

**Resident, Family, Friend and Responsible Party** **Newsletter – Oct. ‘23**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Visitor Meals (Lunch and Supper)**



The Lodge provides visitor meals. Please note the following parameters:

1. A maximum of three (3) visitor meals can be provided per resident, at any one meal;
2. Visitor meals are served in the Sun Room (i.e., the space with tables across the aisle from the resident dining room), not in the dining room;
3. Visitor meals are served in the Sun Room, after all residents in the dining room have been served;
4. A minimum of one (1) hour’s notice is required to order a visitor meal - before 11am for lunch, before 4pm for supper. Notify Reception of a request for a visitor meal during normal business hours, or the floor staff after hours;
5. The cost of a visitor meal is $7.50 (subject to change, and higher for holiday meals). Visitor meals must be expensed to an established resident trust account (i.e., visitor meals are done by “cashless” purchase only); and
6. Visitor meals will not be offered if the applicable resident home area is in outbreak.

If you have any questions about visitor meals, please contact Brittany Hodgson, Food Service Manager, at: (519) 245-2520, x6242 (or via email at: bhodgson@middlesex.ca).

1. **Recreation Calendar**

Please pick up and check out our monthly Recreation calendar (given to every individual resident, in addition to being available in each Resident Home Area, and on our [web page](https://www.middlesex.ca/departments/long-term-care/recreation) at: https://www.middlesex.ca/departments/long-term-care/recreation) for events that you may find of interest and would like to attend.

1. **Resident Clothing Closet and Drawers**



Our Lodge clothes laundering process results in quick turnaround times, which minimizes the need to have/store large volumes of clothing in the provided closet and drawers.

Given that our closets and drawers have finite space, we ask families to rotate clothing in/out as the seasons change, in order to avoid large volumes of clothing in the closet and drawers, which can lead to disorganization.

We appreciate families’ assistance in reviewing clothing in order to ensure that clothing is kept organized and easily accessible.

1. **Labelling of Residents’ Clothing**



To prevent missing clothing … This is a reminder that new clothing needs to be labelled with the resident’s name before a resident begins to wear it (this also includes items such as shoes/slippers and personal blankets/throws). Please ensure that you use the Clothing Bin near the main entrance to deposit clothing requiring labelling, after inventorying the clothing items on the form provided at the bin (further instructions are provided at the clothing bin).

For inquiries regarding missing clothing and the like, please contact John Fournier, Environmental Services Manager, at (519) 245-2520, ext. 6244 (or, via email: jfournier@middlesex.ca).

1. **Labelling of Other Personal Resident Items**

Apart from clothes labelling noted above, residents/families are encouraged to label other personal resident effects (including new items brought to The Lodge from time-to-time), notably items that are more portable in nature, such as TV remote controls.

1. **In Conclusion ….**



Please let me know if you would like to see certain issues addressed in future newsletter editions (contact Brent Kerwin, Administrator, 519-245-2520, ext. 6222, or via

email at: bkerwin@middlesex.ca).

Please share a copy of this newsletter with other family members and friends, or direct them to our [web page](http://www.middlesex.ca/departments/long-term-care): <http://www.middlesex.ca/departments/long-term-care>.

Hardcopies of our newsletter are also maintained at our Public Information Board near Reception. Copies of older newsletter editions are compiled in binders at our Reception desk, and are available for your review.

**Brent Kerwin,** Administrator