



Resident, Family, Friend and Responsible Party Newsletter – Nov. 2025

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. Lodge Initiative – Strategic Review and Strategic Plan



Further to Middlesex County Council approval, Strathmere Lodge (owned and operating by Middlesex County) will be going through a period of strategic review to establish a strategic plan – a roadmap for The Lodge to follow for the

coming years.

This initiative will be facilitated by a third-party consultant with expertise in strategic planning, who will lead The Lodge in assessing Lodge performance (including comparing The Lodge to other long term care homes operated by other municipalities), identifying opportunities for improvement/innovation, and ensuring a long-range plan for the future.

The planning process will include an opportunity for Lodge residents, families and front-line staff to provide input into The Lodge's long-range plan for the future.

The planning process will take place between November 2025 and early in the New Year.

The external consultant will be approved by Middlesex County Council in early November, and further details of The Lodge's planning initiative will be shared soon.

2. Resident COVID Vaccination – For Fall 2025 Season



Please be advised that we will be offering residents the COVID vaccine over the coming weeks.

We will follow your COVID vaccination consent direction currently on file, however, if you want to change what is currently on file regarding COVID vaccination consent/decline direction, or if you have questions about the vaccine, please contact La Toya Couwenberg, Lodge Infection Prevention and Control Lead (RN), at ext. 6360 (or via email at lcouwenberg@middlesex.ca).

3. National Institute on Aging (NIA) – Webinar on Vaccines



In recognition of World Pneumonia Day, the National Institute on Aging (NIA) in Toronto is hosting a webinar on November 13th at 12:00 – 1:00 p.m., to highlight the importance of vaccinations to promote healthy aging, disease prevention, and aging-in-the-right-place.

Learn about key immunizations, including flu, RSV, COVID-19, and pneumonia, and hear from experts Dr. Samir Sinha and Dr. Vivien Brown on national guidance, coverage, and how to navigate vaccine options for older adults. [Click here](#) to register.

4. Lodge Improvements Implemented



As part of adhering to our provincial long term care homes legislation, we communicate improvements made to our care, services, programs, goods/products and accommodations. To that end, improvements made since our last newsletter improvement report include:

- a) New electronic piano (resident programming)
- b) Student Placement - Hosting 21 nursing students from the Western University-Fanshawe College Collaborative Bachelor of Nursing (BScN) Program
 - Assisting 21 students to complete their Nursing education requirements
 - Students on-site at The Lodge Monday-Wednesday from October to December

- Mutually beneficial in that the students provide The Lodge with “extra hands” to care for Lodge residents
- Assists The Lodge to recruit future Nursing staff

5. November Special Events



Please pick up and check out our monthly Recreation calendar (given to every individual resident, in addition to being available in each Resident Home Area, and on our [web page](https://www.middlesex.ca/departments/long-term-care/recreation) at: <https://www.middlesex.ca/departments/long-term-care/recreation>) for events that you may find of interest and would like to attend.

Our upcoming events for November include:

- Nov. 4th – Domino’s pizza for lunch (for residents and staff courtesy of The Lodge’s Ladies’ Auxiliary)
- Nov. 5th – Music with The Acoustic Traveller (2pm-3pm in the Rose Room)
- Nov. 13th – Lodge Concert (first ever) featuring The Lodge Choir and members of the Crackers musical group (6pm in the Rose Room) – all are welcome to come out and support our talented residents
- Nov. 26th – Happy Hour with Randy Grey (2pm-3pm in the Rose Room)

6. Resident Clothing Closet and Drawers



Our Lodge clothes laundering process results in quick turnaround times, which minimizes the need to have/store large volumes of clothing in the provided closet and drawers.

Given that our closets and drawers have finite space, we ask families to rotate clothing in/out as the seasons change, in order to avoid large volumes of clothing in the closet and drawers, which can lead to disorganization.

We appreciate families’ assistance in reviewing clothing in order to ensure that clothing is kept organized, easily accessible, and seasonally relevant.

7. Labelling of Residents' Clothing



To prevent missing clothing ... This is a reminder that new clothing needs to be labelled with the resident's name before a resident begins to wear it (this also includes items such as shoes/slippers and personal blankets/throws). Please ensure that you use the Clothing Bin near the main entrance to deposit clothing requiring labelling, after inventorying the clothing items on the form provided at the bin (further instructions are provided at the clothing bin). Note that, if clothing enters our laundry system without first having a resident's name affixed, it may not be possible to trace unlabelled clothing back to the applicable resident.

For inquiries regarding missing clothing and the like, please contact Jeff Turnbull, Lodge Environmental Services Manager, at (519) 245-2520, ext. 6244 (or, via email: jturnbull@middlesex.ca).

8. Labelling of Other Personal Resident Items



Apart from clothes labelling noted above, residents/families are encouraged to label other personal resident effects (including new items brought to The Lodge from time-to-time), notably items that are more portable in nature, such as TV remote controls.

9. In Conclusion



Please let me know if you would like to see certain issues addressed in future newsletter editions (contact Brent Kerwin, Administrator, 519-245-2520, ext. 6222, or via email at: bkerwin@middlesex.ca).

Please share a copy of this newsletter with other family members and friends, or direct them to our web page: <http://www.middlesex.ca/departments/long-term-care>.

Hardcopies of our newsletter are also maintained at our Public Information Board near Reception. Copies of older newsletter editions are compiled in binders at our Reception Desk, and are available for your review.

Brent Kerwin, Administrator