

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026

## BEAR CREEK



<b>1</b> <b>Ground Hog Day</b>  1:15 Virtual Table Games 2:00 What Comes Next? 2:45 Hymn Sing 3:30 Virtual Church Service	<b>2</b> 9:15 Exercises & Ball Toss 10:00 Name 3 11:00 Short Stories 2:00 Music with Mike Meacher-Rose Room 1:30 Bingo 2:30 Walks & Talks	<b>3</b> 9:15 Exercises & Ball Toss 10:00 Monthly Gazette 11:00 Music Requests 1:30 Bingo 2:30 Walks & Talks	<b>4</b> 9:15 Exercises & Ball Toss 10:00 Hand Massages & Music 11:00 Finish the Line 1:30 Valentine Craft 2:45 Ipad Visits 4:00 Visits with Julia	<b>5</b> 9:15 Exercises & Ball Toss 10:00 What Comes Next? 11:00 Music on Demand 1:30 Ice Cream Cart 2:45 Olympic Rings Art 4:00 Visits & Hand Massages	<b>6</b> <b>MILANO CORTINA</b>  <b>2026 Olympics Opening Ceremonies</b> 9:15 Exercises & Ball Toss 10:00 Word Games 11:00 Tuck Shop Visits 1:25-2:05 Music with Cam 2:15 Virtual Table Games	<b>7</b> 1:15 Flower Arranging 1:45 Balloon Toss 2:30 Hand Massages & Music 3:15 What Can I Do 4 U?
<b>8</b> 1:15 Let's Puzzle 2:00 Short Stories 2:45 Hymn Sing 3:30 Virtual Church Service	<b>9</b> 9:15 Exercises & Ball Toss 10:00 Music Playlist 11:00 Short Stories 1:30 Bingo 2:45 What Can I Do 4 U?	<b>10</b> <b>LODGE OLYMPICS DAY</b> <b>Support Canada &amp; Wear Your RED</b> 9:15 Exercises & Ball Toss 10:00 Hand Massages & Music 11:00 Short Stories 1:45 Lodge Olympic Games -in the Rose Room 4:00 Music by Request	<b>11</b> 9:15 Exercises & Ball Toss 10:00 What Comes Next? 11:00 Catholic Communion 1:15 The Finlay's Entertain 2:15 Elimination Cards 4:00 Walks n Talks	<b>12</b> 9:15 Exercises & Ball Toss 10:00 Name 3 11:00 Church Service-Pastor Dave Adams 1:30 Ice Cream Cart & Piano Music 2:45 Virtual Table Games 4:00 What Can I Do 4 U?	<b>13</b> 9:15 Exercises & Ball Toss 10:00 Valentine's Short Stories 11:00 Tuck Shop Visits 1:30 Shuffleboard 2:30 Rolls n Strolls	<b>14</b> <b>HAPPY VALENTINE'S DAY PINK, PURPLE &amp; RED DAY</b> 11:00 Short Stories with Bree 2:00 Music with Brent Meidinger -Rose Room
<b>15</b> 1:15 Giant Horserace Game 2:00 Balloon Toss 2:45 Hymn Sing 3:30 Virtual Church Service	<b>16</b> 	<b>17</b> 9:15 Exercises & Ball Toss 10:00 Let's Sing 11:00 Short Stories 1:30 Bingo 2:45 Calming Colouring 4:00 Walks & Talks 6:00 Movie Night -in the Chapel	<b>18</b> 9:15 Exercises & Ball Toss 10:00 Sparkling Specs 11:00 Guggenheimer 1:15 Music with Jeremy 2:15 Shuffleboard 4:00 Rolls n Strolls	<b>19</b> 9:15 Exercises & Ball Toss 10:00 Music on Demand 11:00 Church Service -Rev. Greg Little 1:30 Ice Cream Cart 2:45 Let's Puzzle 4:00 What Can I Do 4 U?	<b>20</b> 9:15 Exercises & Ball Toss 10:00 Manicures & Music 11:00 Tuck Shop Visits 1:30 Elimination Cards 2:30 Walks & Talks	<b>21</b> 1:15 Flower Arranging 1:45 Family Feud 2:30 Virtual Table Games 3:15 What Can I Do 4 U?
<b>22</b> <b>MILANO CORTINA</b>  <b>2026 Olympics Closing Ceremonies</b> 1:15 Name that Tune 2:00 Tower Topple 2:45 Hymn Sing 3:30 Virtual Church Service	<b>23</b> 9:15 Exercises & Ball Toss 10:00 Sing-along 11:00 Short Stories 1:30 Bingo 2:45 1:1 Visits	<b>24</b> 9:15 Exercises & Ball Toss 10:00 Coffee Talk 11:00 Guggenheimer 1:30 Let's Paint 2:30 What Can I Do 4 U?	<b>25</b> 9:15 Exercises & Ball Toss 10:00 Ipad Visits 11:00 Catholic Communion 2:00 Happy Hour with Randy Grey 4:00 Visits with Karen	<b>26</b> 9:15 Exercises & Ball Toss 10:00 Hand Massages & Music 11:00 Shuffleboard 1:30 Ice Cream Cart 2:45 Elimination Cards 4:15 What Can I Do 4 U?	<b>27</b> 9:15 Exercises & Ball Toss 10:00 Hand Massages & Music 11:00 Tuck Shop Visits 12:00 Calendar Craze 1:30 Elimination Cards 2:30 Rolls n Stroll	<b>28</b> 1:15 Flower Arranging 1:45 Balloon Toss 2:30 What Comes Next? 3:15 Hand Massages & Visits

