




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <div> <div>January 2026</div> <div>BEAR CREEK</div> </div>  </div> <div>  </div>						
					2	3
1:15 Elimination Cards 2:00 Ipad Visits 2:45 Hymn Sing 3:30 Virtual Church Service	9:15 Exercises & Ball Toss 10:00 Monthly Gazette 11:00 Music on Demand 1:30 Bingo 2:45 What Can I Do 4 U? 3:15 Giant Horserace Game 6:00 Evening Program with Bree	9:15 Exercises & Ball Toss 10:00 Finishing Lines 11:00 Mini-Putt 1:15 Christmas Clean Up 3:00 Balloon Badminton	9:15 Exercises & Ball Toss 10:00 Hand Massages & Visits 11:00 Short Stories 2:00 Music with Don Cantwell-Rose Room 4:15 Visits with Bree	9:15 Exercises & Ball Toss 10:00 Music Playlist 11:00 Church Service with Pastor Adams 1:30 Ice Cream Cart 2:45 Virtual Table Games 4:00 Walks & Talks	9:15 Exercises & Ball Toss 10:00 What Comes Next 11:00 Tuck Shop Visits 1:15 Music with Larry the Piano Man 2:15 Shuffleboard 3:00 Visits with Nancy	1:15 Shuffleboard 2:00 Name 5 2:45 Walks n Talks 3:15 What Can I Do 4 U?
4	5	6	7	8	9	10
1:15 Bean Bag Toss 2:00 Trivia Time 2:30 Hand Massages & Visits 3:00 Hymn Sing 3:30 Virtual Church Service	9:15 Exercises & Ball Toss 10:00 Musical Playlist 11:00 Short Stories 1:30 Bingo 2:30 Rose Room Visits 3:15 Music by Request 6:00 Evening Program with Karen	9:15 Exercises & Ball Toss 10:00 Manicures & Music 11:00 Crazy 8's 1:30 Curling-in the Rose Room 2:45 Walks n Talks 4:00 Visits with Karen 6:00 Target Bowling -in the Rose Room	9:15 Exercises & Ball Toss 10:00 Ipad Visits 11:00 Catholic Communion 1:15 The Finlays Entertain 2:15 Shuffleboard 3:15 Rolls n Strolls 4:15 What Can I Do 4 U?	9:15 Exercises & Ball Toss 10:00 Finish the Line 11:00 Church Service with Rev.Little 1:30 Ice Cream & Piano Music 2:45 Let's Puzzle 4:00 Walk & Talk	9:15 Exercises & Ball Toss 10:00 Word Game 11:00 Tuck Shop Visits 1:25-2:05 Music with Cam 2:30 Balloon Badminton	1:15 Name 5 2:00 Balloon Toss 2:45 Bingo
11	12	13	14	15	16	17
1:15 Elimination Cards 2:00 Hand Massages & Visits 2:45 Hymn Sing 3:30 Virtual Church Service	9:15 Exercises & Ball Toss 10:00 Name that Song 11:00 Short Stories 1:30 Bingo 2:30 1:1 Visits	9:15 Exercises & Ball Toss 10:00 Coffee Talk 11:00 Music Playlist 1:30 Dice Game 2:30 Let's Puzzle 6:00 Curling-in the Rose Room	9:15 Exercises & Ball Toss 10:00 Hand Massages & Visits 11:00 Trivia Time 1:15 Music with Jeremy 2:15 Virtual Table Games 3:15 Visits with Nancy 4:15 What Can I Do 4 U?	9:15 Exercises & Ball Toss 10:00 Sparkling Specs 11:00 Let's Sing 1:30 Ice Cream Cart 2:45 Virtual Table Games 4:15 Visits with Bree	9:15 Exercises & Ball Toss 10:00 Ipad Visits 11:00 Tuck Shop Visits 2:00 Leaving Tracks Entertains-Rose Room	1:15 Shuffleboard 2:15 Calming Colouring Music & Hand Massages 3:00 Short Stories
18	19	20	21	22	23	24
1:15 Elimination Cards 2:00 Rose Room Strolls 2:45 Hymn Sing 3:30 Virtual Church Service	9:15 Exercises & Ball Toss 10:00 Singalong 11:00 Short Stories 1:30 Bingo 2:30 What Can I Do 4 U?	9:15 Exercises & Ball Toss 10:00 News & Views 11:00 Music & Memories 1:30 Suncatcher Craft 2:45 Hand Massages & Visits 4:15 Rolls n Strolls 6:00 Family Feud -in the Rose Room	9:15 Exercises & Ball Toss 10:00 Hand Massages & Visits 11:00 Catholic Communion 2:00 Happy Hour with Randy Grey 4:15 Visits with Julia	9:15 Exercises & Ball Toss 10:00 Rose Room Walks 11:00 Ipad Music Visits 1:30 Ice Cream Cart 2:45 Virtual Tables Games 4:15 Walk & Talk	9:15 Exercises & Ball Toss 10:00 Coffee Talks 11:00 Tuck Shop Visits 1:30 Tabletop Noodle Hockey	9:15 BC Flower Arranging 10:00 Balloon Toss 11:00 Beat the Alphabet 2:00 Music with Wayne -in the Rose Room
