

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

Bear Creek



			1	2	3	4
			10-12 Tuck Shop Open 	9:30 Exercises & Ball Toss 10:30 Let's Go Outside -Monthly Gazette & Music 1:30 Ice Cream Cart 2:30 Ladies Tea Time 4:00 Rolls n Strolls	9:30 Ball Toss & Music -on the Patio 11:00 Tuck Shop Visits 1:30 Shuffleboard 2:30 Rolls n Strolls	11:00 Let's Go Outside 2:00 Music with Don Cantwell :the Acoustic Traveler - in the Rose Room
5	6	7	8	9	10	11
1:15 Let's Go Outside 2:00 Garden Strolls 3:00 Hymn Sing 3:30 Virtual Church Service	9:30 Garden Visits & Music 11:00 Church Service -Rev. Christine O'Reilly 1:30 Bingo 2:45 Rolls n Strolls	9:30 Exercises & Ball Toss 10:30 Let's Swing 1:30 Shuffleboard 2:45 Walks n Talks 4:00 Garden Visits	9:30 Exercises & Ball Toss -on the Patio 11:00 Catholic Communion 2:00 Mel & Rich Entertain -in the Rose Room 4:00 Short Stories with Julia	9:30 Exercises & Ball Toss 10:30 Short Stories-Patio 12:00 BBQ 1:30 Ice Cream Cart 2:45 Elimination Cards 4:00 Garden Walks with Hayley	9:30 Bean Bag Toss-Patio 11:00 Tuck Shop Visits 2:00 Puppy Visits -in the Rose Room	1:15 Flower Arranging 1:45 Bean Bag Toss-on Patio 2:30 Garden Strolls 3:15 What Can I Do 4 U
12	13	14	15	16	17	18
1:15 Music on the Patio 2:00 Outdoor Strolls & Rolls 3:00 Hymn Sing 3:30 Virtual Church Service	9:30 Exercises & Ball Toss 10:30 Lemonade - in the Shade 1:30 Bingo 2:45 What Can I Do 4 U	9:30 Exercises & Ball Toss 10:30 Trivia-on the Patio 1:30 Scenic Drive 1:45 Patio Time, Treats & Visits with Karen 4:00 Garden Walks	9:15 Pet Visits with Peanut 11:00 Short Stories 1:15 Jeremy Smith 2:15 Outdoor Rolls, Strolls & Music	9:30 Exercises & Ball Toss -on the Patio 11:00 Church Service-Pastor Dave & Grace 1:30 Ice Cream Cart 2:45 Shuffleboard-Patio 4:00 What Can I Do 4 U	9:30 Ball Toss & Music -on the Patio 11:00 Tuck Shop Visits 2:00 Music with Mike Meacher -in the Rose Room	1:15 Flower Arranging 1:45 Short Stories-on Patio 2:30 Garden Strolls 3:15 What Can I Do 4 U
19	20	21	22	23	24	25
1:15 Let's Go Outside 2:00 Garden Strolls 3:00 Hymn Sing 3:30 Virtual Church Service	9:30 Exercises & Ball Toss 10:30 Lumberjack Game -on the Patio 2:00 Old Tyme Heritage Band-in the Rose Room	9:30 Exercises & Ball Toss 10:30 Short Stories- Patio 1:30 Bingo 2:30 Outdoor Strolls & Visits 4:00 Visits with Hayley 6:00 Evening Drive	9:30 Ball Toss-on Patio 11:00 Catholic Communion 1:30 Elimination Cards 2:45 Ipad Music Visits 3:45 Garden Walks	9:30 Exercises & Ball Toss 10:30 Guggenheimer-on the Patio 1:30 Ice Cream Cart 2:30 Elimination Cards 4:00 Outdoor Strolls & Rolls	9:30 Ball Toss & Music -on the Patio 11:00 Tuck Shop Visits 2:00 Music with Marie Brottrel	1:15 Music on the Patio 2:00 Bean Bag Toos 3:45 Garden Strolls 3:30 What Can I Do 4 U
26	27	28	29	30	31	
1:15 Let's Go Outside 2:00 Shoot Hoops-on Patio 3:00 Hymn Sing 3:30 Virtual Church Service	9:30 Exercises & Ball Toss 10:30 Tic Tac Toe -on the Patio 1:30 Scenic Drive 1:45 Let's Go Outside	9:30 Exercises & Ball Toss 10:30 Hand Massages & Music-on the Patio 1:30 Rolls, Stroll & Treats - on the Patio 2:45 Let's Colour Together 4:00 What Can I Do 4 U	9:15 Pet Visits with Peanut 10:30 Ball Toss & Visits - on the Patio 2:00 Happy Hour with Randy Grey 4:00 Strolls & Rolls	9:30 Exercises & Ball Toss 10:30 Shuffleboard & Visits - on the Patio 1:30 Ice Cream Cart 2:30 Garden Strolls n Rolls 3:30 What Can I Do 4 U	9:30 Music, Moves Grooves-on the Patio 11:00 Short Stories 12:00 Calendar Craze 1:30 Garden Walks 2:45 Bean Bag Toss 3:15 Music On Demand	

