

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|--|--|
| <div>September 2022</div> <div>BEAR CREEK</div> | | | | <i>Balance Exercises</i> <i>Activity Cart</i> 1 11:00 Pathway Visits 1:30 Ice Cream Cart 2:30 Pathway Visits | <i>Balance Exercises</i> <i>Activity Cart</i> 2 11:00 Outdoor Visits 1:45 Trivia & Refreshments 3:00 1:1 Visits | 3 11:00 Ball & Balloon Toss 1:30 Flower Arranging with Brittany 2:30 Lets' Go Outside |
| 4 11:00 Ball & Balloon Toss 1:30 Let's Go Outside for Treats & Sunshine 2:30 Garden Strolls 3:45 Church with Inge | 5  3:30 Garden Walks & Hymn Sing | <i>Balance Exercises</i> <i>Activity Cart</i> 6 11:00 Burst the Bubble 1:30 Scenic Drive 1:45 Art Group with Julia | <i>Balance Exercises</i> <i>Activity Cart</i> 7 11:00 Rolls n Strolls 1:15 Jeremy Entertains 2:00 Refreshments & Visits | <i>Balance Exercises</i> <i>Activity Cart</i> 8 11:00 Autumn Art 1:30 Ice Cream Cart 2:30 Pathway Visits | <i>Balance Exercises</i> <i>Activity Cart</i> 9 11:00 Outdoor Vistis 1:45 Elimination Cards 3:00 1:1 Visits | 10 11:00 Flower Arranging with Jessica |
| 11 9:15 Ball Toss & Stretches 10:00 What Comes Next? 11:00 Shuffleboard 3:45 Church with Inge | <i>Balance Exercises</i> <i>Activity Cart</i> 12 11:00 Monday Helping Others 1:45 Bingo 3:00 1:1 Visits | <i>Balance Exercises</i> <i>Activity Cart</i> 13 11:00 Crazy 8 Card Game 1:45 Shuffleboard 2:30 1:1 Visits | <i>Balance Exercises</i> <i>Activity Cart</i> 14 11:00 Word Wednesday 1:45 Swing Time 3:00 1:1 Ipad Music | <i>Balance Exercises</i> <i>Activity Cart</i> 15 11:00 Thinking Thursday 1:30 Ice Cream Cart 2:30 Pathway Walks | <i>Balance Exercises</i> <i>Activity Cart</i> 16 11:00 Card Games 1:25 Music with Cam 2:00 Refreshments & Visits 2:30 Let's Go Outside | 17 11:00 Let's Bake Bread 1:30 Flower Arranging 2:30 Bread & Jam 3:15 Swing Time |
| 18 11:00 Story Sharing 1:30 Shuffleboard 2:45 Garden Visits 3:45 Church with Inge 5:45 Chaplain Visits | <i>Balance Exercises</i> <i>Activity Cart</i> 19 11:00 Monday Helping Others 1:30 Mini Golf 2:45 Art Group | <i>Balance Exercises</i> <i>Activity Cart</i> 20 11:00 Balloon Toss 1:30 Small Group Bingo 2:30 Outdoor Strolls n Rolls | <i>Balance Exercises</i> <i>Activity Cart</i> 21 11:00 Card Games 1:15 The Finlay's Entertain 2:00 Refreshments & Visits 2:30 Let's Go Outside | <i>Balance Exercises</i> <i>Activity Cart</i> 22 11:00 Let's Some Art 1:30 Ice Cream Cart 2:30 Outdoor Strolls n Rolls 6:00 Evening Drive | <i>Balance Exercises</i> <i>Activity Cart</i> 23 11:00 Rolls & Strolls 1:30 Elimination Cards 1:30 Chaplain Visits 2:45 Visits & Hand Massages | 24 11:00 Let's Bake Bread 1:30 Flower Arranging 2:30 Bread & Jam 3:15 1:1 Ipad Music |
| 25 11:00 Name 3 1:30 Mini Golf 2:30 Let's Go Outside 3:30 Church with Inge | <i>Balance Exercises</i> <i>Activity Cart</i> 26 11:00 Monday Helping Others 1:30 Horse Drawn Wagon Rides | <i>Balance Exercises</i> <i>Activity Cart</i> 27 11:00 Crazy 8 Card Game 1:30 Autumn Flower Arrangements | <i>Balance Exercises</i> <i>Activity Cart</i> 28 11:00 Word Wednesday 1:45 Bingo 3:00 1:1 Visits 3:30 Chaplain Visits | <i>Balance Exercises</i> <i>Activity Cart</i> 29 11:00 Autumn Art 1:30 Ice Cream Cart 2:30 Pathway Visits | <i>Balance Exercises</i> <i>Activity Cart</i> 30 11:00 Balloon/Ball Toss 1:30 Shuffleboard 2:30 Swing Time |  |

