

**Resident, Family, Friend and Responsible Party** **Newsletter – Sept. ‘22**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Coronavirus (COVID-19) Pandemic Update**



Here are the main points currently governing Visiting during the on-going pandemic (subject to ongoing change):

1. There is no longer a vaccination requirement (though vaccination is highly recommended);
2. Indoor visits are to be conducted no more than four (4) visitors at a time per resident, but there is no limit as to who can visit (unless The Lodge is in an Outbreak situation);
3. Visitors can be five (5) years old or older;
4. Mask wearing remains mandatory at all times when visiting indoors, as per provincial mandate;
5. We continue to do on-site rapid antigen testing and health screening for both indoor and outdoor visits (mandated by the province); and
6. Residents may leave Lodge premises, and are not required to isolate upon return, unless COVID infection is suspected/determined (restrictions on leaving the premises will be in place in the event of an Outbreak situation).

The importance of not visiting when you feel unwell cannot be stressed enough. COVID is still prevalent.

Please contact The Lodge with any questions regarding Visiting during the pandemic.

1. **Telephone Calls During Resident Meal Times**

[](https://www.google.ca/imgres?imgurl=http://davidyorkhomehealthcare.com/wp-content/uploads/2017/04/MyPlate-for-Older-Adults.jpg&imgrefurl=http://davidyorkhomehealthcare.com/how-myplate-for-older-adults-is-helping-improve-senior-care/&docid=7-9Dsl_pb3idzM&tbnid=CIy52HtHx-YM9M:&vet=1&w=1145&h=916&bih=934&biw=1920&ved=2ahUKEwio77D_ptDgAhXI3YMKHaLVCboQxiAoBnoECAEQGg&iact=c&ictx=1)

Meal Time (breakfast, lunch and supper) is the “highlight of the day” for many residents. As such, our comprehensive provincial long term care homes legislation requires us to provide meal service in an efficient and effective manner.

In order for us to focus on residents’ needs during meal times, including safe administering of medications ordered with meals, we are encouraging family and friends to place their non-urgent phone calls to the resident home areas outside of the following core meal times:

1. 8:15am to 9:00am;
2. Noon to 12:45pm; and
3. 5:00pm to 5:45pm.

Please contact me if you have any questions or concerns on this matter (Brent Kerwin, 519-245-2520, ext. 6222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

1. **New – Electronic Funds Transfer (EFT) Option**



For residents with Strathmere Lodge resident trust accounts, deposits to trust accounts can now be done electronically (e.g., for those who prefer EFT over providing us with cheques).

If opting for EFT, use email address: [trustfund@middlesex.ca](mailto:trustfund@middlesex.ca) (and insert resident name in Message section).

Contact Augustine Caines, Office Supervisor (at ext. 6246, or via email at: [acaines@middlesex.ca](mailto:acaines@middlesex.ca)) with any questions.

1. **Labelling of Residents’ Clothing**

[](https://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjKj_KFirjcAhVF6YMKHeqFB1kQjRx6BAgBEAU&url=https://www.cefacemimi.ro/4-trucuri-ca-sa-ti-prepari-singura-balsamul-de-rufe/&psig=AOvVaw1qGxdQlTo5PeZ10Q9s-lu7&ust=1532533382976933)

To prevent missing clothing … This is a reminder that new clothing needs to be labelled with the resident’s name before a resident begins to wear it (this also includes items such as shoes/slippers and personal blankets/throws). Please ensure that you use the Clothing Bin near the main entrance to deposit clothing requiring labelling, after inventorying the clothing items on the form provided at the bin (further instructions are provided at the clothing bin).

For inquiries regarding missing clothing and the like, please contact John Fournier, Environmental Services Manager, at (519) 245-2520, ext. 6244 (or, via email: [jfournier@middlesex.ca](mailto:jfournier@middlesex.ca)).

1. **In Conclusion ….**

[](https://www.google.ca/imgres?imgurl=http://cdn.grid.fotosearch.com/CSP/CSP994/k16311669.jpg&imgrefurl=http://www.fotosearch.com/clip-art/book-end.html&docid=VKKKK_-pYepByM&tbnid=jE0epHvfJrbOgM:&w=180&h=180&ved=0ahUKEwigwsO5_IvLAhWjnYMKHScKCjgQxiAIAg&iact=c&ictx=1)

Please let me know if you would like to see certain issues addressed in future newsletter editions (contact Brent Kerwin, Administrator, 519-245-2520, ext. 6222, or via

email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

Please share a copy of this newsletter with other family members and friends, or direct them to our [web page](http://www.middlesex.ca/departments/long-term-care): <http://www.middlesex.ca/departments/long-term-care>.

Hardcopies of our newsletter are also maintained at our Public Information Board near Reception. Copies of older newsletter editions are compiled in binders at our Reception desk, and are available for your review.

**Brent Kerwin,** Administrator