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Saturday

JULY 2026

SYDENHAM MEADOWS & HICKORY WOODS



			1 10-12 Tuck Shop Open	2	3	4
5 9:30 Elimination Cards on the Patio-HW 11:00 Elimination Cards on the Patio-SM 1-3 Tuck Shop Open 2:00 Church Service-Compass Church -Jerome DeSchiffert	6 9:15 Zen Retreat-HW 9:30 Power Up 11:00 Church Service -Rev. Christine O'Reilly 1:30 Bingo-HW 2:45 Bingo-SM	7 9:30 Group Exercises 11:00 Canadian Trivia 1:30 Flower Art 6:00 Evening Bingo	8 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 10-12 Tuck Shop Open 2:00 Mel & Rich Entertain -in the Rose Room	9 9:30 Power Up 10:00 Scenic Drive 1:30 Ice Cream Cart 2:45 Euchre 4:15 Rolls & Strolls-HW	10 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Crazy 8's 2:00 Puppy Time -in the Rose Room	11 9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution
12 9:30 Shuffleboard - on the Patio 11:00 Garden Strolls 1-3 Tuck Shop Open 2:00 Grace Baptist Church- John Mark Charlton -in the Rose Room	13 9:15 Baby Willa Visits-HW 9:30 Power Up 11:00 Zen Retreat-HW PATIO 1:30 Elimination Cards on the Patio-HW 2:45 Elimination Cards on the Patio-SM	14 9:30 Group Exercises 11:00 Let's Swing-HW 1:30 Bingo-HW 2:45 Bingo-SM 4:00 Garden Walks-SM	15 9:30 Power Up 10-12 Tuck Shop Open 11:00 Garden Walks-HW 12:00 BBQ 2:00 Music with Jeremy	16 9:15 Baby Willa Visits-SM 9:30 Power Up 11:00 Church Service-Pastor Dave & Grace 1:30 Ice Cream Cart 2:45 Euchre 6:00 Evening Bingo	17 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Zen Retreat-SM PATIO 2:00 Music with Mike Meacher -in the Rose Room	18 9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution
19 9:30 Summer Trivia -on the Patio 11:00 Garden Walks-SM 1-3 Tuck Shop Open 2:00 Virtual Church Service	20 9:15 Baby Willa Visits-HW 9:30 Power Up 11:00 Let's Swing-SM 2:00 Old Tyme Heritage Band-in the Rose Room	21 9:30 Group Exercises 11:00 Summer Walks-HW 1:30 Bingo-HW 2:45 Bingo-SM	22 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 1:30 Scenic Drive 1:45 Shuffleboard-Patio 6:00 Evening Loonie Bingo	23 9:15 Baby Willa Visits-SM 9:30 Power Up 11:00 Zen Retreat-SM PATIO 1:30 Ice Cream Cart 2:45 Euchre	24 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Crazy 8's 2:00 Music with Marie Brottrell-Rose Room	25 9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution
26 9:30 Elimination Cards on the Patio-HW 11:00 Elimination Cards on the Patio-SM 1-3 Tuck Shop Open 2:00 Church Service- St. Andrew's Presbyterian Church - Rev. Anita	27 9:15 Baby Bauer Visits-HW 9:30 Power Up 11:00 Zen Retreat-HW PATIO 1:30 HW Bingo-Chapel 2:45 SM Bingo-Chapel	28 9:30 Group Exercises 11:00 Let's Swing-HW 1:45 Car Wash-Front Patio 6:00 Evening Bingo	29 9:30 Power Up 10-12 Tuck Shop Open 11:00 Pathway Walks 2:00 Happy Hour with Randy Grey 4:00 Rolls & Strolls-SM	30 9:15 Baby Bauer Visits-SM 9:30 Power Up 10:45 Resident's Council 11:00 Zen Retreat-SM PATIO 1:30 Ice Cream Cart 2:45 Euchre	31	