25	26	27	28	29	30	31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1>  <h2>PARKVIEW PLACE & ARBOUR GLEN</h2>					<div>2</div> 9:15 Friendship Circle-PP 9:30 Power- Up 10-12 Tuck Shop Open 11:00 Brain Game with Bree 2:00 Tena's Musical Family Entertains-Rose Room	<div>3</div> 9:30 Flower Arranging 11:00 Manicures-AG 1:30 Giant Crossword -in the Rec.Room 2:45 Room to Room Visits
<div>4</div> 9:30 Balloon Badminton with Bree 11:00 Shuffleboard-Rec.Room 1-3 Tuck Shop Open 2:00 Church Service-Pastor Hoytema -Compass Church	<div>5</div> 9:30 Group Exercises 11:00 Virtual Table Games -Rec Room <i>Afternoon Christmas Clean-Up</i>	<div>6</div> 9:30 Power Up 10-12 Tuck Shop Open 11:00 Virtual Table Games 1:30 New Year's Loonie Bingo-PP 2:45 New Year's Loonie Bingo-AG	<div>7</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Word Wednesday 2:00 Music with Don Cantwell-Rose Room	<div>8</div> 9:30 Group Exercises 11:00 Church Service with Pastor Adams 1:30 Ice Cream Cart 2:45 Euchre 6:00 Bingo	<div>9</div> 9:15 Friendship Circle-AG 9:30 Power Up 10-12 Tuck Shop Open 11:00 Book Club with Karen 1:15 Room to Room Visits-PP 2:45 Music with Larry the Piano Man-AG	<div>10</div> 9:30 Flower Arranging 11:00 Manicures-PP 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG
<div>11</div> 9:30 Balloon Badminton 11:00 Beat the Alphabet 1-3 Tuck Shop Open 2:00 Church Service-John Mark-Grace Baptist	<div>12</div> 9:30 Group Exercises 11:00 Virtual Table Games 1:30 Crack the Code 2:45 Room to Room Visits-AG	<div>13</div> 9:15 Friendship Circle-PP 9:30 Power Up 10-12 Tuck Shop Open 11:00 Virtual Table Games 1:30 Bingo-PP 2:45 Bingo-AG 6:00 Target Bowling -in the Rose Room	<div>14</div> 9:30 Power Up 10-12 Tuck Shop Open 11:00 Catholic Communion 1:15 Short Stories 2:45 Music with The Finlays-AG 3:30 Visits & Hand Massages-AG	<div>15</div> 9:30 Group Exercises 11:00 Church Service with Rev.Little 1:30 Ice Cream & Piano Music 2:45 Euchre 4:00 Manicures-PP 6:00 Bingo	<div>16</div> 9:15 Room to Room Visits-AG 9:30 Power Up 10-12 Tuck Shop Open 11:00 Mini-Putt 1:15 Room to Room Visits-PP 2:55-3:30 Music with Cam-PP	<div>17</div> 9:30 Flower Arranging 11:00 Manicures-AG 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG
<div>18</div> 9:30 Crack the Code 11:00 Balloon Badminton 1-3 Tuck Shop Open 2:00 Church Service- Richard Taminga-East Christian Reformed Church	<div>19</div> 9:30 Group Exercises 11:00 Brain Game 1:30 Snowflake Art 3:00 Visits & Hand Massages-PP	<div>20</div> 9:15 Visits & Hand Massages-AG 9:30 Power Up 10-12 Tuck Shop Open 11:00 Portuguese Fellowship 1:30 Bingo-PP 2:45 Bingo-AG 4:00 Manicures-AG 6:00 Curling-in the Rose Room	<div>21</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Room to Room Visits-AG 1:15 Word Wednesday 2:45 Music with Jeremy-PP 4:00 Manicures	<div>22</div> 9:30 Group Exercises 10:45 Resident's Council -in the Chapel 1:30 Ice Cream Cart 2:45 Euchre 4:30 Visits with Julia 6:00 Bingo	<div>23</div> 9:15 Friendship Circle-AG 9:30 Power Up 10-12 Tuck Shop Open 11:00 Book Club with Karen 2:00 Leaving Tracks Entertains-Rose Room	<div>24</div> 9:30 Flower Arranging 11:00 Manicures-PP 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG
<div>25</div> 9:30 Balloon Badminton 11:00 Shuffleboard 1-3 Tuck Shop Open 2:00 Virtual Church Service	<div>26</div> 9:30 Group Exercises 11:00 Virtual Table Games 1:30 Craft with Bree-PP 2:45 Craft with Bree-AG	<div>27</div> 9:15 Room to Room Visits-AG 9:30 Power Up 10-12 Tuck Shop Open 11:00 Crazy 8's 1:30 Bingo-PP 2:45 Bingo-AG 6:00 Family Feud -in the Rose Room	<div>28</div> 9:30 Power Up 10-12 Tuck Shop Open 11:00 Catholic Communion 2:00 Happy Hour with Randy Grey	<div>29</div> 9:30 Group Exercises 11:00 Shuffleboard 1:30 Ice Cream Cart 2:45 Euchre 4:15 1:1 Visits with Jess-PP 6:00 Bingo	<div>30</div> 9:15 Friendship Circle-PP 9:30 Power Up 10-12 Tuck Shop Open 11:00 Calendar Craze 1:30 Hot Chocolate Social -Rec.Room 3:00 1:1 Visits with Karen-AG	<div>31</div> 9:30 Flower Arranging 11:00 Manicures-AG 2:00 Music with Wayne -in the Rose Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1>  <h2>Sydenham Meadows & Hickory Woods</h2>					<div>2</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Brain Games 2:00 Tena's Musical Family Entertains-Rose Room	<div>3</div> 9:30 Flower Arranging 11:00 Flower Distribution