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday


Saturday

September 2022

PARKVIEW PLACE & ARBOUR GLEN

| | | | | | | |
|--|---|--|--|---|---|---|
| <h1>September 2022</h1> <h2>PARKVIEW PLACE & ARBOUR GLEN</h2> | | | | 1 9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Garden Walks 1:30 Ice Cream Cart 2:45 Euchre | 2 9:00 Manicures-AG 9:15 Power Up-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 11:00 Garden Walks 1:45 Big Deal Bingo 3:00 1:1 Visits | 3 9:15 Flower Arranging-PP 11:00 Garden Walks-AG |
| 4 9:15 Visits & Manicures with Brittany 1-3 Tuck Shop Open 1:45 Church Service 2:30 1:1 Visits | 5  10:30 Chaplain's Tea & Talk | 6 9:15 Power Up-PP 9:45 Trivia Time-PP 10:00 Power Up-AG 10:30 Trivia Time-AG 1:45 Stories from the Heart -on the Balcony | 7 9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 Outdoor Walks 2:00 Jeremy Entertains | 8 9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Garden Walks 1:30 Ice Cream Cart 2:45 Euchre 6:30 Evening Drive | 9 9:00 Manicures-PP 9:15 Power Up-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:45 Art Group with Kristie 3:00 1:1 Visits | 10 1:45 Elimination Cards 3:00 Visits & Hand Massages |
| 11 1-3 Tuck Shop Open 1:45 Church Service 2:30 1:1 Visits 5:45 Chaplain Visits-PP | 12 9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Garden Walks 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG | 13 9:15 Power Up-PP 9:45 Trivia Time-PP 10:00 Power Up-AG 10:30 Trivia Time-AG 11:30 1:1 Visits 1:30 Scenic Drive 6:00 Bingo | 14 9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 10:30 Chaplain Visits-PP 11:00 Chicken Soup for the Soul Stories 1:45 Elimination Cards | 15 9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 What Comes Next?-PP 1:30 Ice Cream Cart 2:45 Euchre | 9:00 Manicures-AG 9:15 Power Up-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 2:00 Music with Cam 3:00 Room to Room Visits | 17 9:15 Flower Arranging-PP 11:00 Riddle with Me-AG |
| 18 9:15 Visits & Manicures with Nancy 1-3 Tuck Shop Open 1:45 Church Service 2:30 1:1 Visits | 19 9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Hand Massages & Visits 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG | 20 9:15 Power Up-PP 9:45 Trivia Time-PP 10:00 Power Up-AG 10:30 Trivia Time-AG 1:45 Bingo | 21 9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 Story Sharing 2:00 The Finlay's Entertain 3:00 Room to Room Visits | 22 9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 1:1 Visits 1:30 Scenic Drive with Amy 1:30 Ice Cream Cart 2:45 Euchre 6:00 Bingo | 23 9:00 Manicures-PP 9:15 Power Up-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:45 Elimination Cards 3:00 1:1 Visits 3:15 Hymn Sing | 24 9:15 Visits & Manicures with Nancy 1:45 Elimination Cards 3:00 1:1 Visits |
| 25 9:30 Old Wives Tales with Nancy 1-3 Tuck Shop Open 1:45 Church Service 2:30 1:1 Visits | 26 9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Hand Massages & Visits 1:30 Shuffleboard-PP 2:45 Shuffleboard-AG | 27 9:15 Power Up-PP 9:45 Trivia Time-PP 10:00 Power Up-AG 10:30 Trivia Time-AG 11:30 1:1 Visits 1:30 Horse Drawn Wagon Rides 6:00 Bingo | 28 9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 Catholic Communion-PP 11:15 Hand Massages & Visits 1:30 Chaplain Visits-AG 1:45 Autumn Flower Arrangements | 29 9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 1:1 Visits 1:30 Ice Cream Cart 2:45 Euchre | 30 9:00 Manicures-AG 9:15 Power Up-PP 10:00 Power Up-AG 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:45 Elimination Cards 3:00 1:1 Visits |  |