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

JULY 2026

PARKVIEW PLACE & ARBOUR GLEN



			1 10-12 Tuck Shop Open	2 9:30 Group Exercises 11:00 Timbits & Canadian Stories-on the Terrace 1:30 Ice Cream Cart 2:45 Euchre 4:00 Summer Walks-PP	3 9:15 Summer Walks-AG 9:30 Power Up 10-12 Tuck Shop Open 11:00 Canadian Guggenheimer - on the Balcony 1:30 Bingo-PP 2:45 Bingo-AG	4 9:30 Flower Arranging -in the Rose Room 2:00 Music with Don Cantwell :the Acoustic Traveler - in the Rose Room
5 9:30 Bracelet Making -on the balcony-PP 11:00 Bracelet Making -on the balcony-AG 1-3 Tuck Shop Open 2:00 Church Service- Compass Church -Jerome DeSchiffert	6 9:30 Group Exercises 11:00 Church Service -Rev. Christine O'Reilly 1:30 Crack the Canadian Code- on the Patio 2:45 Outdoor Walks-PP	7 9:15 Visits with Bree 9:30 Power Up 11:30 Lunch Outing 3:00 Jeopardy with Julia	8 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 2:00 Mel & Rich Entertain -in the Rose Room 4:00 Visits with Jess 6:00 Evening Drive	9 9:30 Group Exercises 11:00 Short Stories-on the Balcony 1:30 Ice Cream Cart 2:45 Euchre 6:00 Evening Bingo	10 9:30 Power Up 10-12 Tuck Shop Open 11:00 Garden Strolls & Rolls-AG 1:30 Bingo-PP 2:45 Bingo-AG	11 9:30 Flower Arranging -in the Rose Room 11:00 Garden Walks-PP 1:30 Giant Crossword -on the Balcony 2:45 Garden Walks-AG
12 9:45 Lemonade & Chats -on the Balcony 11:00 Let's Swing-PP 1-3 Tuck Shop Open 2:00 Grace Baptist Church- John Mark Charlton -in the Rose Room	13 9:30 Group Exercises 11:00 Garden Walks-AG 1:30 Bingo-PP 2:45 Bingo-AG	14 9:30 Group Exercises 11:00 Garden Walks-PP 2:00 Let's Travel 6:00 Evening Bingo	15 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Trivia-on the Balcony 1:15 Garden Strolls-AG 2:45 Music with Jeremy	16 9:30 Group Exercises 11:00 Church Service-Pastor Dave & Grace 1:30 Ice Cream Cart 2:45 Euchre 4:00 Garden Strolls with Jess-PP	17 9:15 PP Hand Massage & Visits on the Terrace 9:30 Power Up 10-12 Tuck Shop Open 11:00 Balloon Badminton 2:00 Music with Mike Meacher -in Rose Room	18 9:30 Flower Arranging -in the Rose Room 11:00 Outdoor Strolls n Rolls-AG 1:30 Elimination Cards -on the Balcony-PP 2:45 Elimination Cards -on the Balcony-PP
19 9:30 Stories & Visits -on the Balcony 11:00 Pathway Walks-PP 1-3 Tuck Shop Open 2:00 Virtual Church Service	20 9:30 Group Exercises 11:00 Jeopardy-on terrace 2:00 Old Tyme Heritage Band-in the Rose Room	21 9:15 Visits with Bree 9:30 Power Up 11:00 Portuguese Fellowship 1:30 Scenic Drive 1:45 Giant Crossword-patio 4:00 Garden Walks-AG	22 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 1:30 Bingo-PP 2:45 Bingo-AG 4:00 Garden Strolls with Jess-PP	23 9:30 Group Exercises 11:00 Lemonade & Laughs - in the Shade 1:30 Ice Cream Cart 2:45 Euchre 6:00 Evening Bingo	24 9:15 AG Hand Massage & Visits on the Terrace 9:30 Power Up 10-12 Tuck Shop Open 11:00 Crack the Code -on the Balcony 2:00 Music with Marie Brottrell-Rose Room	25 9:30 Flower Arranging -in the Rose Room 11:00 Pathway Walks-PP 1:30 Elimination Cards -on the Balcony-PP 2:45 Elimination Cards -on the Balcony-AG
26 9:30 Shuffleboard -on the Balcony 11:00 Pathway Walks-AG 1-3 Tuck Shop Open 2:00 Church Service- St.Andrew's Presbyterian Church - Rev. Anita	27 9:30 Group Exercises 11:00 Pathway Walks-PP 1:30 Bingo-PP 2:45 Bingo-AG	28 9:15 Pathway Walks-AG 9:30 Power Up 11:00 Guggenheimer -on the balcony 1:45 Car Wash-front patio 4:00 Rolls n Strolls-PP	29 9:30 Power Up 10-12 Tuck Shop Open 11:00 Visits with Bree 12:00 BBQ 2:00 Happy Hour with Randy Grey 6:00 Evening Loonie Bingo	30 9:30 Group Exercises 10:45 Resident's Council 11:00 Rolls n Strolls-AG 1:30 Ice Cream Cart 2:45 Euchre	31 9:15 PP Hand Massage & Visits on the Terrace 9:30 Power Up 10-12 Tuck Shop Open 11:00 Calendar Craze 1:30 Shuffleboard-PP -on the Balcony 2:45 Shuffleboard-AG -on the Balcony	