<div>4</div> 9:30 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3 Tuck Shop Open 2:00 Church Service-Pastor Hoytema -Compass Church	<div>5</div> 9:15 Zen Retreat-HW 9:30 Power- Up 11:00 Crazy 8's 1:30 New Year's Loonie Bingo-HW 2:45 New Year's Loonie Bingo-SM	<div>6</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Brain Games <i>Afternoon Christmas Clean-Up</i>	<div>7</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Visits with Ana-HW 2:00 Music with Don Cantwell-Rose Room 4:15 Manicures-SM 6:00 Bingo	<div>8</div> 9:15 Zen Retreat-SM 9:30 Power- Up 11:00 Church Service with Pastor Adams 1:30 Ice Cream Cart 2:45 Euchre 4:15 Manicures-HW	<div>9</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Visits with Ana-HW 2:00 Music with Larry the Piano Man	<div>10</div> 9:30 Flower Arranging 11:00 Flower Distribution
<div>11</div> 9:30 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3 Tuck Shop Open 2:00 Church Service-John Mark-Grace Baptist	<div>12</div> 9:15 Zen Retreat-HW 9:30 Power- Up 11:00 Wildcat Chats 1:30 Bingo-HW 2:45 Bingo-SM	<div>13</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Word Game 1:30 Let's Travel to Alaska -in the Chapel 1:45 1:1 Visits with Jess 6:00 Target Bowling -in the Rose Room	<div>14</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 2:00 Music with the Finlays 3:00 Manicures-HW 6:00 Bingo	<div>15</div> 9:15 Zen Retreat-SM 9:30 Power- Up 11:00 Church Service with Rev. Little 1:30 Ice Cream & Piano Music 2:45 Euchre 2:45 Brain Game-SM	<div>16</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Virtual Tables Games-SM 2:10-2:50 Music with Cam	<div>17</div> 9:30 Flower Arranging 11:00 Flower Distribution
<div>18</div> 9:30 Balloon Badminton -Rose Room 11:00 Giant Crossword-SM 1-3 Tuck Shop Open 2:00 Church Service- Richard Taminga-East Christian Reformed Church	<div>19</div> 9:15 Zen Retreat-HW 9:30 Power- Up 11:00 Crazy 8's 1:30 Bingo-HW 2:45 Bingo-SM	<div>20</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Brain Games 1:30 Shuffleboard-HW 1:30 Manicures-SM 2:45 Shuffleboard-SM 6:00 Curling-in the Rose Room	<div>21</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Lunch Bunch-HW 2:00 Music with Jeremy 3:00 Manicures-HW 6:00 Bingo	<div>22</div> 9:15 Zen Retreat-SM 9:30 Power- Up 10:45 Resident's Council -in the Chapel 1:30 Ice Cream Cart 2:45 Euchre 2:45 Beat the Alphabet-SM	<div>23</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Manicures-SM 2:00 Leaving Tracks Entertains-Rose Room	<div>24</div> 9:30 Flower Arranging 11:00 Flower Distribution
<div>25</div> 9:30 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3 Tuck Shop Open 2:00 Virtual Church Service	<div>26</div> 9:15 Zen Retreat-HW 9:30 Power- Up 11:00 Manicures-SM 1:30 Bingo-HW 2:45 Bingo-SM	<div>27</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Lunch Bunch-SM 2:00 Music by Request 3:45 Room to Room Visits-HW 6:00 Family Feud -in the Rose Room	<div>28</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 2:00 Happy Hour with Randy Grey 4:15 Manicures-HW 6:00 Bingo	<div>29</div> 9:15 Zen Retreat-SM 9:30 Power- Up 11:00 Virtual Table Games-HW 1:30 Ice Cream Cart 2:45 Euchre 2:45 Brain Games	<div>30</div> 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Calendar Craze 1:30 Shuffleboard-HW 2:45 Shuffleboard-SM	<div>31</div> 9:30 Flower Arranging 11:00 Flower Distribution 2:00 Music with Wayne -in the Rose Room