STRATHMERE LODGE

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|---|--|
| <div>September 2022</div> <div>Hickory Woods & Sydenham Woods</div> | | | | <div>1</div> <div>9:15 Power Up-HW 9:45 Flex the Brain-HW 10:00 Power Up-SM 10:30 Flex the Brain-SM 1:30 Ice Cream Cart 2:45 Euchre</div> | <div>2</div> <div>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Scenic Drive</div> | <div>3</div> <div>9:15 Visits & Manicures with Brittany 1:30 Trivia & Treats-on the Patio 3:00 Garden Visits</div> |
| <div>4</div> <div>9:15 Words of Wisdom 11:00 Garden Strolls n Rolls 1-3 Tuck Shop Open 2:30 Church Service 5:45 Chaplain Visits-SM</div> | <div>5</div> <div>  <div>Happy Labour Day!</div> </div> <div>1:30 Chaplains Tea & Talk</div> | <div>6</div> <div>9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Let's Go Outside 1:45 Elimination Cards</div> | <div>7</div> <div>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Sparkling Specs-HW 1:30 1:1 Visits 2:45 Jeremy Entertains</div> | <div>8</div> <div>9:15 Gordie Visits 9:15 Power Up-HW 10:00 Power Up-SM 1:30 Ice Cream Cart 2:45 Euchre 6:00 Bingo</div> | <div>9</div> <div>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Shuffleboard-HW 2:45 Shuffleboard-SM</div> | <div>10</div> <div>9:15 Flower Arranging-SM 11:00 Riddle Me This-HW</div> |
| <div>11</div> <div>1-3 Tuck Shop Open 2:30 Church Service</div> | <div>12</div> <div>9:15 Power Up-HW 9:15 Manicures-SM 10:00 Power Up-SM 10:00 Manicures-HW 1:45 Big Deal Bingo</div> | <div>13</div> <div>9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Sensory Visits-HW 1:45 Back to School</div> | <div>14</div> <div>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Catholic Communion-HW 11:00 Tuck Shop Visits 1:30 Scenic Drive 1:45 Art Group with Kristie 3:30 Hymn Sing-HW 6:00 Bingo</div> | <div>15</div> <div>9:15 Power Up-HW 9:45 Flex the Brain-HW 10:00 Power Up-SM 10:30 Flex the Brain-SM 1:30 Ice Cream Cart 2:45 Euchre</div> | <div>16</div> <div>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 1:1 Visits 2:45 Music with Cam</div> | <div>17</div> <div>9:15 Visits & Manicures with Nancy 1:30 Fact or Fiction 3:00 1:1 Rolls n Strolls</div> |
| <div>18</div> <div>9:30 Big Deal Bingo 11:00 Hand Massages & Visits 1-3 Tuck Shop Open 2:30 Church Service</div> | <div>19</div> <div>9:15 Power Up-HW 9:45 Words of Wisdom-HW 10:00 Power Up-SM 10:30 Words of Wisdom-HW 1:45 Art Group with Kristie</div> | <div>20</div> <div>9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Yahtzee 1:30 Guy's Group Crop Tour</div> | <div>21</div> <div>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Canadian Stories-HW 1:30 1:1 Visits 2:45 The Finlay's Entertain 6:00 Bingo</div> | <div>22</div> <div>9:15 Gordie Visits 9:15 Power Up-HW 10:00 Power Up-SM 10:30 Residents Council 1:30 Ice Cream Cart 2:45 Euchre</div> | <div>23</div> <div>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Chaplain Visits-SM 1:30 Shuffleboard-HW 2:45 Shuffleboard-SM</div> | <div>24</div> <div>9:15 Flower Arranging-SM 11:00 Where's the Pun in That-HW</div> |
| <div>25</div> <div>9:30 Fact or Fiction 11:00 Visits & Massages with Jessica 1-3 Tuck Shop Open 2:30 Church Service 5:45 Chaplain Visits-HW</div> | <div>26</div> <div>9:15 Power Up-HW 9:15 Manicures-SM 10:00 Power Up-SM 10:00 Manicures-HW 1:45 Elimination Cards</div> | <div>27</div> <div>9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Sensory Visits-SM 1:45 Autumn Flower Arrangements</div> | <div>28</div> <div>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Canadian Stories 1:30 Horse Drawn Wagon Rides 6:00 Bingo</div> | <div>29</div> <div>9:15 Power Up-HW 9:45 Flex the Brain-HW 10:00 Power Up-SM 10:30 Flex the Brain-SM 1:30 Ice Cream Cart 2:45 Euchre 6:00 Evening Drive</div> | <div>30</div> <div>9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Scenic Drive</div> |  |