

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MARCH 2023

BEAR CREEK

			Balance Exercises 1 11:00 Birthday Photos 1:45 Elimination Cards 2:30 Refreshments & Visits 3:15 Pet Visits with Nancy 6:15 Bingo with Nancy	Balance Exercises 2 10:30 Chaplain Visits 11:00 Art Group 1:30 Ice Cream Cart 2:30 1:1 Ipad Music 3:15 Rolls, Strolls & Walkabouts	Balance Exercises 3 11:00 Tuck Shop Visits 1:25 Music with Cam 2:00 Refreshments & Visits	Balance Exercises 4 1:15 Flower Arranging 1:45 Elimination Cards 3:00 Manicures & Hand Massages
Balance Exercises 5 1:15 Shuffleboard 2:30 1:1 Visits & Card Games 3:15 Church Service	Balance Exercises 6 11:00 Helping Others 1:45 Word Game 2:30 Refreshments & Visits	Balance Exercises 7 11:00 Pic-a-Picture 1:30 Shuffleboard 2:00 1:1 Visits 3:15 Rolls, Strolls & Walkabouts 6:15 Bingo with Julia	Balance Exercises 8 11:00 Catholic Communion 1:15 Music with the Finlays 2:15 Refreshments & Visits 2:30 Let's Play Cards 3:15 1:1 Visits	Balance Exercises 9 11:00 Thinking Thursday 1:30 Ice Cream Cart 2:30 1:1 Ipad Music 3:15 Balloon Badminton with Bree	Balance Exercises 10 11:00 Sing-a-long 1:45 Elimination Cards 2:30 Refreshments & Visits	Balance Exercises 11 1:15 Flower Arranging 1:45 Bingo 3:00 Hand Massages & 1:1 Visits
Balance Exercises 12 11:00 Let's Make Bread 1:30 Name 3 2:30 Bread & Jam 3:15 Visits with Nancy 3:15 Church Service	Balance Exercises 13 11:00 1:1 Room Visits 1:45 Guggenheimer 2:30 Refreshments & Visits	Balance Exercises 14 11:00 St.Patrick's Day Photo Booth 1:45 Tuesday Trivia 2:30 Refreshments & Visits 3:15 Rolls, Strolls & Walkabouts	Balance Exercises 15 11:00 Crazy 8's Card Game 1:15 Jeremy Smith Entertains 2:00 Refreshments & Visits 3:15 Pet Visits with Nancy	Balance Exercises 16 11:00 Art Group 1:30 Ice Cream Cart 2:30 1:1 Ipad Music 3:15 Balloon Badminton with Bree	Happy St. Patrick's Day WEAR GREEN DAY Balance Exercises 17 11:00 Sing-a-long 1:45 St.Patrick's Day Bingo 2:30 Refreshments & Visits	Balance Exercises 18 1:15 Flower Arranging 1:45 Elimination Cards 3:00 Manicures & Hand Massages
Balance Exercises 19 1:30 Dice Game 2:30 Balloon Badminton 3:15 Church Service	Balance Exercises 20 11:00 Helping Others 1:45 Word Game 2:30 Refreshments & Visits	Balance Exercises 21 11:00 Crokinole 1:30 Shuffleboard 3:00 1:1 Visits 3:15 Rolls, Strolls & Walkabouts	Balance Exercises 22 11:00 Dice Game 1:15 The Goldies Entertain 2:00 Chaplain Visits 2:30 Refreshments & Visits 3:15 Pet Visits with Nancy	Balance Exercises 23 11:00 Thinking Thursday 1:30 Ice Cream Cart 2:30 1:1 Ipad Music 3:15 Rolls, Strolls & Walkabouts 6:15 Bingo with Nancy	Balance Exercises 24 11:00 Sing-a-long 1:45 Elimination Cards 2:30 Refreshments & Visits	Balance Exercises 25 9:30-10:00 Music with Jimmy 10:15 Refreshments 11:00 Shuffleboard 1:30 Elimination Cards 2:45 Ipad Music & Visits
Balance Exercises & Room to Room Visits 26 11:00 Let's Make Bread 1:30 Finishing Lines 2:30 Bread & Jam 3:15 Visits with Nancy 3:15 Church Service	Balance Exercises 27 11:00 1:1 Room Visits 1:45 Guggenheimer 2:30 Refreshments & Visits	Balance Exercises 28 11:00 Decorate Cupcakes 1:45 Tuesday Trivia 2:30 Refreshments & Visits 3:15 Rolls, Strolls & Walkabouts	Balance Exercises 29 11:00 Crazy 8's Card Game 1:45 Coats & Hats & Walkabouts 3:15 Pet Visits with Nancy	Balance Exercises 30 10:30 Chaplain's Hour 11:00 Sing-a-long 1:30 Ice Cream Cart 2:30 1:1 Ipad Music 3:15 Balloon Badminton with Bree	Balance Exercises 31 9:30 Music with Susie Q 11:00 Tuck Shop Visits 1:45 Bingo 2:30 Refreshments & Visits	