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# February 2026



## SYDENHAM MEADOWS & HICKORY WOODS

1	<b>Ground Hog Day</b> 9:30 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3 Tuck Shop Open 2:00 Church Service-Tracy Smink:Compass Church	2	9:30 Group Exercises 11:00 Manicures-SM 2:00 Music with Mike Meacher-Rose Room 4:15 Manicures-HW 6:00 Wheel of Fortune -in the Rose Room 2:45 Bingo-SM	3	9:15 Manicures 9:30 Power Up 10-12 Tuck Shop Open 11:00 Word Game 1:30 Valentine's Day Cards & Gift Craft 6:00 Bingo	4	9:15 Zen Retreat-SM 9:30 Power Up 11:00 Virtual Table Games-HW 1:30 Ice Cream Cart 2:45 Euchre 4:15 Room to Room Visits	5	<b>MILANO CORTINA</b>  <b>2026 Olympics Opening Ceremonies</b> 9:30 Group Exercises 10-12 Tuck Shop Open 10:15 Pillar of the Academy Visits 2:10-2:50 Music with Cam	6	9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution	7
8	9:30 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3 Tuck Shop Open 2:00 Church Service-John Mark Charlton-Grace Baptist	9	9:15 Zen Retreat-HW 9:30 Power Up 11:00 Wildcat Chats-Chapel 1:30 Bingo-HW 2:45 Bingo-SM	10	<b>LODGE OLYMPICS DAY</b> Support Canada & Wear Your RED 9:30 Group Exercises 1:45 Lodge Olympic Games -in the Rose Room 4:00 Manicures-SM 6:00 Heart Ornament Craft -in the Rose Room	11	9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 2:00 The Finlay's Entertain 3:15 Balloon Badminton 6:00 Bingo	12	9:15 Zen Retreat-SM 9:30 Power Up 11:00 Church Service-Pastor Dave Adams 1:30 Ice Cream Cart & Piano Music-in the Rose Room 2:45 Euchre 4:15 Manicures-HW	13	<b>HAPPY VALENTINE'S DAY</b> <b>PINK, PURPLE &amp; RED DAY</b> 9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution 2:00 Music with Brent Meidinger -Rose Room	14
15	9:30 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3 Tuck Shop Open 2:00 Church Service-Pastor Allan Self-Bethel Baptist	16		17	9:30 Group Exercises 11:00 Manicures-SM 1:30 Shuffleboard-HW 2:45 Shuffleboard-SM 4:00 Visits & Hand Massages-HW 6:00 Movie Night -in the Chapel	18	9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Meditation Yoga 2:00 Music with Jeremy 3:30 Beat the Alphabet-SM 6:00 Bingo	19	9:15 Zen Retreat-SM 9:30 Power Up 11:00 Church Service -Rev. Greg Little 1:30 Ice Cream Cart 1:30 Manicures-HW 2:45 Euchre	20	9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Brain Games 1:30 Bingo-HW 2:45 Bingo-SM	21
22	<b>MILANO CORTINA</b>  <b>2026 Olympics Closing Ceremonies</b> 9:30 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3 Tuck Shop Open 2:00 Virtual Church Service	23	9:15 Zen Retreat-HW 9:30 Power Up 11:00 Virtual Table Games-SM 1:30 Bingo-HW 2:45 Bingo-SM	24	9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Word Game 1:30 Bean Bag Toss-HW 2:45 Bean Bag Toss-SM	25	9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 2:00 Happy Hour with Randy Grey 6:00 Bingo	26	9:15 Zen Retreat-SM 9:30 Power Up 10:45 Resident's Council -in the chapel 1:30 Ice Cream Cart 2:45 Euchre 4:15 Manicures-SM	27	9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Calendar Craze 1:30 Let's Travel to Singapore-in the Chapel 11:00 Flower Distribution	28

