuck Shop Open 2:00 Church Service -John Mark Charlton</p>	<p><b>18</b></p> 	<p><b>19</b></p> <p>9:30 Group Exercises 11:00 Spring Walks 1:30 Outdoor Visits-SM 1:30 Bingo-HW 2:45 Bingo-SM 2:45 Outdoor Visits-HW</p>	<p><b>20</b></p> <p>9:15 Baby Bauer Visits-HW 9:30 Power Up 10-12 Tuck Shop Open 11:00 Brain Games 2:00 Music with Jeremy 3:00 Spring Walks 6:00 Strathmere Choir</p>	<p><b>21</b></p> <p>9:15 Baby Bauer Visits-SM 9:30 Power Up 11:00 Church Service -Rev. Little 1:30 Ice Cream &amp; Piano Music 2:45 Euchre 6:00 Bingo</p>	<p><b>22</b></p> <p>9:30 Group Exercises 10-12 Tuck Shop Open 11:30 Lunch Outing</p>	<p><b>23</b></p> <p>9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution 2:00 Don Cantwell Entertains</p>
<p><b>24</b></p> <p>9:30 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3 Tuck Shop Open 2:00 Virtual Church Service</p>	<p><b>25</b></p> <p>9:15 Zen Retreat-SM 9:30 Power Up 11:00 Lynette's Book Group -in the Chapel 11:00 Pathway Walks 1:30 Bingo-HW 2:45 Bingo-SM</p>	<p><b>26</b></p> <p>9:30 Group Exercises 11:00 Crazy 8's 1:30 Let's Plant 6:00 Bingo with Girl Guides -in the Rose Room</p>	<p><b>27</b></p> <p>9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 2:00 Happy Hour with Randy Grey</p>	<p><b>28</b></p> <p>9:15 Zen Retreat-SM 9:30 Power Up 10:45 Resident's Council -in the Chapel 11:00 Visits with Jessica 1:30 Ice Cream Cart 2:45 Euchre</p>	<p><b>29</b></p> <p>9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Outdoor Walks 1:30 Shuffleboard (HW) -Patio 2:45 Shuffleboard (SM) -Patio</p>	<p><b>30</b></p> <p>9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution</p>

**31**

9:30 Elimination Cards-HW  
11:00 Elimination Cards-SM  
1-3 Tuck Shop Open  
2:00 Church Service  
-Bethel Baptist



# SYDENHAM MEADOWS & HICKORY WOODS