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

Hickory Woods & Sydenham Meadows

			1	2	3	4
			9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:15 Canadian Stories 1:30 Elimination Cards-HW 2:45 Elimination Cards-SM 3:15 Visits with Jessica 5:00 Diner's Club-HW	9:15 Power Up-HW 9:45 Flex the Brain-HW 10:00 Power Up-SM 10:30 Flex the Brain-SM 1:30 Ice Cream Cart 2:45 Euchre 6:00 Bingo	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 2:45 Music with Cam-HW	9:15 Visits & Manicures-HW 11:00 Guggenheimer with Julia 1:30 Big Deal Bingo-HW 2:45 Big Deal Bingo-SM
5	6	7	8	9	10	11
9:15 Shuffleboard-HW 11:00 Shuffleboard-SM 1-3 Tuck Shop Open 2:30 Church Service 6:00 Chaplain's Hour-HW	9:00 Manicures-SM 9:15 Power Up-HW 10:00 Power Up-SM 11:00 Crack the Code-HW 1:30 Bingo-HW 2:45 Bingo-SM	9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Guys Gathering 1:30 Irish Coffee & Conversation-HW 2:45 Irish Coffee & Conversation-SM 6:00 Room to Room Visits	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:15 Sparkling Specs-HW 1:30 Chaplain Visits-SM 2:45 The Finlays Entertain-SM 6:00 Bingo	9:15-11:30 Gordie Visits 9:15 Power Up-HW 10:00 Power Up-SM 10:45 Resident's Council -in the conference room 1:30 Ice Cream Cart 2:45 Euchre 3:15 Crokinole-SM	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Shuffleboard-HW 2:45 Shuffleboard-SM	9:15 Flower Arranging-HW 11:15 Let's Laugh-SM
12	13	14	15	16	17	18
9:15 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3 Tuck Shop Open 2:30 Church Service 3:00 Manicures-PP 6:00 Chaplain's Hour-SM	9:00 Manicures-HW 9:15 Power Up-HW 10:00 Power Up-SM 11:00 Guggenheimer-HW 1:30 Bingo-HW 2:45 Bingo-SM	9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Guys Gathering 1:15 St.Patty's Day Project-HW 2:45 St.Patty's Day Project-SM	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 10:30 Chaplain Visits-HW 11:15 Sparkling Specs-HW 1:30 Chaplain's Hour-SM 2:45 Music with Jeremy-HW 6:00 Bingo	9:15 Power Up-HW 10:00 Power Up-SM 1:30 Ice Cream Cart 2:45 Euchre 6:15 Curling-in the Rose Room	Happy St. Patrick's Day WEAR GREEN DAY	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 St.Patrick's Day Social-HW 2:45 St.Patrick's Day Social-SM
19	20	21	22	23	24	25
9:30 Art with Kristie-SM 11:00 Words of Wisdom-HW 1-3 Tuck Shop Open 2:30 Church Service	9:00 Manicures-SM 9:15 Power Up-HW 10:00 Power Up-SM 11:00 Guggenheimer-SM 1:30 Bingo-HW 2:45 Bingo-SM	9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Guys Gathering 1:30 Elimination Cards-HW 2:45 Elimination Cards-SM	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Catholic Communion 11:15 Sensory Visits-HW 2:45 The Goldies-SM 6:00 Bingo	9:15-11:30 Gordie Visits 9:15 Power Up-HW 10:00 Power Up-SM 1:30 Ice Cream Cart 2:45 Euchre 3:15 Crokinole-HW	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Shuffleboard-HW 2:45 Shuffleboard-SM	9:15 Manicures & Visits-SM 11:00 -11:30 Music with Jimmy-HW 1:30 Flower Arranging-SM 3:00 Manicures & Visits-HW
26	27	28	29	30	31	
9:15 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3 Tuck Shop Open 1:15 1:1 Tuck Shop Visits 2:30 Church Service 2:45 Visits & Hand Massages	9:00 Manicures-HW 9:15 Power Up-HW 10:00 Power Up-SM 11:00 Painting Group-SM 1:30 Bingo-HW 2:45 Bingo-SM	9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 1:1 Visits 1:30 Guys Group Bus Trip 3:30 Words of Wisdom	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:15 Sensory Visits-SM 1:30 Donuts & Discussion-HW 2:45 Donuts & Discussion-SM 4:00 Hand Massages-HW 6:00 Bingo	9:15 Power Up-HW 9:45 Flex the Brain-HW 10:00 Power Up-SM 10:30 Flex the Brain-SM 1:30 Ice Cream Cart 2:45 Euchre 3:15 Let's Laugh-HW 6:15 Bowling-in Rose Room	9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Music with Susie Q-HW 1:30-3:30 Coats & Hats & Outdoor Walks	