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# February 2026

## PARKVIEW PLACE & ARBOUR GLEN

1	<b>Ground Hog Day</b> 9:30 1:1 Visits-PP 11:00 Guggenheimer 1-3 Tuck Shop Open 2:00 Church Service-Tracy Smink:Compass Church	2	9:15 Manicure-AG 9:30 Power Up 11:00 Crazy 8's 2:00 Music with Mike Meacher-Rose Room 6:00 Wheel of Fortune -in the Rose Room	3	9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Music by Request 1:30 Bingo-PP 2:45 Bingo-AG 3:30 1:1 Puzzling with Bree	4	9:30 Group Exercises 11:00 Valentine's Short Stories-AG 1:30 Ice Cream 2:45 Euchre 6:00 Bingo	5	<b>MILANO CORTINA</b>  <b>2026 Olympics</b> <b>Opening Ceremonies</b> 9:15 Friendship Group-AG 9:30 Power Up 10-12 Tuck Shop Open 11:00 Brain Game 1:15 Visits with Jess 2:55-3:30 Music with Cam-AG	6	9:30 Flower Arranging -in the Rose Room 11:00 Manicures-AG 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG	7
8	9:30 Room to Room Visits-AG 11:00 Giant Crossword 1-3 Tuck Shop Open 2:00 Church Service-John Mark Charlton-Grace Baptist	9	<b>LODGE OLYMPICS DAY</b> Support Canada & Wear Your <b>RED</b> 9:15 Manicures-AG 9:30 Power Up 11:00 Olympic Trivia 1:45 Lodge Olympic Games -in the Rose Room 6:00 Heart Ornament Craft -in the Rose Room	10	9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 2:45 The Finlay's Entertain- 4:15 Manicures-PP	11	9:30 Group Exercises 11:00 Church Service-Pastor Dave Adams 1:30 Ice Cream Cart & Piano Music 2:45 Euchre 6:00 Bingo	12	9:15 Friendship Group-PP 9:30 Power Up 10-12 Tuck Shop Open 11:00 Balloon Badminton 1:30 Bingo-PP 2:45 Bingo-AG	13	<b>HAPPY VALENTINE'S DAY</b> <b>PINK, PURPLE &amp; RED DAY</b> 9:30 Flower Arranging -in the Rose Room 2:00 Music with Brent Meidinger -Rose Room	14
15	9:30 Group Exercises 11:00 Valentine's Crack the Code 1-3 Tuck Shop Open 2:00 Church Service-Pastor Allan Self-Bethel Baptist	16	<b>FAMILY DAY</b> 9:15 Friendship Group-AG 9:30 Power Up 11:00 Portuguese Fellowship 1:30 Bingo-PP 2:45 Bingo-AG 6:00 Movie Night -in the Chapel	17	9:30 Power Up 10-12 Tuck Shop Open 11:00 Jeopardy with Jess 1:15 Manicures-AG 2:45 Music with Jeremy-AG	18	9:30 Group Exercises 11:00 Church Service -Rev. Greg Little 1:30 Ice Cream Cart 2:45 Euchre 3:30 Manicures-PP 6:00 Bingo	19	9:15 Friendship Group-PP 9:30 Power Up 10-12 Tuck Shop Open 11:00 Wildcats Chat 1:30 Music by Request 2:45 Room to Room Visits with Karen-AG	20	9:30 Flower Arranging -in the Rose Room 11:00 Manicures-AG 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG	21
22	<b>MILANO CORTINA</b>  <b>2026 Olympics</b> <b>Closing Ceremonies</b> 9:30 Music & Memories 11:00 Room to Room Visits-PP 1-3 Tuck Shop Open 2:00 Virtual Church Service	23	9:30 Group Exercises 11:00 Balloon Badminton 1:45 Let's Travel to Singapore	24	9:15 Friendship Group-PP 9:30 Power Up 11:00 Brain Game 1:30 Bingo-PP 2:45 Bingo-AG	25	9:30 Group Exercises 10:45 Resident's Council -in the chapel 11:00 Catholic Communion 2:00 Happy Hour with Randy Grey 4:15 Visits & Hand Massages-AG	26	9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Visits with Jess 1:30 Ice Cream Cart 2:45 Euchre 6:00 Bingo	27	9:30 Flower Arranging -in the Rose Room 11:00 Manicures-PP 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG	28

**STRATHMERE LODGE**