STRATHMERE LODGE

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MARCH 2023

Parkview Place & Arbour Glen

	1	2	3	4
	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Veggie Tales-PP 2:45 Veggie Tales-PP 6:15 Room to Room Visits	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Name that Tune-AG 1:30 Ice Cream Cart 1:30 Chaplain Visits-AG 2:45 Euchre 3:15 Crokinole-PP	9:00 Hand Massages & Visits-PP 9:15 Power Up-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 2:00 Music with Cam-AG	9:15 Flower Arranging-AG 11:00 Balloon Badminton-PP
5	6	7	8	9
9:15 Big Deal Bingo-PP 11:00 Big Deal Bingo-AG 1-3 Tuck Shop Open 1:45 Church Service	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Name that Tune-PP 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG	9:00 Manicures-AG 9:15 Power Up-PP 10:00 Power Up-AG 1:30 Lucky Charm Treats-AG 3:15 Visits with Kristie-PP 5:00 Diner's Club-PP	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 2:00 The Finlays Entertain-PP 3:15 1:1 Visits-AG 3:30 Chaplain's Hour- AG & PP	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10:45 Resident's Council 1:30 Ice Cream Cart 2:45 Euchre 6:00 Bingo
10	11			
12	13	14	15	16
9:30 Manicures & Visits-AG 11:00 Name 10-PP 1-3 Tuck Shop Open 1:45 Church Service	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 All Things Lucky-PP 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG	9:00 Manicures-PP 9:15 Power Up-PP 10:00 Power Up-AG 1:30 Lucky Charm Treats-PP 3:15 1:1 Visits with Kristie-AG 6:00 Bingo	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 2:00 Music with Jeremy-AG 3:15 1:1 Visits-PP	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 All Things Lucky-AG 1:30 Ice Cream Cart 2:45 Euchre 6:15 Curling -in the Rose Room
				17
				Happy St. Patrick's Day WEAR GREEN DAY
				18
				9:15 Flower Arranging-PP 11:00 5 Second Rule-AG
19	20	21	22	23
9:30 Manicures & Visits-PP 11:00 Name 10-AG 1-3 Tuck Shop Open 1:45 Church Service 6:00 Chaplain's Hour-PP	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Guess That Sound-AG 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG	9:00 Manicures-AG 9:15 Power Up-PP 10:00 Power Up-AG 1:30 Balloon Badminton-PP 2:45 Balloon Badminton-AG 3:15 Art with Kristie-AG 6:00 Bingo	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 2:00 The Goldies-PP 3:15 Visits & Hand Massages-PP	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Finish this Line-PP 1:30 Ice Cream Cart 2:45 Euchre 6:00 Big Deal Bingo
				24
				9:00 -11:30 Rueben Pet Visits 9:15 Power Up-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 1:30 Bingo-PP 2:45 Bingo-AG
				25
				9:15 Room to Room Visits 10:15-10:45 Music with Jimmy-AG 10:45 What Comes Next?-AG 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG
26	27	28	29	30
9:15 Balloon Badminton-PP 10:00 Balloon Badminton-AG 11:00 Name 10-PP 1-3 Tuck Shop Open 1:45 Church Service 2:30 Crack the Code 6:00 Chaplain's Hour-AG	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Guess That Sound-PP 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG	9:00 Manicures-PP 9:15 Power Up-PP 10:00 Power Up-AG 1:30 Tutti-Frutti-PP 2:45 Tutti-Frutti-AG 6:00 Bingo	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Donuts & Discussion-PP 2:45 Donuts & Discussion-AG	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Finish this Line-AG 1:30 Ice Cream Cart 1:30 Chaplain Visits-PP 2:45 Euchre 6:15 Bowling-in Rose Room
				31
				9:15 Group Exercises-PP 10:15 Music with Susie Q-AG 10-12 Tuck Shop Open 1:30 Bingo-PP 2:45 Bingo-AG

